

# 2019 Phillips 66 National Championships

Wednesday, July 31 - Sunday, August 4

Avery Aquatic Center, Stanford, CA

## Friday Finals

Event	Start
Competition Pool Clears	4:45 PM
National Anthem	4:50 PM
18 & Under Awards	4:52 PM
15 Women 400 Individual Medley	B Final 5:00 PM A Final 5:07 PM
16 Men 400 Individual Medley	B Final 5:17 PM A Final 5:24 PM
400 Individual Medley Awards	5:34 PM
17 Women 100 Butterfly	B Final 5:40 PM A Final 5:44 PM
18 Men 100 Butterfly	B Final 5:50 PM A Final 5:54 PM
100 Butterfly Awards	6:00 PM
10 Minute Break	
19 Women 4x200 Freestyle Relay	Second Fastest Heat 6:16 PM Fastest Heat 6:25 PM
4x200 Freestyle Relay Awards	6:34 PM
15 Women 400 Individual Medley	C Final 6:38 PM D Final 6:44 PM
16 Men 400 Individual Medley	C Final 6:49 PM D Final 6:54 PM
17 Women 100 Butterfly	C Final 6:59 PM D Final 7:01 PM
18 Men 100 Butterfly	C Final 7:03 PM D Final 7:04 PM
<b>End of Session</b>	<b>7:06 PM</b>

\* Tonight's Relay Cards are due by 5:30 PM \*  
\*\* Scratches for Saturday Prelims are due by 5:30 PM \*\*



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## 2019 Phillips 66 National Champs - 7/31/2019 to 8/4/2019

## Meet Program - Friday Finals

## Event 15 Women 400 LC Meter IM

<b>World:</b>	<b>4:26.36</b>	<b>8/6/2016</b>	<b>Katinka Hosszu</b>
<b>American:</b>	<b>4:31.12</b>	<b>6/29/2008</b>	<b>Katie Hoff</b>
<b>U.S. Open:</b>	<b>4:31.07</b>	<b>6/19/2015</b>	<b>Katinka Hosszu</b>
<b>Jr World:</b>	<b>4:39.01</b>	<b>8/25/2015</b>	<b>Rosie Rudin</b>
<b>LC Nationals:</b>	<b>4:31.12</b>	<b>6/29/2008</b>	<b>Katie Hoff</b>
<b>Trial Cut:</b>	<b>4:51.79</b>		

Lane	Name	Yr	Team	Prelims
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## Heat 1 B - Final

1	Savanna Faulconer	98	Gator Swim Club/FLORIDA	4:47.55
2	Evie Pfeifer	99	Longhorn Aquatic/Texas	4:46.81
3	Alexis Preski	97	Univ Alabama Swi	4:45.81
4	Isabel Gormley	02	Asphalt Green Un	4:45.03
5	Grace Sheble	02	NOVA of Virginia	4:45.15
6	Haley Anderson	91	Trojan Swim Club	4:46.37
7	Mackenzie Looze	00	Indiana Universi	4:46.92
8	Bailey Bonnett	98	Kentucky Aquatic	4:47.55

## Heat 2 A - Final

1	Emma Barksdale	97	Gamecock Aquatic	4:42.33
2	Kelly Fertel	97	Gator Swim Club/FLORIDA	4:42.04
3	Emma Weyant	01	Sarasota Sharks	4:42.00
4	*Hannah Miley	89	Scotland	4:41.23
5	Brooke Forde	99	Alto Swim Club	4:41.54
6	Ally McHugh	97	Wisconsin Aquati	4:42.02
7	Madisyn Cox	95	Longhorn Aquatic	4:42.05
8	Kate Moore	99	Marlins of Raleigh/NC State	4:44.18

