

2019 Phillips 66 National Championships

Wednesday, July 31 - Sunday, August 4

Avery Aquatic Center, Stanford, CA

Estimated Pre-Scratch Prelims Timeline And Finals Summary

Wednesday, July 31

Event		Heats	Start
1	W 200 Fly	9	9:00 AM
2	M 200 Fly	9	9:26 AM
3	W 100 Free	11	9:50 AM
4	M 100 Free	11	10:08 AM
End of Session			10:24 AM

Distance Heats

5	W 800 Free	4	2:17 PM
6	M 1500 Free	4	2:26 PM
End of Session			4:00 PM

Sunday, August 4

Event		Heats	Start
28	W 200 IM	15	9:00 AM
29	M 200 IM	13	9:45 AM
31	W 50 Free	10	10:22 AM
32	M 50 Free	13	10:34 AM
End of Session			10:47 AM

Distance Heats

30	M 800 Free	6	1:54 PM
27	W 1500 Free	4	2:03 PM
End of Session			4:00 PM

Thursday, August 1

Event		Heats	Start
8	W 200 Free	10	9:00 AM
9	M 200 Free	14	9:27 AM
10	W 200 Breast	8	10:04 AM
11	M 200 Breast	9	10:31 AM
12	W 200 Back	11	10:58 AM
13	M 200 Back	11	11:34 AM
End of Session			12:07 PM

Friday, August 2

Event		Heats	Start
15	W 400 IM	10	9:00 AM
16	M 400 IM	9	9:56 AM
17	W 100 Fly	14	10:43 AM
18	M 100 Fly	11	11:07 AM
End of Session			11:24 AM

Saturday, August 3

Event		Heats	Start
20	W 400 Free	8	9:00 AM
21	M 400 Free	10	9:40 AM
22	W 100 Breast	10	10:27 AM
23	M 100 Breast	10	10:47 AM
24	W 100 Back	14	11:05 AM
25	M 100 Back	13	11:34 AM
End of Session			11:58 AM

Finals Summary

Event		Start
1-6	Wednesday B/A Finals	5:00 PM
7	M 4x100 Free Relay	6:48 PM
1-4	Wednesday C/D Finals	7:04 PM
End of Session		7:21 PM
8-13	Thursday B/A Finals	5:00 PM
14	W 4x100 Free Relay	6:41 PM
8-13	Thursday C/D Finals	6:59 PM
End of Session		7:33 PM
15-18	Friday B/A Finals	5:00 PM
19	W 4x200 Free Relay	6:16 PM
15-18	Friday C/D Finals	6:38 PM
End of Session		7:06 PM
20-25	Saturday B/A Finals	5:00 PM
26	M 4x200 Free Relay	6:40 PM
20-25	Saturday C/D Finals	7:09 PM
End of Session		7:43 PM
27-32	Sunday B/A Finals	4:50 PM
33-34	W/M 400 Medley Relay	6:45 PM
28-32	Sunday C/D Finals	7:28 PM
End of Session		8:00 PM



2019 Phillips 66 National Champs - 7/31/2019 to 8/4/2019

Meet Program - Saturday Heats

Event 20 Women 400 LC Meter Freestyle

World:	3:56.46	8/7/2016	Katie Ledecky
American:	3:56.46	8/7/2016	Katie Ledecky
U.S. Open:	3:57.94	5/17/2018	Katie Ledecky
Jr World:	3:58.37	8/23/2014	Katie Ledecky
LC Nationals:	3:58.44	6/30/2017	Katie Ledecky
Trial Cut:	4:16.89		

