

2020 3A Western NCHSAA Regional Championships - 1/31/20

Host: Marvin Ridge HS

Swimming & Diving

Results

Scores - Women

1. Charlotte Catholic	458
2. Marvin Ridge	321
3. Weddington	279
4. Cuthbertson	261
5. Cox Mill	198
6. TC Roberson	140
7. Parkwood	81
7. Asheville	81
9. Sun Valley	80
9. Central Cabarrus	80
11. South Iredell	68
12. Concord	51
13. Piedmont	49
14. West Henderson	41
15. St. Stephens	35
16. Watauga	34
17. Northwest Cabarrus	28
18. Hickory	18
19. Hunter Huss	9
20. Kings Mountain	8
21. Freedom	4

Scores - Men

1. Marvin Ridge	417
2. Charlotte Catholic	289
3. South Iredell	222
4. Weddington	212
5. Concord	185
6. Northwest Cabarrus	176
7. Cox Mill	116
8. St. Stephens	93
9. Freedom	82
10. AC Reynolds	68
10. J.M. Robinson	68
12. Central Cabarrus	55
13. TC Roberson	50
14. Sun Valley	43
15. Cuthbertson	41
16. Asheville	37
17. Stuart Cramer	34
18. Ashbrook	29
19. Tuscola	27
20. Kings Mountain	16
21. Forestview	14
21. West Henderson	14
23. Jesse Carson	13
24. Watauga	11
25. Piedmont	8
26. North Buncombe	4

Event 1 Women 200 Yard Medley Relay

Team	Relay	Finals Time	Points	
1 Cuthbertson	1) Browning, Jordan JR 27.14 30.24 25.47	2) Thome, Alison SO 24.09	3) Murray, Avery SO 4) Sandock, Leah SO	1:46.94 40
2 Charlotte Catholic	1) Menkhaus, Madeline JR 27.25 30.75 26.06	2) McFee, Mattie SR 23.18	3) Dichak, Victoria SR 4) Rhodes, Olivia JR	1:47.24 34
3 Cox Mill	1) Price, Alivia SR 28.64 31.27 26.90	2) Rogers, Addie JR 23.77	3) Ferguson, Ellie FR 4) Horn, Caitlin SO	1:50.58 32
4 Weddington	1) Martinson, Kara FR 28.34 29.66 27.79	2) Kudela, Caroline SO 24.81	3) Frain, Gisella SO 4) Martinson, Ashley JR	1:50.60 30
5 Marvin Ridge	1) Mumford, Susan SR 27.75 31.72 25.99	2) Benton, Meredith FR 25.43	3) Calder, Lexi SR 4) Soniat, Olivia FR	1:50.89 28
6 TC Roberson	1) Lusick, Catherine FR 30.28 30.51 26.06	2) Arwood, Fiona SR 25.96	3) Schlitt, Kayla SR 4) Anderson, Tristan SR	1:52.81 26
7 Central Cabarrus	1) Eggers, Caroline SR 29.29 30.59 27.16	2) Gaskey, Isabella SR 26.10	3) Losey, Amanda JR 4) Seymour, Emma SO	1:53.14 24
8 Parkwood	1) Koziarz, Hope JR 32.95 29.12 26.70	2) Hamblin, Kaylee JR 27.24	3) Hamblin, Emilee SO 4) Jarvis, Alyssa SR	1:56.01 22

2020 3A Western NCHSAA Regional Championships - 1/31/20

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9 South Iredell 1) Ross, Christina JR 28.86 30.78 29.31	2) Cresci, Kenzie SR 27.10	3) Russell, Leilani FR 4) Freidman-Baucom, Maghan FR	1:56.05 18
10 Concord 1) Burchfield, Caroline JR 29.25 38.49 22.88	2) Keasler, Laurel FR 25.86	3) Guthrie, Mia SR 4) Lotfy, Christina SR	1:56.48 14
11 Sun Valley 1) Herrforth, Rebecca FR 28.48 33.26 28.85	2) McDowell, Allison SR 26.27	3) Dorman, Camdyn FR 4) Dorman, Bricelyn FR	1:56.86 12
12 Asheville 1) Fehlhaber, Inga JR 28.25 34.07 29.20	2) Ungert, Anna Olivia 25.69	3) Woody, Sophia 4) Gang, Camryn	1:57.21 10
13 Watauga 1) Williams, Lindsey SO 29.99 33.86 28.52	2) Temple, Belle JR 26.55	3) Klein, Greta SO 4) St. Clair, Virginia FR	1:58.92 8
14 Piedmont 1) Yercheck, Gabrielle FR 30.86 34.11 26.23	2) Rose, Gabby JR 27.83	3) Yandle, Ava JR 4) Nielsen, Ally SO	1:59.03 6
15 Northwest Cabarrus 1) Powers, Hannah JR 31.22 35.02 29.26	2) Meacham, Emma 25.74	3) Hollmeyer, Abigail 4) Rinker, Caroline	2:01.24 4
16 Kings Mountain 1) Demetro, Maddy SR 32.58 36.47 28.30	2) Hazen, Raleigh SR 29.25	3) Price, Trinity SO 4) Ayscue, Madison JR	2:06.60 2
17 Forestview 1) Thomas, Paige 31.29 35.62 30.75	2) Taylor, Emma 29.89	3) Bloomfield, Olivia 4) Farmer, Kyla	2:07.55
18 Stuart Cramer 1) Conrad, Colby SR 32.11 34.30 30.74	2) Leazer, Kaitlyn JR 30.50	3) Conrad, Kendall SR 4) Denton, Kennedy SR	2:07.65
19 AC Reynolds 1) Welch, Brielle SO 32.28 34.72 33.74	2) Moore, Sarah JR 28.51	3) Bumpus, Amber 4) Dotson, Allie SR	2:09.25
20 West Henderson 1) Duchesne, Madeline SR 33.48 36.82 30.03	2) Dotti, Maggie FR 29.55	3) Lail, Shannon SO 4) Hogan, Emory FR	2:09.88
21 St. Stephens 1) Bejenari, Andrea 41.34 29.71 28.51	2) Hessong, Anabelle 31.87	3) Parmenter, Katelyn 4) Sakhonenko, Liza	2:11.43
22 Hickory 1) Smaligo, Susana SR 37.11 37.36 30.39	2) Fields, Colby FR 27.58	3) Kue, Ai-Ling SO 4) Bewick, Helen FR	2:12.44
23 Freedom 1) Sic, Maria SO 39.89 36.74 32.06	2) Yelton, Charlie SR 28.64	3) Succop, Sara FR 4) Carswell, Kennedy SO	2:17.33
24 Tuscola 1) Mina, Zoe SO 38.60 40.05 1:02.34	2) Laursen, Ella SO	3) Jones, Abigail SO 4) Wells, Hannah SO	2:20.99