## Event 16 Men 400 LC Meter IM

<b>World:</b>	<b>4:03.84</b>	<b>8/10/2008</b>	<b>Michael Phelps</b>
<b>American:</b>	<b>4:03.84</b>	<b>8/10/2008</b>	<b>Michael Phelps</b>
<b>U.S. Open:</b>	<b>4:05.25</b>	<b>6/29/2008</b>	<b>Michael Phelps</b>
<b>Jr World:</b>	<b>4:14.00</b>	<b>6/26/2016</b>	<b>Sean Grieshop</b>
<b>LC Nationals:</b>	<b>4:05.25</b>	<b>6/29/2008</b>	<b>Michael Phelps</b>
<b>Trial Cut:</b>	<b>4:25.99</b>		

Lane	Name	Yr	Team	Prelims
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## Heat 1 B - Final

1	Raunak Khosla	00	Dynamo Swim Club	4:20.70
2	Nicholas Perera	99	Univ Alabama Swi	4:20.51
3	*BRENDON SMITH	00	Australia	4:20.22
4	Mikey Calvillo	00	Indiana Universi	4:19.25
5	Michael Daly	00	Penn State Unive/CON-MR	4:19.58
6	Casey Storch	99	Cavalier Swimmin/Virginia	4:20.38
7	Ross Palazzo	96	Hudson Explorer	4:20.64
8	Jason Louser	01	Long Island Aqua	4:20.90

## Heat 2 A - Final

1	Grant Sanders	97	Saint Petersburg	4:18.93
2	Kieran Smith	00	Ridgefield Aquat	4:18.16
3	Jake Foster	00	Mason Manta Rays	4:17.85
4	Sean Grieshop	98	California Aquat	4:16.60
5	Carson Foster	01	Mason Manta Rays	4:17.27
6	Bobby Finke	99	Saint Petersburg	4:18.03
7	*Brodie Williams	99	Millfield	4:18.63
8	*Mark Szaranek	95	U. of Stirling	4:19.15

## Event 17 Women 100 LC Meter Butterfly

<b>World:</b>	<b>55.48</b>	<b>8/7/2016</b>	<b>Sarah Sjostrom</b>
<b>American:</b>	<b>55.98</b>	<b>7/29/2012</b>	<b>Dana Vollmer</b>
<b>U.S. Open:</b>	<b>56.38</b>	<b>1/15/2016</b>	<b>Sarah Sjostrom</b>
<b>Jr World:</b>	<b>56.46</b>	<b>8/7/2016</b>	<b>Penny Oleksiak</b>
<b>LC Nationals:</b>	<b>56.42</b>	<b>6/25/2012</b>	<b>Dana Vollmer</b>
<b>Trial Cut:</b>	<b>1:00.69</b>		

Lane	Name	Yr	Team	Prelims
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## Heat 1 B - Final

1	Madison Hart	98	Penn State Unive/BSC	59.47
2	Kate Douglass	01	Chelsea Piers Aq	59.33
3	Dakota Luther	99	Athens Bulldog S/Georgia	58.93
4	Grace Oglesby	98	Univ Louisville/CardinalAq	58.89
5	Kelly Pash	01	Carmel Swim Club	58.92
6	Gretchen Walsh	03	Nashville Aquati	59.16
7	Izzy Gati	99	Kentucky Aquatic	59.43
8	Linnea Mack	95	Osprey Aquatics	59.50

## Heat 2 A - Final

1	Natalie Hinds	93	Athens Bulldog S	58.67
2	Lillie Nordmann	02	Magnolia Aquatic	58.36
3	Torri Huske	02	Arlington Aquati	57.98
4	Kelsi Dahlia	94	Cardinal Aquatic/Univ Loui	57.34
5	Amanda Kendall	91	Mission Viejo Na	57.80
6	Claire Curzan	04	TAC Titans	58.16
7	Aly Tetzloff	97	War Eagle Swimmi	58.55
8	Katie Drabot	97	Alto Swim Club	58.83