Lane	Name	Yr	Team	Seed Time
Heat 1 of 8 Prelims				
0	Mia Abruzzo	03	Plymouth Whitema	4:21.27L B
1	Ayla Spitz	01	Irvine Novaquati	4:21.02L B
2	*Kayla Costa	01	Vic-NSW	4:20.49L B
3	Bridget Semenuk	01	Chelsea Piers Aq	4:19.86L B
4	Elsa Fretz	02	Northridge Area	4:19.42L B
5	Meghan Lynch	03	Greenwich YWCA D	4:19.53L B
6	*Jacinta Essam	01	Vic-NSW	4:19.97L B
7	Quinn Schaedler	02	Una WHAC	4:20.72L B
8	Ella Ristic	02	Irvine Novaquati	4:21.16L B
9	Lauryn Johnson	01	Long Island Aqua	4:47.91Y B
Heat 2 of 8 Prelims				
0	Emily Gjertsen	02	Badger Swim Club	4:18.44L B
1	Kathleen Golding	00	South Florida Aq/FLORIDA	4:18.14L B
2	Emma Seiberlich	98	Cavalier Swimmin/Virginia	4:43.47Y
3	Savanna Faulconer	98	Gator Swim Club/FLORIDA	4:42.31Y
4	Katie Glavinovich	99	Alto Swim Club	4:40.96Y
5	Noelle Peplowski	00	Indiana Universi	4:41.51Y
6	Josie Grote	98	Indiana Universi	4:42.96Y
7	Sarah Dimeco	00	Bellevue Club Sw	4:17.46L B
8	Elise Bauer	02	Central Florida	4:18.25L B
9	Juli Arzave	01	South Bay Aquati	4:19.00L B
Heat 3 of 8 Prelims				
0	Miki Dahlke	98	Harvard Swimming	4:40.26Y
1	Addison Smith	01	Baylor Swim Club	4:16.82
2	Mary Smutny	00	South Florida Aq	4:16.77
3	Emily Ilgenfritz	97	Unattached	4:16.64
4	*Easop Lee	00	Una DUKE	4:16.59
5	Abigail McCulloh	02	SwimAtlanta	4:16.60
6	Nicole Fye	98	Ohio State Unive	4:16.76
7	*Sandra Scott	98	Athens Bulldog S/Georgia	4:16.81
8	*Nikki Miller	00	Gator Swim Club/FLORIDA	4:16.83
9	Peyton Palsha	99	Univ Arkansas Sw/St. Pete	4:40.54Y

Heat 4 of 8 Prelims

0	Katie Crom	03	Mission Viejo Na	4:16.43
1	Ashley Strouse	02	Scottsdale Aquat	4:15.75
2	Kate Moore	99	Marlins of Raleigh/NC State	4:15.60
3	Kendall Dawson	97	Sun Devil Swimmi	4:15.38
4	Olivia McMurray	03	Swim Florida	4:15.21
5	Alexis Preski	97	Univ Alabama Swi	4:15.32
6	Erin Voss	98	Alto Swim Club	4:15.40
7	Isabel Gormley	02	Asphalt Green Un	4:15.69
8	Liberty Williams	01	Riverside Aquati	4:16.16
9	*Molly Gowans	99	U. of Missouri	4:16.46

Heat 5 of 8 Prelims

0	Ryley Ober	00	Sarasota Tsunami	4:15.02
1	Joy Field	98	Aggie Swim Club/Texas A&M	4:14.93
2	Emily Hetzer	00	War Eagle Swimmi	4:14.88
3	Paige McKenna	03	Nation's Capital	4:14.78
4	Madelyn Donohoe	01	The Fish	4:14.51
5	Molly Kowal	98	Ohio State Unive	4:14.52
6	*Hannah Miley	89	Scotland	4:14.82
7	*Joana Desbordes	00	France	4:14.90
8	Autumn Haebig	98	Club Husker/U of Nebraska	4:14.96
9	Dakota Luther	99	Athens Bulldog S/Georgia	4:15.11

Heat 6 of 8 Prelims

0	*Olivia Adams	99	Vic-NSW	4:14.41
1	Jordan Stout	97	Athens Bulldog S/Georgia	4:13.91
2	*Maria Paula Heitmann	99	Indiana Universi	4:13.69
3	Rachel Stege	03	Fox Valley Swim	4:13.36
4	Kaitlynn Sims	00	Magnolia Aquatic	4:12.38
5	Morgan Tankersley	99	Alto Swim Club	4:12.71
6	Chase Travis	02	Nation's Capital	4:13.36
7	*Sophie Cattermole	97	Univ Louisville/Sarasota S	4:13.71
8	Miranda Heckman	01	Pleasanton Seaha	4:14.12
9	Michaela Mattes	05	Sarasota Sharks	4:14.49