2020 3A Western NCHSAA Regional Championships - 1/31/20

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Swimming & Diving

Results

Event 2 Men 200 Yard Medley Relay

Team	Relay	Finals Time	Points
1 Charlotte Catholic		1:38.08	40
1) Gehrig, John SR	2) Meehan, Jack SR	4) Duffy, Patrick SR	
24.51 26.12 24.00	23.45		
2 South Iredell		1:39.86	34
1) Moore, Joseph SR	2) Krampert, Caden SO	4) Yeh, Alex SO	
24.52 28.63 23.82	22.89		
3 Northwest Cabarrus		1:41.71	32
1) Powers, Graham	2) Bradshaw, Lane	4) Gribble, Henry SR	
27.90 27.87 23.77	22.17		
4 Concord		1:41.89	30
1) Lucky, Andrew SR	2) Lucky, Matthew SO	4) Moon, Jackson JR	
25.28 27.72 25.84	23.05		
5 Marvin Ridge		1:42.43	28
1) Brewer, Brayden JR	2) Park, Ethan JR	4) Schulken, Ryan SR	
24.70 29.78 25.00	22.95		
6 Weddington		1:43.99	26
1) Madrigal, Joshua SO	2) Cellucci, Michael SO	4) McLuskie, Logan JR	
27.04 29.55 24.93	22.47		
7 St. Stephens		1:44.15	24
1) Godfrey, Elijah	2) Cherkez, John	4) Talbert, Josh	
26.74 30.50 23.89	23.02		
8 Cox Mill		1:44.34	22
1) Kripak, Atharva JR	2) Vadapalli, Bhargav FR	4) Kilmurry, Garrett JR	
26.90 29.53 25.40	22.51		
9 AC Reynolds		1:45.13	18
1) Vess, John SR	2) Vess, Jack FR	4) Benne, Dean SR	
25.70 30.77 23.97	24.69		
10 Central Cabarrus		1:46.14	14
1) Holt, Ian JR	2) Sabin, Hunter SR	4) Allen, Andrew	
26.57 28.98 26.03	24.56		
11 J.M. Robinson		1:46.17	12
1) Forsey, Christopher J SO	2) Spokas, Timothy J FR	4) Connelly, Robert E JR	
26.14 30.65 26.44	22.94		
12 Stuart Cramer		1:46.98	10
1) Schreiber, Owen SO	2) Willer, Zachary SO	4) Major, David J JR	
25.70 31.24 27.16	22.88		
13 Freedom		1:48.03	8
1) Dembski, Jacob SR	2) Kuehnert, Samuel SR	4) Miller, Nolan SR	
30.83 29.19 25.44	22.57		
14 Cuthbertson		1:50.50	6
1) Stein, Matthew JR	2) Weldon, Michael JR	4) Sinople, Dylan FR	
26.81 34.36 49.33			
15 Forestview		1:51.89	4
1) Monroe, Justice	2) Robinson, Seth	4) Pavone, Maximus	
29.66 30.56 27.74	23.93		
16 Piedmont		1:52.32	2
1) Shank, Hudson JR	2) Helms, Ethan JR	4) McGhee, Connor JR	
27.54 32.14 26.35	26.29		
17 Jesse Carson		1:53.54	
1) Jackson, Jacob SR	2) Sever, Cooper SO	4) Dixon, Cole SR	
31.71 28.62 27.95	25.26		
18 Tuscola		1:53.93	
1) Keeling, Carson JR	2) Mooney, Colin SR	4) Lunsik, Dylan FR	
31.51 33.43 26.07	22.92		

2020 3A Western NCHSAA Regional Championships - 1/31/20

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Event 2 Men 200 Yard Medley Relay

Team	Relay	Finals Time	Points
19 North Buncombe		1:56.59	
1) Prezant, Cole SR	2) Edwards, Yannick FR	3) Penland, Zebulon JR	4) Gibson, Logan JR
32.24 31.24 27.93	25.18		
20 Kings Mountain		1:58.72	
1) Messenger, Dalton FR	2) Dettloff, Noah SR	3) Stroup, Gabe SR	4) Horn, Randy SR
30.92 35.79 26.89	25.12		
21 Hickory		1:59.36	
1) Lopez-Arredondo, Angel JR	2) Negrete-Perez, Leo SR	3) Day, Taylor SO	4) Stillwell, Kyle JR
34.65 32.11 27.51	25.09		
22 TC Roberson		1:59.75	
1) Ryan, Caden SO	2) Brigman, Sean FR	3) Gordon, Tyler FR	4) Steven, John David FR
29.72 34.66 35.12	20.25		
23 Sun Valley		2:04.33	
1) Moorman, Nate JR	2) Demont, Lance SO	3) Feus, Andrew FR	4) Song, Daniel FR
27.72 39.17 28.78	28.66		
--- Asheville		DQ	
1) Carcel, Timmy	2) Hayes, Jackson JR	3) Sankey-Taranto, Sage	4) Thornburg, Sam
31.46 32.85 36.22	15.77		

Event 3 Women 200 Yard Freestyle

Name	Yr	School	Finals Time	
1 Martinson, Ashley	JR	WEDDN	1:53.96	20
2 Yoder, Kylie	JR	WEDDN	1:54.26	17
3 Kilpatrick, Ava	SO	WHEND	1:54.59	16
4 Kudela, Caroline	SO	WEDDN	1:55.02	15
5 Parmenter, Katelyn		STST	1:55.34	14
6 Gornet, Sophia	SO	CCATH	1:55.40	13
7 Dichak, Sarah	FR	CCATH	1:56.69	12
8 Gehrig, Julia	FR	CCATH	1:57.41	11
9 Simmons, Taylor	JR	CTHBS	1:57.84	9
10 Bush, Meredith	FR	CCATH	1:58.02	7
11 Duhamel, Caroline	JR	MARVR	1:58.95	6
12 Frain, Gisella	SO	WEDDN	1:59.36	5
13 Price, Alivia	SR	COXML	1:59.93	4
14 Ormiston, Abigail	SR	MARVR	2:01.50	3
15 Moreira, Gabriela	SR	COXML	2:02.63	2
16 Kaduson, Charlotte	SO	MARVR	2:03.26	1
17 Blamy, Austyn	SO	CTHBS	2:03.32	
18 Carney, Mary	JR	CNCRD	2:05.29	
19 Tindall, Camille	FR	TCR	2:06.11	
20 Gang, Camryn		ASHEV	2:06.29	
21 Russell, Leilani	FR	SIREN	2:07.74	
22 Peurifoy, McKenzie	SO	CNCRD	2:09.20	
23 Roe, Virginia	FR	MARVR	2:10.04	
24 Meacham, Emma		NWCAB	2:10.09	

Event 4 Men 200 Yard Freestyle

Name	Yr	School	Finals Time	
1 Gehrig, John	SR	CCATH	1:42.80	20
2 Dean, Kenan	JR	SUNVY	1:45.07	17
3 Keisler, Greyson	SR	WEDDN	1:46.76	16
4 Gribble, Henry	SR	NWCAB	1:47.07	15
5 Lunsik, Dylan	FR	TUSCL	1:48.90	14
6 McKinney, Ian	FR	MARVR	1:49.68	13
7 Denton, Jude	JR	CCATH	1:49.84	12
8 Constantine, Kian	FR	MARVR	1:49.99	11
9 Lucky, Andrew	SR	CNCRD	1:50.72	9
10 Parmenter, Carson		STST	1:50.86	7
11 Kilmurry, Garrett	JR	COXML	1:50.92	6
12 Crawford, Payton	JR	SIREN	1:52.74	5
13 Spokas, Timothy J	FR	JMROB	1:53.32	4
14 Federico, Ajay	SO	CCABA	1:53.65	3
15 Cook, Alex	FR	WEDDN	1:55.10	2
16 Powers, Graham		NWCAB	1:55.50	1
17 Camporeale, Christopher	JR	SIREN	1:56.30	
18 Major, David J	JR	CRAMR	1:56.62	
19 Chin, Jaden	SR	WEDDN	1:58.98	
20 DeCubellis, Eli	SO	CNCRD	2:00.00	
21 Ryan, Caden	SO	TCR	2:00.80	
22 Epley, Matthew	JR	CARSN	2:00.89	
23 James, Alex	FR	MARVR	2:02.15	
24 Sankey-Taranto, Sage		ASHEV	2:02.74	

2020 3A Western NCHSAA Regional Championships - 1/31/20

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Swimming & Diving

Results

Event 5 Women 200 Yard IM

Name	Yr	School	Finals Time	
1 Arwood, Fiona	SR	TCR	2:07.47	20
2 Menkhaus, Madeline	JR	CCATH	2:07.48	17
3 Thome, Alison	SO	CTHBS	2:08.33	16
4 Sanders, Sydney	FR	CCATH	2:08.80	15
5 Dichak, Victoria	SR	CCATH	2:10.51	14
6 Mumford, Susan	SR	MARVR	2:12.05	13
7 Griffey, Kate	SO	WEDDN	2:12.68	12
8 Benton, Meredith	FR	MARVR	2:13.28	11
9 Durak, Gwen	JR	HKY	2:13.86	9
10 Kimmel, Allison F	SO	HUSS	2:13.96	7
11 O'Mara, Gracy	FR	MARVR	2:14.70	6
12 Soniat, Olivia	FR	MARVR	2:14.83	5
13 Bitting, Mary Grace	SO	CTHBS	2:14.94	4
14 Kudela, Katie	FR	WEDDN	2:15.49	3
15 Ross, Christina	JR	SIRE	2:16.71	2
16 Gasky, Isabella	SR	CCABA	2:17.53	1
17 Cresci, Kenzie	SR	SIRE	2:17.84	
18 Woody, Sophia		ASHEV	2:21.20	
19 Hollmeyer, Abigail		NWCAB	2:21.29	
20 Thomas, Paige		FVIEW	2:22.18	
21 Ivanov, Gabriela	JR	TCR	2:24.24	
22 Claudy, Madison	JR	WEDDN	2:25.84	
23 Moore, Sarah	JR	ACREY	2:28.43	
--- Ferguson, Ellie	FR	COXML	DQ	