## 2019 Phillips 66 National Champs - 7/31/2019 to 8/4/2019

## Meet Program - Friday Finals

**Event 18 Men 100 LC Meter Butterfly**

<b>World:</b>	<b>49.50</b>	<b>7/26/2019</b>	<b>Caeleb Dressel</b>
<b>American:</b>	<b>49.50</b>	<b>7/26/2019</b>	<b>Caeleb Dressel</b>
<b>U.S. Open:</b>	<b>50.22</b>	<b>7/9/2009</b>	<b>Michael Phelps</b>
<b>Jr World:</b>	<b>50.62</b>	<b>7/29/2017</b>	<b>Kristof Milak</b>
<b>LC Nationals:</b>	<b>50.22</b>	<b>7/9/2009</b>	<b>Michael Phelps</b>
<b>Trial Cut:</b>	<b>54.19</b>		

Lane	Name	Yr	Team	Prelims
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**Heat 1 B - Final**

1	Nicolas Albiero	99	Univ Louisville/CARD	52.72
2	Tyler Sesvold	99	Univ Alabama Swi	52.62
3	Miles Smachlo	98	Univ. Of Michiga/Schenecta	52.59
4	Tate Jackson	97	Una TXLA/Texas	52.42
5	*Jacob Peters	00	Poole Swim Club	52.54
6	*Matthew Temple	99	Australia	52.61
7	Blake Manoff	01	Una PRVT	52.70
8	Camden Murphy	99	Athens Bulldog S/Georgia	52.76

**Heat 2 A - Final**

1	Luca Urlando	02	DART Swimming	52.33
2	Giles Smith	91	Phoenix Swim Clu	52.16
3	Jack Saunderson	97	Towson Universit	51.36
4	Maxime Rooney	98	Pleasanton Seaha/Texas	50.68
5	Jack Conger	94	Cavalier Swimmin/NCAP	51.21
6	John Shebat	97	New York Athleti	51.95
7	Danny Kovac	00	U. of Missouri	52.27
8	Ryan Held	95	New York Athleti	52.35

**Event 19 Women 4x200 LC Meter Freestyle Relay**

**World:** 7:41.50 7/25/2019 **Australia**

**A Titmus, M Wilson, B Throssell, E McKeon**

**American:** 7:41.87 7/25/2019 **USA World Championship Team**

**S Manuel, K Leddecky, M Margalis, K McLaughlin**

**U.S. Open:** 7:51.21 8/20/2010 **USA Pan Pacific Team**

**D Vollmer, M Scroggy, K Hoff, A Schmitt**

**Jr World:** 7:51.47 8/23/2017 **Canada**

**K Sanchez, P Oleksiak, R Smith, T Ruck**

**LC Nationals:** 7:58.14 8/4/2011 **Athens Bulldog Swim Club**

**C Naura, M Scroggy, S Vreeland, M Romano**

Lane	Team	Relay	Seed Time
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**Heat 1 of 2 Finals**

2	Bluefish Swim Cl	A	8:22.12
3	Pleasanton Seaha	A	8:19.44
4	Indiana Universi	A	8:16.06
5	Vic-NSW	B	8:17.91
6	Metroplex Aquati	A	8:20.66

**Heat 2 of 2 Finals**

1	Boilermaker Aqua	A	8:14.07
2	Wisconsin Aquati	A	8:13.27
3	Irish Aquatics	A	8:12.53
4	Alto Swim Club	A	7:59.59
5	Vic-NSW	A	8:09.14
6	Aggie Swim Club	A	8:12.88
7	Gator Swim Club	A	8:14.02
8	Tennessee Aquati	A	8:15.94

**Event 15 Women 400 LC Meter IM**

**World:** 4:26.36 8/6/2016 **Katinka Hosszu**

**American:** 4:31.12 6/29/2008 **Katie Hoff**

**U.S. Open:** 4:31.07 6/19/2015 **Katinka Hosszu**

**Jr World:** 4:39.01 8/25/2015 **Rosie Rudin**

**LC Nationals:** 4:31.12 6/29/2008 **Katie Hoff**

**Trial Cut:** 4:51.79

Lane	Name	Yr	Team	Prelims
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**Heat 3 C - Final**