Heat 7 of 8 Prelims

0	Brooke Forde	99	Alto Swim Club	4:11.91
1	Erica Laning	99	Sun Devil Swimmi	4:11.57
2	Kensley McMahon	99	Univ Alabama Swi	4:10.46
3	Katie Drabot	97	Alto Swim Club	4:08.96
4	Sierra Schmidt	98	Univ. Of Michiga	4:08.12
5	Ally McHugh	97	Wisconsin Aquati	4:08.72
6	Claire Tuggle	04	Clovis Swim Club	4:10.11
7	Taylor Ault	99	La Mirada Armada	4:10.79
8	Evie Pfeifer	99	Longhorn Aquatic/Texas	4:11.77
9	Haley Yelle	99	Aggie Swim Club/Texas A&M	4:12.04



2019 Phillips 66 National Champs - 7/31/2019 to 8/4/2019

Meet Program - Saturday Heats

Heat 8 Prelims (#20 Women 400 LC Meter Freestyle)

0	Paige Madden	98	City of Mobile/Virginia	4:11.88
1	Ashley Twichell	89	TAC Titans	4:11.52
2	Emma Weyant	01	Sarasota Sharks	4:10.27
3	Geena Freriks	96	Kentucky Aquatic	4:08.91
4	Haley Anderson	91	Trojan Swim Club	4:07.21
5	Allison Schmitt	90	Sun Devil Swimmi	4:08.46
6	Cierra Runge	96	Sun Devil Swimmi	4:08.99
7	Lauren Pitzer	99	Alto Swim Club	4:10.62
8	Amanda Nunan	99	Tennessee Aquati	4:11.58
9	Cassy Jernberg	98	Schroeder YMCA S	4:12.01

Event 21 Men 400 LC Meter Freestyle

World:	3:40.07	7/26/2009	Paul Biederman
American:	3:42.78	8/10/2008	Larsen Jensen
U.S. Open:	3:43.53	6/29/2008	Larsen Jensen
Jr World:	3:44.60	4/1/2014	Mack Horton
LC Nationals:	3:43.53	6/29/2008	Larson Jensen
Trial Cut:	3:57.29		

Lane	Name	Yr	Team	Seed Time
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Heat 1 of 10 Prelims

3	Seung Joon Ahn	01	Katy Aquatic Tea	4:26.43 Y B
4	Tyler Kopp	02	Katy Aquatic Tea	4:23.89 Y B
5	Xander Gardner	01	Sarasota Tsunami	4:24.46 Y B

Heat 2 of 10 Prelims

1	Jack Wright	00	Allegheny North	4:01.69 L B
2	Michael Petrides	00	Kamehameha Swim	4:01.11 L B
3	Kevin Leibold	01	Dayton Raiders	3:59.88 L B
4	Noah Brune	01	Mission Viejo Na	3:57.90 L B
5	Luke Thornbrue	01	Hillsboro Swim T	3:58.05 L B
6	Dylan Porges	00	Asphalt Green Un	4:00.34 L B
7	Joseph Gutierrez	00	Sandpipers Of Ne	4:01.36 L B
8	Aldan Johnston	00	Tucson Ford Deal	4:01.86 L B

Heat 3 of 10 Prelims

0	Andrew Koustik	99	Longhorn Aquatic/Texas	4:19.10 Y
1	Jack Dahlgren	00	U. of Missouri	4:16.82 Y
2	Jack Dubois	99	SwimAtlanta/MIZZ	4:15.79 Y
3	Mark Theall	98	Aggie Swim Club/Texas A&M	4:12.70 Y
4	Will Gallant	01	West Hartford Aq	3:57.77
5	Joseph Lastelic	98	Gaucho Aquatics/NOVA-CA	3:57.79
6	James Murphy	97	Alto Swim Club	4:15.28 Y
7	Colton Paulson	00	Univ Louisville/RedBird SC	4:16.53 Y
8	Jeff Newkirk	96	Longhorn Aquatic/Texas	4:17.60 Y
9	Jake Sannem	99	Longhorn Aquatic/Texas	4:19.23 Y

Heat 4 of 10 Prelims

0	Kevin Jackson	94	King Aquatic Clu/AF	3:57.64
1	*Moritz Fath	97	George Washingto	3:57.59
2	Kevin Vargas	01	La Mirada Armada	3:57.57
3	Matt Anderson	97	Gator Swim Club	3:57.52
4	Calvin David	01	Pleasanton Seaha	3:57.48
5	Jake Foster	00	Mason Manta Rays	3:57.49
6	Aaron Apel	98	Scottsdale Aquat	3:57.53
7	Arik Katz	01	Sarasota Tsunami	3:57.58
8	Michael Brinegar	99	Mission Viejo Na	3:57.60
9	*Myles Bailey	00	Ravenswood	3:57.76