Event 7 Women 50 Yard Freestyle

Name	Yr	School	Finals Time	
1 Rhodes, Olivia	JR	CCATH	23.34	20
2 Parks, Abigail	SR	CCATH	23.63	17
3 Horn, Caitlin	SO	COXML	24.02	16
4 Stout, Alina	SR	CCATH	24.33	15
5 Wagner, Grace	SO	MARVR	24.47	14
6 Sandock, Leah	SO	CTHBS	24.54	13
7 Tessin, Madeline	SR	MARVR	24.64	12
8 Ricciardi, Carolina	JR	CTHBS	24.87	11
9 Dorman, Camdyn	FR	SUNVY	25.28	9
10 Jaworski, Lara	SO	MARVR	25.62	7
11 Creel, Katie	JR	COXML	25.70	6
12 Gonsalves, Ashleigh	FR	CCATH	25.73	5
13 Carswell, Riley	SR	FREED	25.83	4
14 Soniat, Olivia	FR	MARVR	26.04	3
15 Rinker, Caroline		NWCAB	26.17	2
16 Callihan, Grace	FR	ASHEV	26.24	1
17 Seymour, Emma	SO	CCABA	26.27	
18 Lotfy, Christina	SR	CNCRD	26.33	
19 Burchfield, Caroline	JR	CNCRD	26.45	
20 Kilmurry, Shay	FR	COXML	26.72	
21 Leazer, Kaitlyn	JR	CRAMR	26.77	
22 Lusick, Catherine	FR	TCR	26.88	
23 Conrad, Kendall	SR	CRAMR	27.51	
24 Abbate, Amanda		NWCAB	28.52	

Event 6 Men 200 Yard IM

Name	Yr	School	Finals Time	
1 Meehan, Jack	SR	CCATH	1:52.17	20
2 Moore, Joseph	SR	SIRE	1:54.28	17
3 Lucky, Matthew	SO	CNCRD	1:57.70	16
4 Piscitelli, Nicholas	JR	MARVR	1:58.47	15
5 Bradshaw, Lane		NWCAB	1:58.80	14
6 Griffey, Alex	SR	WEDDN	2:01.18	13
7 Godfrey, Elijah		STST	2:02.06	12
8 Schulken, Ryan	SR	MARVR	2:02.83	11
9 McLuskie, Logan	JR	WEDDN	2:03.08	9
10 Krampert, Caden	SO	SIRE	2:05.53	7
11 Mumford, Colin	FR	MARVR	2:05.57	6
12 Price, Nick	JR	COXML	2:07.18	5
13 Sever, Cooper	SO	CARSN	2:07.51	4
14 Vadapalli, Bhargav	FR	COXML	2:10.94	3
15 Cherkez, John		STST	2:12.71	2
16 Broos, Cameron		STST	2:13.92	1
17 Vess, Jack	FR	ACREY	2:15.32	
18 Mervich, Ian	FR	WEDDN	2:15.64	
19 Willer, Nicholas	SO	CRAMR	2:17.01	
20 Park, Ethan	JR	MARVR	2:17.13	
21 Halbach, Jake	FR	CNCRD	2:18.24	
22 Babak, Oleg	FR	ENKA	2:18.86	
23 Sterka, Jackson		NWCAB	2:19.93	

Event 8 Men 50 Yard Freestyle

Name	Yr	School	Finals Time	
1 Poelke, Boyd	SR	MARVR	21.48	20
2 Vess, John	SR	ACREY	22.04	17
3 Wilson, Ryan	JR	MARVR	22.14	16
4 Clickner, Charlie	SR	CCATH	22.31	15
5 Moon, Jackson	JR	CNCRD	22.75	14
6 Mrzygod, Bryson	SO	CCATH	22.79	13
7 Flickinger, Tyler	FR	WEDDN	22.81	12
8 Yeh, Alex	SO	SIRE	22.83	11
9 Kosmala, Henryk	SO	WATGA	22.90	9
10 Pavone, Maximus		FVIEW	23.07	7
11 Vincent, Ben	JR	CNCRD	23.09	6
12 Kripak, Atharva	JR	COXML	23.14	5
13 Lusick, Michael	SR	TCR	23.27	4
14 Madrigal, Joshua	SO	WEDDN	23.34	3
15 Sinople, Dylan	FR	CTHBS	23.38	2
16 Connelly, Robert E	JR	JMROB	23.54	1
17 Scardina, Nate	SR	CNCRD	23.55	
18 Talbert, Josh		STST	23.62	
19 Shank, Hudson	JR	PEDMT	23.65	
20 Carlisto, Evan	SO	CCATH	24.30	
21 Kornegay, Bryce	SR	KNGMT	24.31	
22 Duffy, Patrick	SR	CCATH	24.38	
23 Mina, Luke	SR	TUSCL	24.60	
24 Dixon, Cole	SR	CARSN	25.41	

2020 3A Western NCHSAA Regional Championships - 1/31/20

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Swimming & Diving

Results

Event 9 Women 1 mtr Diving

Name	Yr	School	Finals Score	
1 Cresci, Megan		SIREN	347.60	20
2 Bernard, Abby	SR	WEDDN	345.95	17
3 Campbell, Sarah	JR	COXML	313.35	16
4 Bays, Madeline	FR	WEDDN	285.05	15
5 Gonci, Skyler	JR	CCATH	268.25	14
6 Drake, Leah	FR	MARVR	252.10	13
7 Maleski, Ella	FR	MARVR	243.90	12
8 Wood, Taylor	SO	TCR	218.00	11
9 Kennedy, Sabrina	JR	ASHEV	215.00	9
10 Coyne, Rylee	SO	CTHBS	209.65	7
11 Ndekere, Julie	JR	COXML	209.55	6
12 Barlow, Delaney	SR	CTHBS	198.75	5
13 Hall, Gracyn	SO	COXML	193.35	4
14 Parker, Peyton	SR	SUNVY	168.85	3
15 Sharman, Sarah	SR	SUNVY	142.00	2

Event 10 Men 1 mtr Diving

Name	Yr	School	Finals Score	
1 Watling, Connor		SIREN	504.95	20
2 Hubbard, Alec	JR	CCATH	458.25	17
3 Banash, Ryan	SO	MARVR	282.75	16
4 Mangione, Luca	JR	MARVR	268.95	15
5 Valentine, Kirby		ASHEV	262.00	14
6 McConnell, Sam		SIREN	250.05	13
7 Olsen, Sammy	SO	MARVR	248.40	12
8 Davis, Zeke		ASHEV	240.85	11
9 Florin, Jacy	JR	CTHBS	238.25	9
10 McKenna, James	SO	MARVR	232.75	7
11 DeWitt, Hank	SO	WHEND	205.20	6
12 Duchesne, Jackson		WHEND	198.60	5
13 Carney, William		SIREN	183.90	4
14 Huard, Rylan	JR	WHEND	180.80	3
15 Gargano, Nick		SIREN	125.05	2

Event 11 Women 100 Yard Butterfly

Name	Yr	School	Finals Time	
1 Yandle, Ava	JR	PEDMT	56.77	20
2 Murray, Avery	SO	CTHBS	56.78	17
3 Menkhous, Madeline	JR	CCATH	56.85	16
4 Dichak, Victoria	SR	CCATH	57.88	15
5 Hamblin, Emilee	SO	PRKWD	58.22	14
6 Yoder, Kylie	JR	WEDDN	58.29	13
7 Schlitt, Kayla	SR	TCR	58.42	12
8 Johnson, Kendra	SO	CCATH	58.54	11
9 Browning, Jordan	JR	CTHBS	58.68	9
10 Fehlhaber, Inga	JR	ASHEV	59.46	7
11 Losey, Amanda	JR	CCABA	59.75	6
12 Calder, Lexi	SR	MARVR	59.80	5
13 Gehrig, Julia	FR	CCATH	59.84	4
14 Rogers, Addie	JR	COXML	1:01.02	3
15 Ricciardi, Bruna	JR	CTHBS	1:01.50	2
16 Christensen, Ryleigh	FR	WEDDN	1:01.81	1
17 Bitting, Mary Grace	SO	CTHBS	1:02.06	
18 Cummings, Kathryn	JR	COXML	1:02.58	
19 Hazen, Rileigh	SR	KNGMT	1:03.62	
20 Ungert, Anna Olivia		ASHEV	1:05.29	
21 Buff, Madeline	JR	MARVR	1:05.59	
22 McInerney, Jillian	SR	MARVR	1:06.34	
23 Inscho, Jacqueline	JR	TCR	1:06.67	
24 Bloomfield, Olivia		FVIEW	1:11.99	