1	Samantha Tadder	03	Tide Swimming	4:49.56
2	Alexis Yager	98	Tennessee Aquati	4:49.09
3	Nora Deleske	99	Sun Devil Swimmi	4:48.70
4	Vanessa Pearl	99	Metroplex Aquati	4:47.64
5	Emma Muzzy	00	Wolfpack Elite/NC State	4:47.98
6	Mia Abruzzo	03	Plymouth Whitema	4:48.89
7	Camryn Toney	99	Aggie Swim Club/Texas A&M	4:49.30
8	Julia Poole	99	Marlins of Raleigh/NC State	4:49.86

**Alternates**

1	Katie Trace	99	Ohio State Unive	4:50.05
2	Kensley McMahon	99	Univ Alabama Swi	4:50.08

**Heat 4 D - Final**

1	Paige McCormick	02	Hudson Explorer	4:52.67
2	Katie Crom	03	Mission Viejo Na	4:51.94
3	Ella Nelson	01	Nashville Aquati	4:51.39
4	Lucy Bell	04	Fort Collins Are	4:51.18
5	Addison Smith	01	Baylor Swim Club	4:51.21
6	Olivia McMurray	03	Swim Florida	4:51.64
7	Summer Smith	03	Bluefish Swim Cl	4:52.22
8	Abby Hay	01	Univ Louisville	4:52.75

**Alternates**

1	Ashley McCauley	00	Marlins of Raleigh	4:52.91
2	Gillian Davey	01	Central Iowa Aqu	4:53.45



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## Event 16 Men 400 LC Meter IM

<b>World:</b>	<b>4:03.84</b>	<b>8/10/2008</b>	<b>Michael Phelps</b>
<b>American:</b>	<b>4:03.84</b>	<b>8/10/2008</b>	<b>Michael Phelps</b>
<b>U.S. Open:</b>	<b>4:05.25</b>	<b>6/29/2008</b>	<b>Michael Phelps</b>
<b>Jr World:</b>	<b>4:14.00</b>	<b>6/26/2016</b>	<b>Sean Grieshop</b>
<b>LC Nationals:</b>	<b>4:05.25</b>	<b>6/29/2008</b>	<b>Michael Phelps</b>
<b>Trial Cut:</b>	<b>4:25.99</b>		

Lane	Name	Yr	Team	Prelims
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## Heat 3 C - Final (#16 Men 400 LC Meter IM)

1	Ben McDade	99	Indiana Universi	4:22.71
2	*ELLIOT ROGERSON	99	Vic-NSW	4:22.33
3	Braden Vines	99	Texas/COM	4:21.45
4	Clayton Forde	97	Athens Bulldog S/Georgia	4:20.97
5	Keith Myburgh	99	Una PRVT	4:21.32
6	Will Roberts	99	Univ. Of Michiga	4:22.19
7	Spencer Lehman	98	Indiana Universi	4:22.54
8	Connor Blandford	98	Kentucky Aquatic/MOR	4:22.97

## Alternates

1	Michael Milinovich	98	Wisconsin Aquati	4:23.97
2	Ross Dant	00	Hickory Foundati	4:24.02

## Heat 4 D - Final

1	Ethan Heasley	01	Hillsboro Swim T	4:26.49
2	Matt Fallon	02	Somerset Valley	4:24.62
3	Ivan Puskovitch	01	Episcopal Academ	4:24.32
4	Ross Dant	00	Hickory Foundati	4:24.02
5	Kevin Vargas	01	La Mirada Armada	4:24.13
6	Rick Mihm	01	Allegheny North	4:24.49
7	Sean Conway	00	Nation's Capital	4:25.67
8	Sean Faikish	01	North Penn Aquat	4:26.98