Heat 5 of 10 Prelims

0	Greg Reed	99	Athens Bulldog S/Georgia	3:57.31
1	Sam Steele	98	Univ Louisville/Birmingham	3:57.22
2	Jude Williams	01	Riverside Aquati	3:57.04
3	Cody Bybee	99	Sun Devil Swimmi	3:57.01
4	Nico Hernandez-Tome	00	Univ Alabama Swi	3:56.85
5	Matthew Hirschberger	98	Alto Swim Club	3:56.86
6	Jack Collins	97	Badger Swim Club/Texas	3:57.04
7	Alex Zettle	99	Longhorn Aquatic/Texas	3:57.21
8	Will Roberts	99	Univ. Of Michiga	3:57.29
9	Ryan Netzell	99	Wyoming Aquatics	3:57.32

Heat 6 of 10 Prelims

0	Kevin Miller	98	Athens Bulldog S/Georgia	3:56.82
1	Ryan Vipavetz	01	Rockville Montgo	3:56.67
2	Ivan Puskovitch	01	Episcopal Academ	3:56.39
3	Zach Kohm	02	Una PWAC	3:56.28
4	Jacob McDonald	02	Mason Manta Rays	3:56.18
5	Ben McDade	99	Indiana Universi	3:56.28
6	Will Barao	01	Irish Aquatics	3:56.34
7	Connor Daniels	02	DART Swimming	3:56.39
8	Hayden Curley	99	Univ Louisville/Highlander	3:56.68
9	Max Miranda	99	Irish Aquatics	3:56.83

Heat 7 of 10 Prelims

0	Antonio Thomas	98	Missouri State U	3:56.05
1	*Felipe Rizzo	98	Aggie Swim Club/Texas A&M	3:55.46
2	Sadler McKeen	99	Irish Aquatics	3:55.03
3	Julian Hill	00	Gator Swim Club	3:54.73
4	Liam Bresette	99	Sun Devil Swimmi	3:53.84
5	*Joshua Hertz	96	Vic-NSW	3:54.15
6	Trenton Julian	98	Rose Bowl Aquati	3:54.97
7	Coby Carrozza	01	Longhorn Aquatic	3:55.10
8	Coleman Kramer	99	Gamecock Aquatic	3:55.62
9	Joshua Fulcher	98	Athens Bulldog S/Georgia	3:56.12



2019 Phillips 66 National Champs - 7/31/2019 to 8/4/2019

Meet Program - Saturday Heats

Heat 8 Prelims (#21 Men 400 LC Meter Freestyle)

0	Ethan Heasley	01	Hillsboro Swim T	3:53.81
1	Eric Knowles	99	Wolfpack Elite/NC State	3:53.13
2	Clark Smith	95	Longhorn Aquatic	3:53.03
3	Jake Mitchell	01	Carmel Swim Club	3:52.79
4	*BRENDON SMITH	00	Australia	3:52.15
5	Brooks Fail	99	Tucson Ford Deal	3:52.24
6	Luca Urlando	02	DART Swimming	3:52.96
7	Walker Higgins	97	Tennessee Aquati	3:53.11
8	Nick McDowell	97	Boilermaker Aqua	3:53.25
9	Reed Malone	95	NASA Wildcat Aqu	3:53.83

Heat 9 of 10 Prelims

0	Hank Siefert	98	Kentucky Aquatic	3:51.84
1	Jake Magahey	01	SwimAtlanta	3:51.38
2	*Johannes Calloni	00	Alto Swim Club	3:51.14
3	*Joris Bouchaut	95	France	3:49.23
4	Grant Shoults	97	Alto Swim Club	3:46.90
5	Trey Freeman	00	Baylor Swim Club/UF	3:49.02
6	Patrick Callan	99	Unattached/Trident Aquatic	3:50.26
7	Jack Levant	99	Alto Swim Club	3:51.33
8	Lane Stone	99	Una PRVT	3:51.51
9	Kevin Litherland	95	Dynamo Swim Club	3:51.96