Event 12 Men 100 Yard Butterfly

Name	Yr	School	Finals Time	
1 Poelke, Boyd	SR	MARVR	49.75	20
2 Ranier, Harrison		NWCAB	51.89	17
3 Brewer, Brayden	JR	MARVR	53.18	16
4 Parmenter, Carson		STST	53.45	15
5 Crawford, Payton	JR	SIREN	53.91	14
6 Lacjak, Nolan	JR	MARVR	54.05	13
7 Griffey, Alex	SR	WEDDN	54.06	12
8 Harmon, Luke	JR	ASHBR	55.00	11
9 Cook, Alex	FR	WEDDN	55.30	9
10 Lunsik, Dylan	FR	TUSCL	56.08	7
11 Kelly, Patrick	SR	COXML	56.98	6
12 Sever, Cooper	SO	CARSN	57.02	5
13 Lusick, Michael	SR	TCR	57.29	4
14 Martin, Owen	JR	NWCAB	57.79	3
15 Miller, Emerson	FR	FREED	58.44	2
16 Long, Jackson	FR	COXML	59.51	1
17 Mina, Luke	SR	TUSCL	1:00.55	
18 Messenger, Dalton	FR	KNGMT	1:01.70	
19 Interlicchia, Sam	SR	TCR	1:01.76	
20 Gunter, Harris		FVIEW	1:02.67	
21 James, Alex	FR	MARVR	1:02.80	
22 Penland, Zebulon	JR	NBUNC	1:03.94	
23 Sankey-Taranto, Sage		ASHEV	1:04.50	
--- Diaz, Ricky	JR	COXML	DQ	

2020 3A Western NCHSAA Regional Championships - 1/31/20

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Swimming & Diving

Results

Event 13 Women 100 Yard Freestyle

Name	Yr	School	Finals Time	
1 Rhodes, Olivia	JR	CCATH	51.58	20
2 Parks, Abigail	SR	CCATH	51.71	17
3 Horn, Caitlin	SO	COXML	52.15	16
4 Stout, Alina	SR	CCATH	52.75	15
5 Martinson, Kara	FR	WEDDN	53.19	14
6 Kilpatrick, Ava	SO	WHEND	53.20	13
7 Wagner, Grace	SO	MARVR	53.45	12
8 Hamblin, Emilee	SO	PRKWD	53.62	11
9 Sandock, Leah	SO	CTHBS	53.84	9
10 Thome, Alison	SO	CTHBS	53.89	7
11 Tessin, Madeline	SR	MARVR	53.93	6
12 Scalise, Anna Beth	SR	MARVR	54.75	5
13 Ricciardi, Carolina	JR	CTHBS	55.18	4
14 Kudela, Katie	FR	WEDDN	55.55	3
15 Creel, Katie	JR	COXML	55.62	2
16 McDowell, Allison	SR	SUNVY	55.93	1
17 Jaworski, Lara	SO	MARVR	56.81	
18 Carswell, Riley	SR	FREED	56.83	
19 Martin, Maura	FR	ASHEV	57.18	
20 Rinker, Caroline		NWCAB	57.46	
21 Ivanov, Gabriela	JR	TCR	57.83	
22 Gang, Camryn		ASHEV	57.90	
23 St. Clair, Virginia	FR	WATGA	58.16	

Event 15 Women 500 Yard Freestyle

Name	Yr	School	Finals Time	
1 Sleime, Leyla	FR	CCATH	4:58.89	20
2 Parmenter, Katelyn		STST	5:01.12	17
3 Gornet, Sophia	SO	CCATH	5:07.37	16
4 Bush, Meredith	FR	CCATH	5:09.77	15
5 Griffey, Kate	SO	WEDDN	5:11.15	14
6 Duhamel, Caroline	JR	MARVR	5:12.10	13
7 Simmons, Taylor	JR	CTHBS	5:13.14	12
8 Dichak, Sarah	FR	CCATH	5:13.50	11
9 Martinson, Ashley	JR	WEDDN	5:13.69	9
10 Durak, Gwen	JR	HKY	5:15.61	7
11 Frain, Gisella	SO	WEDDN	5:22.16	6
12 Kaduson, Charlotte	SO	MARVR	5:25.71	5
13 Ricciardi, Bruna	JR	CTHBS	5:27.27	4
14 Moreira, Gabriela	SR	COXML	5:27.59	3
15 Kimmel, Allison F	SO	HUSS	5:29.97	2
16 Greer, Cayla	SR	COXML	5:32.01	1
17 Ormiston, Abigail	SR	MARVR	5:34.43	
18 Hollmeyer, Abigail		NWCAB	5:37.09	
19 Neri, Isabella	FR	CNCRD	5:37.12	
20 Blamy, Austyn	SO	CTHBS	5:38.21	
21 Roe, Virginia	FR	MARVR	5:39.10	
22 Pratt, Morgan	SO	CCABA	5:39.31	
23 Tindall, Camille	FR	TCR	5:40.47	
24 Mack, Ava	FR	ASHEV	5:45.93	

Event 14 Men 100 Yard Freestyle

Name	Yr	School	Finals Time	
1 Wilson, Ryan	JR	MARVR	48.42	20
2 Bradshaw, Lane		NWCAB	48.50	17
3 Clickner, Charlie	SR	CCATH	48.85	16
4 Miller, Nolan	SR	FREED	49.46	15
5 Schulken, Ryan	SR	MARVR	49.69	14
6 Mrzygod, Bryson	SO	CCATH	50.03	13
7 Moon, Jackson	JR	CNCRD	50.17	12
8 Flickinger, Tyler	FR	WEDDN	50.21	11
9 Forsey, Christopher J	SO	JMROB	50.31	9
10 Kilmurry, Garrett	JR	COXML	50.33	7
11 Constantine, Kian	FR	MARVR	50.36	6
12 Kuehnert, Samuel	SR	FREED	50.55	5
13 Schreiber, Owen	SO	CRAMR	51.20	4
14 Talbert, Josh		STST	51.57	3
15 Kosmala, Henryk	SO	WATGA	51.62	2
16 Pavone, Maximus		FVIEW	52.46	1
17 DeCubellis, Eli	SO	CNCRD	52.94	
18 Koch, Hudson		WHEND	53.90	
*19 Carlisto, Evan	SO	CCATH	53.95	
*19 Duffy, Patrick	SR	CCATH	53.95	
21 Hocutt, Alex	JR	COXML	53.98	
22 Day, Taylor	SO	HKY	54.36	
23 Connelly, Robert E	JR	JMROB	54.86	
24 Dixon, Cole	SR	CARSN	58.36	

Event 16 Men 500 Yard Freestyle

Name	Yr	School	Finals Time	
1 Gehrig, John	SR	CCATH	4:39.78	20
2 Ranier, Harrison		NWCAB	4:42.81	17
3 Gribble, Henry	SR	NWCAB	4:43.51	16
4 Dean, Kenan	JR	SUNVY	4:48.58	15
5 Holt, Ian	JR	CCABA	4:50.77	14
6 McLuskie, Logan	JR	WEDDN	4:52.07	13
7 McKinney, Ian	FR	MARVR	4:52.34	12
8 Kolomiyets, Israel	SR	ACREY	4:55.38	11
9 Fazen, Collin	SO	MARVR	4:55.50	9
10 Denton, Jude	JR	CCATH	4:55.99	7
11 Cellucci, Michael	SO	WEDDN	4:58.75	6
12 Spokas, Timothy J	FR	JMROB	5:07.27	5
13 Ryan, Caden	SO	TCR	5:10.68	4
14 Camporeale, Christopher	JR	SIREN	5:15.93	3
15 Tillman, James	FR	CCATH	5:16.19	2
16 Major, David J	JR	CRAMR	5:22.65	1
17 Perry, Dylan J	FR	JMROB	5:22.73	
18 Broos, Cameron		STST	5:24.01	
19 O'Rourke, Michael	SO	CTHBS	5:24.23	
20 Long, Jackson	FR	COXML	5:24.77	
21 Vess, Jack	FR	ACREY	5:24.85	
22 McGhee, Connor	JR	PEDMT	5:39.98	
23 Seidel, Tyler	FR	STATE	5:47.87	
24 Boyd, Jack	FR	COXML	5:54.90	