## Alternates

1	Joseph Gutierrez	00	Sandpipers Of Ne	4:27.96
2	Nick Vance	01	Una CS	4:28.41

## Event 17 Women 100 LC Meter Butterfly

<b>World:</b>	<b>55.48</b>	<b>8/7/2016</b>	<b>Sarah Sjostrom</b>
<b>American:</b>	<b>55.98</b>	<b>7/29/2012</b>	<b>Dana Vollmer</b>
<b>U.S. Open:</b>	<b>56.38</b>	<b>1/15/2016</b>	<b>Sarah Sjostrom</b>
<b>Jr World:</b>	<b>56.46</b>	<b>8/7/2016</b>	<b>Penny Oleksiak</b>
<b>LC Nationals:</b>	<b>56.42</b>	<b>6/25/2012</b>	<b>Dana Vollmer</b>
<b>Trial Cut:</b>	<b>1:00.69</b>		

Lane	Name	Yr	Team	Prelims
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## Heat 3 C - Final

1	*Emily Large	01	Newcastle	59.66
2	Callie Dickinson	99	Athens Bulldog S/Georgia	59.63
3	*Tain Bruce	98	Scotland	59.58
4	Erika Brown	98	Tennessee Aquati	59.54
5	Asia Seidt	97	Kentucky Aquatic	59.55
6	Charlotte Hook	04	TAC Titans	59.59
7	Leah Gingrich	90	Columbus Aquatic/WSY	59.64
8	Taylor Pike	99	Aggie Swim Club/Texas A&M	59.70

## Alternates

1	Olivia Carter	00	Infinity Aquatic	59.80
2	Isabel Ivey	00	California Aquat	59.86

## Heat 4 D - Final

1	Tristen Ulett	02	Dynamo Swim Club	1:00.72
2	Coleen Gillilan	01	Fort Collins Are	1:00.25
3	Gabi Albiero	02	Cardinal Aquatic	1:00.13
4	Isabel Ivey	00	California Aquat	59.86
5	Lucy Bell	04	Fort Collins Are	59.90
6	Abby Harter	02	Nation's Capital	1:00.16
7	Tess Howley	05	Long Island Aqua	1:00.51
8	Talia Bates	01	Gator Swim Club	1:00.73

## Alternates

1	Emma Stephenson	01	Una AGS	1:00.92
2	Lindsay Looney	01	Metroplex Aquati	1:01.03

## Event 18 Men 100 LC Meter Butterfly

<b>World:</b>	<b>49.50</b>	<b>7/26/2019</b>	<b>Caeleb Dressel</b>
<b>American:</b>	<b>49.50</b>	<b>7/26/2019</b>	<b>Caeleb Dressel</b>
<b>U.S. Open:</b>	<b>50.22</b>	<b>7/9/2009</b>	<b>Michael Phelps</b>
<b>Jr World:</b>	<b>50.62</b>	<b>7/29/2017</b>	<b>Kristof Milak</b>
<b>LC Nationals:</b>	<b>50.22</b>	<b>7/9/2009</b>	<b>Michael Phelps</b>
<b>Trial Cut:</b>	<b>54.19</b>		

Lane	Name	Yr	Team	Prelims
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## Heat 3 C - Final

1	Trent Pellini	98	Boilermaker Aqua	53.36
2	Bryce Bohman	90	Pulling Water, L	53.05
3	Cameron Craig	98	Michigan Lakesho	52.89
4	Shaine Casas	99	Aggie Swim Club/Texas A&M	52.78
5	Cody Bybee	99	Sun Devil Swimmi	52.85
6	*Edward Marks	96	Vic-NSW	52.97
7	Ryan Lochte	84	Gator Swim Club	53.25
8	Alvin Jiang	98	Lakeside Aquatic	53.38