Heat 10 of 10 Prelims

0	Sean Grieshop	98	California Aquat	3:51.52
1	Mikey Calvillo	00	Indiana Universi	3:51.36
2	Kieran Smith	00	Ridgefield Aquat	3:50.99
3	Zach Yeadon	99	Irish Aquatics	3:49.09
4	*Elijah Winnington	00	Australia	3:44.68
5	Mitch D'Arrigo	95	Gator Swim Club	3:48.39
6	*Stephen Milne	94	Scotland	3:50.05
7	Bobby Finke	99	Saint Petersburg	3:51.23
8	Dare Rose	02	Scarlet Aquatics	3:51.41
9	Ross Dant	00	Hickory Foundati	3:51.85

Event 22 Women 100 LC Meter Breaststroke

World:	1:04.13	7/25/2017	Lilly King
American:	1:04.13	7/25/2017	Lilly King
U.S. Open:	1:04.45	8/7/2009	Jessica Hardy
Jr World:	1:05.39	8/20/2014	Ruta Meilutyte
LC Nationals:	1:04.95	6/30/2017	Lilly King
Trial Cut:	1:10.99		

Lane Name Yr Team Seed Time

Heat 1 of 10 Prelims

1	Abby Harter	02	Nation's Capital	1:13.16 L B
2	Meghan Lynch	03	Greenwich YWCA D	1:12.46 L B
3	Coleen Gillilan	01	Fort Collins Are	1:11.83 L B
4	Hanna Newby	00	American Energy	1:11.43 L B
5	Kasey Venn	01	NASA Wildcat Aqu	1:11.46 L B
6	Gillian Davey	01	Central Iowa Aqu/KYA	1:11.94 L B
7	Grace Sheble	02	NOVA of Virginia	1:12.54 L B

Heat 2 of 10 Prelims

0	Vanessa Herrmann	00	AquaStorm/UARK	1:00.67 Y
1	Hannah Farrow	00	Irvine Novaquati	1:00.63 Y
2	Haley Downey	98	Una KANS/P66	1:00.51 Y
3	Natalie Purnell	96	Club Seminole	1:00.15 Y
4	Helen Wojdylo	97	CSP Tideriders	1:00.11 Y
5	*Calypso Sheridan	99	NASA Wildcat Aqu	1:00.12 Y
6	Kaila Wong	99	Canyons Aquatic	1:00.35 Y
7	Adrianna Deboer	98	Gator Swim Club/FLORIDA	1:00.52 Y
8	Holly Jansen	99	Longhorn Aquatic/Texas	1:00.66 Y
9	Sarah Foley	02	Penn Charter Aqu	1:11.16 L B

Heat 3 of 10 Prelims

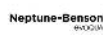
0	*Lilly Higgs	00	SwimMAC Carolina	1:00.08 Y
1	Claire Grover	00	UCLA Swimming/SAC-AZ	59.50 Y
2	Julia Poole	99	Marlins of Raleigh/NC State	1:10.96
3	Emily Snyder	99	SwimAtlanta/MIZZ	1:10.93
4	Alexis Yager	98	Tennessee Aquati	1:10.93
5	Mary Claire Tansill	97	Nation's Capital	1:10.93
6	KT Kustritz	98	California Aquat	1:10.95
7	Hannah Bach	00	Cleveland Swim I	59.29 Y
8	Ali Harrison	99	Buenaventura Swi	59.79 Y
9	*Olivia Paskulin	97	Tiger Aquatics/LSU	1:00.10 Y

Heat 4 of 10 Prelims

0	Carly Hart	98	Penn State Unive	1:10.90
1	Jordyn Wentzel	00	Aquajets Swim Te/St Kates	1:10.86
2	Ashley McCauley	00	Marlins of Raleigh	1:10.76
3	Mackenzie Looze	00	Indiana Universi	1:10.67
4	Maggie Kleinsmith	01	BGC-N. Westchest	1:10.64
5	Hannah Bailey	02	Dublin Community	1:10.65
6	Abby Kirkpatrick	99	Indiana Universi	1:10.73
7	Tori Beeler	97	Club Husker/U NEB	1:10.79
8	Morganne McKennan	98	Aztec Aquatics	1:10.89
9	Mallory Korenwinder	98	Tucson Ford Deal	1:10.91