2020 3A Western NCHSAA Regional Championships - 1/31/20

Host: Marvin Ridge HS

Swimming & Diving

Results

Event 17 Women 200 Yard Freestyle Relay				
Team	Relay	Finals Time	Points	
1 Charlotte Catholic		1:36.12	40	
1) Rhodes, Olivia JR	2) Johnson, Kendra SO	4) Stout, Alina SR		
23.87 24.74 23.38	24.13			
2 Marvin Ridge		1:39.00	34	
1) Wagner, Grace SO	2) Tessin, Madeline SR	3) Calder, Lexi SR	4) Soniat, Olivia FR	
24.55 32.08 17.02	25.35			
3 Cuthbertson		1:39.12	32	
1) Thome, Alison SO	2) Browning, Jordan JR	3) Murray, Avery SO	4) Sandock, Leah SO	
25.22 24.99 24.52	24.39			
4 Cox Mill		1:39.98	30	
1) Price, Alivia SR	2) Rogers, Addie JR	3) Creel, Katie JR	4) Horn, Caitlin SO	
25.53 25.31 25.33	23.81			
5 Weddington		1:41.32	28	
1) Kudela, Katie FR	2) Martinson, Kara FR	3) Frain, Gisella SO	4) Yoder, Kylie JR	
25.37 25.12 25.54	25.29			
6 Sun Valley		1:42.04	26	
1) Herrforth, Rebecca FR	2) Dorman, Bricelyn FR	3) Dorman, Camdyn FR	4) McDowell, Allison SR	
26.00 26.45 24.86	24.73			
7 Concord		1:44.00	24	
1) Peurifoy, McKenzie SO	2) Lotfy, Christina SR	3) Halbach, Allyson SR	4) Burchfield, Caroline JR	
26.20 26.14 26.08	25.58			
8 Asheville		1:45.69	22	
1) Derry, Maureen	2) Ungert, Anna Olivia	3) Martin, Maura FR	4) Callihan, Grace FR	
26.52 27.10 26.20	25.87			
9 TC Roberson		1:45.84	18	
1) Lusick, Catherine FR	2) Anderson, Tristan SR	3) Ivanov, Gabriela JR	4) Arwood, Fiona SR	
27.24 26.24 26.48	25.88			
10 Watauga		1:47.49	14	
1) Jackson, Kyla SR	2) St. Clair, Virginia FR	3) Klein, Greta SO	4) Williams, Lindsey SO	
28.34 26.95 26.51	25.69			
11 Parkwood		1:47.68	12	
1) Hamblin, Emilee SO	2) Koziarz, Hope JR	3) Jarvis, Alyssa SR	4) Hamblin, Kaylee JR	
24.50 29.84 28.28	25.06			
12 South Iredell		1:48.18	10	
1) Cresci, Kenzie SR	2) Russell, Leilani FR	3) Freidman-Baucom, Maghan FR	4) Ross, Christina JR	
27.31 27.57 27.31	25.99			
13 Northwest Cabarrus		1:50.18	8	
1) Thompson, Isabella	2) Carlton, Kendall	3) Powers, Hannah JR	4) Abbate, Amanda	
27.48 27.62 27.44	27.64			
14 Piedmont		1:50.65	6	
1) Yercheck, Gabrielle FR	2) Nielsen, Ally SO	3) Rose, Gabby JR	4) Yandle, Ava JR	
27.74 29.10 28.33	25.48			
15 West Henderson		1:51.69	4	
1) Duchesne, Madeline SR	2) Dotti, Maggie FR	3) Lail, Shannon SO	4) Kilpatrick, Ava SO	
28.70 28.48 29.98	24.53			
16 Hickory		1:51.78	2	
1) Fields, Colby FR	2) Bewick, Helen FR	3) Kue, Ai-Ling SO	4) Durak, Gwen JR	
28.14 27.80 29.50	26.34			
17 Kings Mountain		1:52.87		
1) Price, Trinity SO	2) Demetro, Maddy SR	3) Ayscue, Madison JR	4) Hazen, Rileigh SR	
27.89 28.73 56.25				
18 Stuart Cramer		1:54.57		
1) Leazer, Kaitlyn JR	2) Denton, Kennedy SR	3) Conrad, Colby SR	4) Conrad, Kendall SR	
27.23 30.35 28.47	28.52			

2020 3A Western NCHSAA Regional Championships - 1/31/20

Host: Marvin Ridge HS

Swimming & Diving

Results

Event 17 Women 200 Yard Freestyle Relay

Team	Relay	Finals Time	Points
19 AC Reynolds		1:56.36	
1) Moore, Sarah JR	2) Dotson, Allie SR	3) Bumpus, Amber	4) Welch, Brielle SO
28.82 29.56 31.10	26.88		
20 Central Cabarrus		1:57.68	
1) Pratt, Morgan SO	2) Demattos, Juliette	3) Zevallos, Anna SO	4) Holt, Caitlin
28.01 31.49 37.81	20.37		
21 J.M. Robinson		1:58.95	
1) Donahue, Gracelyn D FR	2) Matthews, Amanda J JR	3) Yang, Riley E FR	4) Rogers, Tori R SR
29.45 30.77 29.68	29.05		
22 St. Stephens		1:59.20	
1) Bejenari, Andrea	2) Strong, Sadie	3) Sakhonenko, Liza	4) Hessong, Anabelle
31.24 29.18 32.10	26.68		
23 Alexander Central		1:59.58	
1) Farmer, Sydney	2) Teague, Moriah	3) Reese, Hallie	4) Coonse, Paige
31.17 30.12 39.10	19.19		
--- Tuscola		DQ	
1) Clarke, Sarah SR	2) Dellinger, Melissa SR	3) Todtenhagen, Cassie SR	4) Johnson, Emma SR
30.63 38.48 33.78	32.33		

Event 18 Men 200 Yard Freestyle Relay

Team	Relay	Finals Time	Points
1 Marvin Ridge		1:28.42	40
1) Poelke, Boyd SR	2) Wilson, Ryan JR	3) Constantine, Kian FR	4) Piscitelli, Nicholas JR
21.60 21.75 23.31	21.76		
2 Charlotte Catholic		1:31.70	34
1) Mrzygod, Bryson SO	2) Duffy, Patrick SR	3) Denton, Jude JR	4) Clickner, Charlie SR
22.77 23.53 23.10	22.30		
3 Concord		1:32.16	32
1) DeCubellis, Eli SO	2) Scardina, Nate SR	3) Moon, Jackson JR	4) Vincent, Ben JR
24.17 22.83 22.62	22.54		
4 Freedom		1:33.49	30
1) Kuehnert, Samuel SR	2) Hawkins, Kai JR	3) Miller, Emerson FR	4) Miller, Nolan SR
23.28 23.65 24.17	22.39		
5 Weddington		1:33.51	28
1) Flickinger, Tyler FR	2) Cook, Alex FR	3) Griffey, Alex SR	4) Keisler, Greyson SR
22.96 24.46 23.62	22.47		
6 J.M. Robinson		1:34.03	26
1) Connelly, Robert E JR	2) Nelson, Jack C JR	3) Spokas, Timothy J FR	4) Forsey, Christopher J SO
24.04 23.60 24.01	22.38		
7 TC Roberson		1:35.04	24
1) Lusick, Michael SR	2) Browning, Aiden JR	3) Interlicchia, Sam SR	4) Porter, Adam SR
23.78 24.31 23.32	23.63		
8 South Iredell		1:35.49	22
1) Camporeale, Christopher JR	2) Roussel, Timothee SR	3) Krampert, Caden SO	4) Muller, Nick
23.98 24.02 23.79	23.70		
9 Cox Mill		1:35.88	18
1) Long, Jackson FR	2) Vadapalli, Bhargav FR	3) Diaz, Ricky JR	4) Price, Nick JR
24.17 24.31 24.15	23.25		
10 Kings Mountain		1:39.53	14
1) Messenger, Dalton FR	2) Horn, Randy SR	3) Stroup, Gabe SR	4) Kornegay, Bryce SR
25.38 25.21 24.75	24.19		