## Alternates

1	Van Mathias	00	Indiana Universi	53.40
2	*Bowen Gough	98	Australia	53.45

## Heat 4 D - Final

1	River Wright	01	Bluefish Swim Cl	54.09
2	Connor Lee	01	Rosemead Rapids	53.87
3	Brendan Burns	01	Upper Main Line	53.74
4	Van Mathias	00	Indiana Universi	53.40
5	Ethan Hu	01	Peak Swimming	53.72
6	Noah Henderson	01	Star Aquatics	53.84
7	Dillon Hillis	00	Bolles School Sh/UF	54.05
8	Derek Maas	01	Michigan Lakesho/Rookie	54.17

## Alternates

1	Sterling Crane	00	Episcopal AmberJ	54.42
2	Alex Colson	01	Rockville Montgo	54.45



# 2019 Phillips 66 National Championships

Wednesday, July 31 - Sunday, August 4

Avery Aquatic Center, Stanford, CA

## Estimated Pre-Scratch Prelims Timeline And Finals Summary

### Wednesday, July 31

Event	Heats	Start
1 W 200 Fly	9	9:00 AM
2 M 200 Fly	9	9:26 AM
3 W 100 Free	11	9:50 AM
4 M 100 Free	11	10:08 AM
<b>End of Session</b>		<b>10:24 AM</b>

### **Distance Heats**

5 W 800 Free	4	2:17 PM
6 M 1500 Free	4	2:26 PM
<b>End of Session</b>		<b>4:00 PM</b>

### Sunday, August 4

Event	Heats	Start
28 W 200 IM	15	9:00 AM
29 M 200 IM	13	9:45 AM
31 W 50 Free	10	10:22 AM
32 M 50 Free	13	10:34 AM
<b>End of Session</b>		<b>10:47 AM</b>

### **Distance Heats**

30 M 800 Free	6	1:54 PM
27 W 1500 Free	4	2:03 PM
<b>End of Session</b>		<b>4:00 PM</b>

### Thursday, August 1

Event	Heats	Start
8 W 200 Free	10	9:00 AM
9 M 200 Free	14	9:27 AM
10 W 200 Breast	8	10:04 AM
11 M 200 Breast	9	10:31 AM
12 W 200 Back	11	10:58 AM
13 M 200 Back	11	11:34 AM
<b>End of Session</b>		<b>12:07 PM</b>

### Friday, August 2

Event	Heats	Start
15 W 400 IM	10	9:00 AM
16 M 400 IM	9	9:56 AM
17 W 100 Fly	14	10:43 AM
18 M 100 Fly	11	11:07 AM
<b>End of Session</b>		<b>11:24 AM</b>

### Saturday, August 3

Event	Heats	Start
20 W 400 Free	9	9:00 AM
21 M 400 Free	10	9:45 AM
22 W 100 Breast	10	10:32 AM
23 M 100 Breast	10	10:52 AM
24 W 100 Back	14	11:10 AM
25 M 100 Back	13	11:39 AM
<b>End of Session</b>		<b>12:03 PM</b>

### Finals Summary

Event	Start
1-6 Wednesday B/A Finals	5:00 PM
7 M 4x100 Free Relay	6:48 PM
1-4 Wednesday C/D Finals	7:04 PM
<b>End of Session</b>	<b>7:21 PM</b>
8-13 Thursday B/A Finals	5:00 PM
14 W 4x100 Free Relay	6:41 PM
8-13 Thursday C/D Finals	6:59 PM
<b>End of Session</b>	<b>7:33 PM</b>
15-18 Friday B/A Finals	5:00 PM
19 W 4x200 Free Relay	6:16 PM
15-18 Friday C/D Finals	6:38 PM
<b>End of Session</b>	<b>7:06 PM</b>
20-25 Saturday B/A Finals	5:00 PM
26 M 4x200 Free Relay	6:40 PM
20-25 Saturday C/D Finals	7:09 PM
<b>End of Session</b>	<b>7:43 PM</b>
27-32 Sunday B/A Finals	4:50 PM
33-34 W/M 400 Medley Relay	6:45 PM
28-32 Sunday C/D Finals	7:28 PM
<b>End of Session</b>	<b>8:00 PM</b>