Heat 5 of 10 Prelims

0	Kristina Murphy	00	San Diego State	1:10.62
1	*Avalon Schultz	99	Wisconsin Aquati	1:10.60
2	Erin Szara	98	Michigan State U	1:10.55
3	Danielle Herrmann	87	Clovis Swim Club	1:10.52
4	Victoria Roubique	98	Aggie Swim Club/Texas A&M	1:10.51
5	Allie Reiter	99	North Carolina A	1:10.51
6	Alex Gebel	98	Tennessee Aquati	1:10.54
7	Bailey Kovac	98	Indiana Universi	1:10.56
8	Margaret Aroesty	99	Long Island Aqua/USC	1:10.61
9	Jacki Schoening	98	Towson Universit/YOTA-NC	1:10.63



2019 Phillips 66 National Champs - 7/31/2019 to 8/4/2019

Meet Program - Saturday Heats

Heat 6 Prelims (#22 Women 100 LC Meter Breaststroke)

0	Riley Kishman	98	Boilermaker Aqua	1:10.48
1	Taylor Steele	00	Coastal Aquatic	1:10.41
2	Kate Steward	00	Una KANS/P66	1:10.36
3	Emma Barksdale	97	Gamecock Aquatic	1:10.35
4	Vanessa Pearl	99	Metroplex Aquati	1:10.34
5	Cecilia Porter	01	Baylor Swim Club	1:10.34
6	Kylie Powers	00	Aggie Swim Club/TAMU	1:10.35
7	Kennedy Lohman	98	Lakeside Swim Te/UTX	1:10.36
8	Zoe Skirboll	04	Racer X Aquatics	1:10.46
9	Kaylee Wheeler	00	Univ Louisville/CardinalAq	1:10.50

Heat 7 of 10 Prelims

0	Joelle Vereb	99	Unattached	1:10.32
1	Claire Donan	01	Lakeside Swim Te	1:10.25
2	Noelle Peplowski	00	Indiana Universi	1:10.22
3	Lydia Jacoby	04	Seward Tsunami S	1:10.11
4	Laura Goettler	02	Lake Erie Silver	1:10.03
5	*Mikayla Smith	98	Vic-NSW	1:10.09
6	Sophia Zhang	02	Asphalt Green Un	1:10.20
7	Bailey Bonnett	98	Kentucky Aquatic	1:10.23
8	Isabelle Odgers	00	Irvine Novaquati	1:10.26
9	Danielle Dellatorre	99	Athens Bulldog S/Georgia	1:10.33

Heat 8 of 10 Prelims

0	Lauren James	96	Cardinal Aquatic/NBAC	1:09.83
1	Peyton Kondis	98	Univ of Houston	1:09.55
2	Ellie Andrews	02	Dublin Community	1:09.12
3	*Chloe Tutton	96	Bath NC	1:08.53
4	Madisyn Cox	95	Longhorn Aquatic	1:07.59
5	Zoe Bartel	00	Alto Swim Club	1:08.14
6	Nikol Popov	99	Tennessee Aquati	1:08.76
7	Olivia Anderson	97	Longhorn Aquatic/Texas	1:09.38
8	Marie-claire Schillinger	97	Rice Aquatics	1:09.66
9	Val Tarazi	99	War Eagle Swimmi	1:10.01

Heat 9 of 10 Prelims

0	Ella Nelson	01	Nashville Aquati	1:09.81
1	Anna Keating	02	Machine Aquatics	1:09.45
2	Janessa Mathews	00	Ohio State Swim	1:09.10
3	Rachel Bernhardt	95	Gamecock Aquatic	1:08.28
4	Emily Weiss	01	Indiana Universi	1:07.55
5	Miranda Tucker	97	Univ. Of Michiga	1:08.10
6	Lindsey Kozelsky	97	Univ Minnesota	1:08.72
7	Grace Zhao	99	Palo Alto Stanfo	1:09.35
8	Kate Douglass	01	Chelsea Piers Aq	1:09.63
9	Morgan Friesen	99	Univ Louisville	1:09.95