2020 3A Western NCHSAA Regional Championships - 1/31/20

Host: Marvin Ridge HS

Swimming & Diving

Results

Event 18 Men 200 Yard Freestyle Relay

Team	Relay	Finals Time	Points	
11 Asheville	1) Willard, Beau SR 25.33 25.54 25.37	2) Hayes, Jackson JR 24.34	3) Druckenmiller, Cameron SO 4) Thornburg, Sam	1:40.58 12
12 Northwest Cabarrus	1) Sterka, Jackson 25.00 26.62 25.48	2) Wauters, Brodie JR 23.53	3) Rowland, Jack JR 4) Martin, Owen JR	1:40.63 10
13 Sun Valley	1) Dean, Kenan JR 23.14 23.59 28.75	2) Moorman, Nate JR 25.69	3) Song, Daniel FR 4) Feus, Andrew FR	1:41.17 8
14 Piedmont	1) Turner, Sam SR 25.42 25.40 27.18	2) Helms, Ethan JR 23.32	3) McGhee, Connor JR 4) Shank, Hudson JR	1:41.32 6
15 North Buncombe	1) Norconk, Jake SR 25.78 26.05 25.87	2) Bowman, Gavin SR 24.37	3) Gibson, Logan JR 4) Edwards, Yannick FR	1:42.07 4
16 Forestview	1) Pridnia, Connor 27.02 25.76 24.92	2) Robinson, Seth 24.60	3) Gunter, Harris 4) Murphy, Max	1:42.30 2
17 Central Cabarrus	1) Sabin, Hunter SR 24.72 25.98 26.31	2) Cooper, Justin JR 25.80	3) Zevallos, Nathaniel 4) Hughes, James SO	1:42.81
18 St. Stephens	1) Broos, Cameron 25.54 25.68 27.71	2) Castellanos-Morales, Sebastian 24.75	3) Bulick, Daniel 4) Gheorghica, Jonathan	1:43.68
19 Alexander Central	1) Riddle, Mason 27.91 27.26 26.14	2) Brown, Leyton 24.24	3) Holland, Culvar 4) Harper, Kyle	1:45.55
20 AC Reynolds	1) Bouillon, Tituoan SO 28.00 28.03 26.44	2) Middleton, Evan SO 24.70	3) Kerns, Caswell SO 4) Benne, Dean SR	1:47.17
21 Stuart Cramer	1) Major, Zachary FR 26.26 27.76 28.52	2) Black, Tyler JR 27.12	3) Stroman, Tanner T SO 4) Cary, Zachary SR	1:49.66
22 Tuscola	1) Keeling, Carson JR 26.06 28.83 30.83	2) Delbene, Andrew SO 26.84	3) Clausen, Randall JR 4) McCrory, John SO	1:52.56
--- Cuthbertson	1) Stein, Matthew JR 23.75 24.63 25.98	2) O'Rourke, Michael SO 23.03	3) Weldon, Michael JR 4) Sinople, Dylan FR	DQ
--- Hickory	1) Stillwell, Kyle JR 25.90 24.59 28.52	2) Day, Taylor SO 25.78	3) Lopez-Arredondo, Angel JR 4) Negrete-Perez, Leo SR	DQ

2020 3A Western NCHSAA Regional Championships - 1/31/20

Host: Marvin Ridge HS

Swimming & Diving

Results

Event 19 Women 100 Yard Backstroke

Name	Yr	School	Finals Time	
1 Mumford, Susan	SR	MARVR	56.77	20
2 Yandle, Ava	JR	PEDMT	57.42	17
3 Browning, Jordan	JR	CTHBS	58.22	16
4 Scalise, Anna Beth	SR	MARVR	58.24	15
5 Murray, Avery	SO	CTHBS	58.96	14
6 Schlitt, Kayla	SR	TCR	1:00.20	13
7 Price, Alivia	SR	COXML	1:00.24	12
8 Fehlhaber, Inga	JR	ASHEV	1:00.46	11
9 Martinson, Kara	FR	WEDDN	1:00.81	9
10 Losey, Amanda	JR	CCABA	1:01.63	7
11 Ferguson, Ellie	FR	COXML	1:01.73	6
12 Herrforth, Rebecca	FR	SUNVY	1:01.85	5
13 Ross, Christina	JR	SIREN	1:02.47	4
14 Woody, Sophia		ASHEV	1:02.82	3
15 Williams, Lindsey	SO	WATGA	1:04.23	2
16 Greer, Cayla	SR	COXML	1:04.39	1
17 Klein, Greta	SO	WATGA	1:04.75	
18 Whitehead, Kathryn	JR	MARVR	1:04.88	
19 Claudy, Madison	JR	WEDDN	1:04.97	
20 Meacham, Emma		NWCAB	1:05.85	
21 Neri, Isabella	FR	CNCRD	1:05.91	
22 Lusick, Catherine	FR	TCR	1:06.81	
--- Eggers, Caroline	SR	CCABA	DQ	

Event 21 Women 100 Yard Breaststroke

Name	Yr	School	Finals Time	
1 Hamblin, Kaylee	JR	PRKWD	1:02.28	20
2 Gaskey, Isabella	SR	CCABA	1:04.91	17
3 Kudela, Caroline	SO	WEDDN	1:05.38	16
4 Arwood, Fiona	SR	TCR	1:06.45	15
5 Cresci, Kenzie	SR	SIREN	1:06.55	14
6 Sanders, Sydney	FR	CCATH	1:07.14	13
7 Calder, Lexi	SR	MARVR	1:07.61	12
8 Benton, Meredith	FR	MARVR	1:07.62	11
9 Reinhart, Gianna	SR	MARVR	1:07.97	9
10 Rogers, Addie	JR	COXML	1:08.55	7
11 O'Mara, Gracyn	FR	MARVR	1:08.85	6
12 McFee, Mattie	SR	CCATH	1:09.86	5
13 Sleime, Leyla	FR	CCATH	1:10.07	4
14 Sunderdiek, Anna	SR	COXML	1:11.83	3
15 McFee, Lizzie	FR	CCATH	1:11.92	2
16 Keasler, Laurel	FR	CNCRD	1:12.30	1
17 Hessong, Anabelle		STST	1:12.57	
18 Taylor, Grace	SO	WEDDN	1:13.12	
19 Temple, Belle	JR	WATGA	1:14.82	
20 Ungert, Anna Olivia		ASHEV	1:14.99	
21 Hux, Jillian	JR	CREST	1:16.76	
22 Taylor, Emma		FVIEW	1:17.83	
23 McClamrock, Mattie	JR	COXML	1:18.65	
24 Rose, Gabby	JR	PEDMT	1:18.75	

Event 20 Men 100 Yard Backstroke

Name	Yr	School	Finals Time	
1 Meehan, Jack	SR	CCATH	50.73	20
2 Moore, Joseph	SR	SIREN	52.11	17
3 Brewer, Brayden	JR	MARVR	53.87	16
4 Lucky, Andrew	SR	CNCRD	54.48	15
5 Lacjak, Nolan	JR	MARVR	55.08	14
6 Holt, Ian	JR	CCABA	55.42	13
7 Stein, Matthew	JR	CTHBS	55.73	12
8 Forsey, Christopher J	SO	JMROB	55.77	11
9 Schreiber, Owen	SO	CRAMR	55.91	9
10 Vess, John	SR	ACREY	56.31	7
11 Yeh, Alex	SO	SIREN	56.33	6
12 Roussel, Timothee	SR	SIREN	56.62	5
13 Godfrey, Elijah		STST	56.78	4
14 Moorman, Nate	JR	SUNVY	56.86	3
15 Martin, Owen	JR	NWCAB	58.40	2
16 Madrigal, Joshua	SO	WEDDN	58.56	1
17 Powers, Graham		NWCAB	59.01	
18 Fazen, Collin	SO	MARVR	59.47	
19 Shank, Hudson	JR	PEDMT	59.64	
20 Kornegay, Bryce	SR	KNGMT	1:00.78	
21 Kripak, Atharva	JR	COXML	1:00.83	
22 Whittington, Connor	SO	MARVR	1:02.50	
23 Kelly, Patrick	SR	COXML	1:02.94	
24 Seidel, Tyler	FR	STATE	1:02.97	

Event 22 Men 100 Yard Breaststroke

Name	Yr	School	Finals Time	
1 Lucky, Matthew	SO	CNCRD	59.93	20
2 Piscitelli, Nicholas	JR	MARVR	1:00.30	17
3 Harmon, Luke	JR	ASHBR	1:00.80	16
4 Kolomiyets, Israel	SR	ACREY	1:02.06	15
5 Keisler, Greyson	SR	WEDDN	1:02.63	14
6 Vincent, Ben	JR	CNCRD	1:02.68	13
7 Krampert, Caden	SO	SIREN	1:02.84	12
8 Price, Nick	JR	COXML	1:04.04	11
*9 Mumford, Colin	FR	MARVR	1:04.19	8
*9 Park, Ethan	JR	MARVR	1:04.19	8
11 Vadapalli, Bhargav	FR	COXML	1:04.52	6
12 Chin, Jaden	SR	WEDDN	1:04.95	5
13 Cellucci, Michael	SO	WEDDN	1:05.71	4
14 Sabin, Hunter	SR	CCABA	1:06.37	3
15 Dockery, Labron	FR	ASHBR	1:06.65	2
16 Cherkez, John		STST	1:07.36	1
17 Muller, Nick		SIREN	1:08.03	
18 Robinson, Seth		FVIEW	1:08.71	
19 Epley, Matthew	JR	CARSN	1:09.21	
20 Willer, Nicholas	SO	CRAMR	1:09.74	
21 Willer, Zachary	SO	CRAMR	1:11.51	
22 Sterka, Jackson		NWCAB	1:11.56	
--- Negrete-Perez, Leo	SR	HKY	DQ	

2020 3A Western NCHSAA Regional Championships - 1/31/20

Host: Marvin Ridge HS

Swimming & Diving

Results

Event 23 Women 400 Yard Freestyle Relay														
Team	Relay						Finals Time	Points						
1 Charlotte Catholic	1) Stout, Alina SR	25.45	53.53	25.04	2) Dichak, Victoria SR	52.90	25.58	53.87	3) Menkhaus, Madeline JR	24.64	52.03	4) Parks, Abigail SR	3:32.33	40
2 Marvin Ridge	1) Wagner, Grace SO	26.07	54.00	25.34	2) Tessin, Madeline SR	53.30	26.02	54.14	3) Scalise, Anna Beth SR	25.32	53.32	4) Mumford, Susan SR	3:34.76	34
3 Weddington	1) Yoder, Kylie JR	26.06	54.16	26.45	2) Griffey, Kate SO	55.41	25.09	52.44	3) Martinson, Ashley JR	25.51	53.28	4) Kudela, Caroline SO	3:35.29	32
4 Cuthbertson	1) Bitting, Mary Grace SO	26.56	56.28	26.03	2) Simmons, Taylor JR	55.52	27.26	57.14	3) Blamy, Austyn SO	25.71	54.09	4) Ricciardi, Carolina JR	3:43.03	30
5 Cox Mill	1) Moreira, Gabriela SR	27.58	57.46	26.57	2) Greer, Cayla SR	56.30	26.07	55.26	3) Ferguson, Ellie FR	26.26	54.70	4) Creel, Katie JR	3:43.72	28
*6 TC Roberson	1) Schlitt, Kayla SR	25.62	53.57	27.30	2) Ivanov, Gabriela JR	57.69	27.18	57.78	3) Anderson, Tristan SR	26.78	56.56	4) Tindall, Camille FR	3:45.60	25
*6 Central Cabarrus	1) Losey, Amanda JR	27.47	56.80	27.77	2) Eggers, Caroline SR	57.93	26.92	57.02	3) Seymour, Emma SO	26.11	53.85	4) Gaskey, Isabella SR	3:45.60	25
8 Sun Valley	1) McDowell, Allison SR	26.48	56.41	26.35	2) Dorman, Camdyn FR	56.03	27.46	57.86	3) Dorman, Bricelyn FR	26.34	55.55	4) Herrforth, Rebecca FR	3:45.85	22
9 Asheville	1) Derry, Maureen	28.37	58.35	26.69	2) Martin, Maura FR	56.66	26.77	57.43	3) Gang, Camryn	26.44	55.69	4) Fehlhaber, Inga JR	3:48.13	18
10 Northwest Cabarrus	1) Rinker, Caroline	27.13	56.32	27.63	2) Meacham, Emma	58.49	27.63	59.90	3) Thompson, Isabella	26.76	56.26	4) Hollmeyer, Abigail	3:50.97	14
11 Concord	1) Neri, Isabella FR	28.13	58.42	26.90	2) Peurifoy, McKenzie SO	57.05	27.00	58.88	3) Halbach, Allyson SR	26.20	57.89	4) Burchfield, Caroline JR	3:52.24	12
12 Watauga	1) Jackson, Kylah SR	30.13	1:02.28	28.41	2) St. Clair, Virginia FR	58.85	28.35	59.80	3) Klein, Greta SO	26.89	57.72	4) Williams, Lindsey SO	3:58.65	10
13 West Henderson	1) Duchesne, Madeline SR	30.66	1:04.65	30.21	2) Dotti, Maggie FR	1:03.27	31.32	1:06.56	3) Lail, Shannon SO	25.89	55.07	4) Kilpatrick, Ava SO	4:09.55	8
14 Kings Mountain	1) Price, Trinity SO	29.12	1:01.01	31.35	2) Demetro, Maddy SR	1:10.78	24.62	58.27	3) Ayscue, Madison JR	28.56	1:00.18	4) Hazen, Raleigh SR	4:10.24	6
15 St. Stephens	1) Hessong, Anabelle	28.27	1:00.25	32.54	2) Bejenari, Andrea	1:14.97	25.76	1:01.74	3) Strong, Sadie	27.07	56.03	4) Parmenter, Katelyn	4:12.99	4
16 Parkwood	1) Jarvis, Alyssa SR	30.05	1:03.92	33.27	2) Koziarz, Hope JR	1:09.54	31.83	1:08.48	3) Worsham, Emma SR	26.16	55.94	4) Hamblin, Kaylee JR	4:17.88	2
17 AC Reynolds	1) Moore, Sarah JR	30.35	1:02.50	32.74	2) Weidner, Mia FR	1:08.27	32.90	1:09.07	3) Bumpus, Amber	29.31	1:01.60	4) Welch, Brielle SO	4:21.44	
18 Forestview	1) Thomas, Katie	33.09			2) Thomas, Paige	32.57	1:06.74		3) Peyton, Alex	28.96	1:00.78	4) Braddy, Josie	4:23.47	
19 Freedom	1) Carswell, Kennedy SO	32.97	1:08.68	32.83	2) Perez-Rodriguez, Keyla SO	1:09.70	33.30	1:11.05	3) Sic, Maria SO	27.05	57.28	4) Carswell, Riley SR	4:26.71	

2020 3A Western NCHSAA Regional Championships - 1/31/20

Host: Marvin Ridge HS

Swimming & Diving

Results

Event 23 Women 400 Yard Freestyle Relay									
Team	Relay						Finals Time	Points	
20 South Iredell	1) Kauffman, Heidi SO	2) Bellman, Avery JR	3) Polzin, Lucy JR	4) Williams, Avery JR			4:29.31		
	30.64 1:05.45 29.74	1:05.08 32.63 1:10.88	31.58 1:07.90						
21 J.M. Robinson	1) Yang, Riley E FR	2) Shivery, Ashlyn R SO	3) Rogers, Tori R SR	4) Donahue, Gracelyn D FR			4:31.87		
	32.90 1:07.78 32.99	1:11.26 30.87 1:08.49	30.48 1:04.34						
*22 North Buncombe	1) Edwards, Lucia FR	2) Garland, Allison SR	3) Winker, Raquel JR	4) Manske, Stella SR			4:35.96		
	28.46 1:00.73 34.06	1:15.33 33.36 1:15.90	27.49 1:04.00						
*22 Crest	1) Beaver, Addie FR	2) Coggins, Heidi SR	3) Ruiz, Cristina JR	4) Hux, Jillian JR			4:35.96		
	1:17.02 1:52.11 42.81	1:10.45 34.75	26.52 58.65						
24 Alexander Central	1) Farmer, Sydney	2) Elder, Jenna	3) Reese, Hallie	4) Coonse, Paige			4:39.24		
	33.07 1:08.47 34.03	1:14.51 33.28 1:21.00	21.67 55.26						
25 East Rowan	1) Powell, Caroline	2) Lewis, Victoria	3) Steelman, Sydney	4) Culp, Brenna			4:45.63		
	33.72 1:10.49 34.72	1:13.24 33.16 1:10.56	32.77 1:11.34						
26 Ashbrook	1) Wallace, Ashlyn	2) Carter, Asahah	3) Jolley, Sophi	4) Best, Nicole SO			4:48.96		
	34.79 1:14.47 34.12	1:29.26 19.30							
27 North Gaston	1) Rudisill, Zoye	2) Sipe, Madison	3) Allred, Kenley	4) Christy, Susan			4:49.98		
	32.28 1:11.86 36.53	1:16.57 35.84 1:14.45	31.68 1:07.10						
28 Tuscola	1) Thompson, Payton FR	2) Jackson, Lydia FR	3) Rinker, Eva FR	4) Ezell, McKenna FR			4:50.36		
	34.72 1:14.50 36.00	1:14.05 36.39 1:14.52	32.76 1:07.29						
29 Stuart Cramer	1) Lavinder, Regan JR	2) McCollough, Lily SO	3) Brockman, Emma SR	4) Ferrell, Abby FR			4:59.64		
	36.55 1:16.14 37.29	1:19.56 35.52 1:17.41	30.95 1:06.53						
30 Statesville	1) Munson, Ruby JR	2) Fowler, Riley JR	3) Cothren, Caroline	4) Roach, Olivia JR			5:12.34		
	1:19.88	34.26 1:14.41	36.41 1:18.68						
--- Hickory	1) Durak, Gwen JR	2) Fields, Colby FR	3) Bewick, Helen FR	4) Kue, Ai-Ling SO			DQ		
	27.39 56.97 29.07	1:00.69 30.21 1:02.76	30.89 1:07.40						
--- Piedmont	1) Griffin, Ava FR	2) Selvini, Federica SR	3) Allen, Georgia FR	4) Bigham, Landri SO			DQ		
	35.80 1:21.18 29.90		32.57 1:08.98						

2020 3A Western NCHSAA Regional Championships - 1/31/20

Host: Marvin Ridge HS

Swimming & Diving

Results

Event 24 Men 400 Yard Freestyle Relay

Team	Relay	Finals Time	Points		
1 Charlotte Catholic	1) Gehrig, John SR 22.90 47.19 23.58	2) Denton, Jude JR 49.23 23.47 49.42	3) Mrzygod, Bryson SO 22.05 45.55	4) Meehan, Jack SR 3:11.39	40
2 Marvin Ridge	1) Poelke, Boyd SR 22.48 46.75 23.04	2) Brewer, Brayden JR 48.92 23.14 48.67	3) Wilson, Ryan JR 22.56 47.30	4) Piscitelli, Nicholas JR 3:11.64	34
3 Northwest Cabarrus	1) Gribble, Henry SR 23.09 48.34 23.08	2) Bradshaw, Lane 48.65 24.39 51.91	3) Powers, Graham 23.49 49.56	4) Ranier, Harrison 3:18.46	32
4 South Iredell	1) Yeh, Alex SO 24.41 50.67 24.95	2) Camporeale, Christopher JR 51.95 23.82 50.59	3) Crawford, Payton JR 22.37 47.69	4) Moore, Joseph SR 3:20.90	30
5 Weddington	1) McLuskie, Logan JR 23.60 49.39 23.56	2) Flickinger, Tyler FR 50.24 25.02 51.97	3) Griffey, Alex SR 23.95 50.07	4) Keisler, Greyson SR 3:21.67	28
6 Cox Mill	1) Kripak, Atharva JR 24.32 51.56 25.54	2) Kelly, Patrick SR 53.05 24.79 51.81	3) Price, Nick JR 23.83 50.68	4) Kilmurry, Garrett JR 3:27.10	26
7 St. Stephens	1) Godfrey, Elijah 25.22 52.62 24.13	2) Parmenter, Carson 50.72 26.15 54.42	3) Cherkez, John 24.73 51.65	4) Talbert, Josh 3:29.41	24
8 Freedom	1) Kuehnert, Samuel SR 23.85 50.11 26.08	2) Hawkins, Kai JR 55.50 25.05 54.15	3) Miller, Emerson FR 23.50 49.72	4) Miller, Nolan SR 3:29.48	22
9 Concord	1) Pedrick, Connor JR 26.78 56.61 24.30	2) Halbach, Jake FR 50.75 26.66 56.49	3) Lucky, Andrew SR 23.43 49.70	4) Lucky, Matthew SO 3:33.55	18
10 TC Roberson	1) Lusick, Michael SR 25.20 53.50 25.95	2) Browning, Aiden JR 55.36 24.53 51.82	3) Interlicchia, Sam SR 24.77 53.63	4) Porter, Adam SR 3:34.31	14
11 Cuthbertson	1) Sinople, Dylan FR 25.53 53.01 25.85	2) O'Rourke, Michael SO 54.39 26.87 58.08	3) Bevacqua, Jared SO 23.95 50.03	4) Stein, Matthew JR 3:35.51	12
12 Stuart Cramer	1) Major, David J JR 24.90 53.37 26.16	2) Willer, Zachary SO 55.53 26.53 56.08	3) Willer, Nicholas SO 24.46 50.91	4) Schreiber, Owen SO 3:35.89	10
13 Central Cabarrus	1) Federico, Ajay SO 24.50 52.04 27.63	2) Cooper, Justin JR 58.13 26.88 58.77	3) Allen, Andrew 23.39 49.21	4) Holt, Ian JR 3:38.15	8
14 Tuscola	1) Keeling, Carson JR 27.11 57.83 25.86	2) Mina, Luke SR 55.80 27.06 57.48	3) Mooney, Colin SR 23.56 49.53	4) Lunsik, Dylan FR 3:40.64	6
15 Jesse Carson	1) Epley, Matthew JR 26.51 55.39 26.98	2) Jones, TJ JR 57.33 26.27 56.90	3) Dixon, Cole SR 25.08 52.36	4) Sever, Cooper SO 3:41.98	4
16 Kings Mountain	1) Messenger, Dalton FR 26.75 56.84 26.92	2) Horn, Randy SR 57.21 26.24 56.15	3) Stroup, Gabe SR 25.75 55.48	4) Kornegay, Bryce SR 3:45.68	2
17 Sun Valley	1) Dean, Kenan JR 23.68 49.74 24.93	2) Moorman, Nate JR 51.67 31.13 1:07.08	3) Song, Daniel FR 26.58 58.49	4) Feus, Andrew FR 3:46.98	
18 J.M. Robinson	1) Stevenson, Colin D SR 26.84 57.59 26.54	2) Williams, Brett T SO 57.36 27.89 58.38	3) Perry, Dylan J FR 25.22 53.78	4) Nelson, Jack C JR 3:47.11	

2020 3A Western NCHSAA Regional Championships - 1/31/20

Host: Marvin Ridge HS

Swimming & Diving

Results

Event 24 Men 400 Yard Freestyle Relay

Team	Relay	Finals Time	Points
19 Asheville		3:47.35	
1) Willard, Beau SR	2) Druckenmiller, Cameron SO	3) Thornburg, Sam	4) Sankey-Taranto, Sage
27.10 57.22 26.74	57.93 27.25 57.57	25.47 54.63	
20 Hickory		3:48.93	
1) Stillwell, Kyle JR	2) Day, Taylor SO	3) Lopez-Arredondo, Angel JR	4) Negrete-Perez, Leo SR
26.83 55.88 26.15	54.25 17.73 1:02.41	27.45 56.39	
21 Forestview		3:50.39	
1) Monroe, Justice	2) Whalen, Liam	3) Murphy, Max	4) Pavone, Maximus
27.87 1:01.37 27.11	56.76 27.79 58.62	24.88 53.64	
22 North Buncombe		3:52.17	
1) Prezant, Cole SR	2) Best, Takyus SR	3) Edwards, Yannick FR	4) Gibson, Logan JR
27.17 56.39 29.08	1:00.73 26.23 57.35	26.93 57.70	
23 Piedmont		4:37.95	
1) McLaughlin, Everett JR	2) Williamson, Christopher SO	3) Diaz, Hector FR	4) Cullen, Mark SO
32.22 1:12.91 31.41	1:10.00 31.14 1:11.22	30.56 1:03.82	
--- AC Reynolds		DQ	
1) Vess, John SR	2) Vess, Jack FR	3) Benne, Dean SR	4) Kolomiyets, Israel SR
23.93 51.27 27.81	57.62 26.14 56.60	23.11 50.38	