Heat 10 of 10 Prelims

0	Hanna Gresser	99	Ohio State Unive	1:09.69
1	Sophie Angus	99	NASA Wildcat Aqu	1:09.42
2	Abby Arens	02	Marlins of Ralei	1:08.91
3	Kaitlyn Dobler	02	The Dolphins Por	1:08.20
4	Breeja Larson	92	New York Athleti	1:07.04
5	*Jenna Strauch	97	Vic-NSW	1:07.79
6	Zoie Hartman	00	Crow Canyon Coun	1:08.53
7	*Camille Dauba	97	France	1:09.28
8	Lauren Barber	96	Navy Swimming	1:09.61
9	Kaki Christensen	00	Chelsea Piers Aq/Virginia	1:09.90

Event 23 Men 100 LC Meter Breaststroke

World:	56.88	7/21/2019	Adam Peaty
American:	58.64	7/23/2017	Kevin Cordes
U.S. Open:	58.74	6/30/2017	Kevin Cordes
Jr World:	59.01	8/23/2017	Nicolo Martinenghi
LC Nationals:	58.74	6/30/2017	Kevin Cordes
Trial Cut:	1:03.29		

Lane Name Yr Team Seed Time

Heat 1 of 10 Prelims

3	Parker Macy	03	Mission Viejo Na	1:05.54 L B
4	Andrew Benson	02	SOLO Aquatics	1:05.01 L B
5	Jason Schreiber	01	Mission Viejo Na	1:05.21 L B

Heat 2 of 10 Prelims

1	Matt Fallon	02	Somerset Valley	1:04.46 L B
2	Sean Slusiewicz	01	Irvine Novaquati	1:03.95 L B
3	Brayden Rudd	00	Katy Aquatic Tea	1:03.69 L B
4	Van Mathias	00	Indiana Universi	1:03.48 L B
5	Ethan Dang	02	Bellevue Club Sw	1:03.50 L B
6	Jassen Yep	02	Peak Swimming	1:03.87 L B
7	Maxwell Reich	02	Phoenix Swimming	1:03.97 L B
8	*Zachary Tan	03	Phoenix Swim Clu	1:04.72 L B

Heat 3 of 10 Prelims

0	Dylan Rhee	01	Asphalt Green Un	1:03.41 L B
1	Spencer Rowe	99	War Eagle Swimmi	53.38 Y
2	Andrew Britton	00	Unattached	53.30 Y
3	Jack Dalmolin	99	Athens Bulldog S/Georgia	52.92 Y
4	Nick Staver	97	U. of Missouri	52.75 Y
5	Mason Hunter	00	Univ. Of Michiga	52.77 Y
6	Derek Cox	97	Princeton Univer	53.23 Y
7	Cy Jager	99	Univ of Denver H	53.34 Y
8	David Abrahams	01	Radnor Aquatic C	1:03.30 L B
9	Paul Degrado	01	Episcopal AmberJ	1:03.42 L B



2019 Phillips 66 National Champs - 7/31/2019 to 8/4/2019

Meet Program - Saturday Heats

Heat 4 Prelims (#23 Men 100 LC Meter Breaststroke)

0	Matthew Jerden	98	Indiana Universi	52.68Y
1	Dillon Hillis	00	Bolles School Sh/UF	52.37Y
2	*Francois Van Wynsberghe	95	Team Rebel Aquat/UNLV	1:03.22
3	River Wright	01	Bluefish Swim Cl	1:03.19
4	Jason Louser	01	Long Island Aqua	1:03.14
5	Brock Brown	99	Indiana Universi	1:03.19
6	Matthew Limbacher	00	Irish Aquatics	1:03.22
7	Tony Moore	99	Orinda Aquatics/UCSB	1:03.25
8	Anthony Grimm	02	Mason Makos Swim	52.51Y
9	Danny Kovac	00	U. of Missouri	52.74Y

Heat 5 of 10 Prelims

0	Derek Maas	01	Michigan Lakesho/Rookie	1:03.07
1	Jacob Rauch	00	Una QU	1:02.95
2	Karl Arvidsson	98	California Aquat	1:02.91
3	Brody Lewis	97	Unattached	1:02.89
4	AJ Bornstein	00	Univ. Of Michiga	1:02.86
5	*Antoine Marc	00	France	1:02.87
6	Eli Fouts	00	Wisconsin Aquati	1:02.90
7	Tyler Babinec	00	Mason Manta Rays	1:02.95
8	Ross Palazzo	96	Hudson Explorer	1:03.05
9	Brennan Pastorek	98	Alto Swim Club	1:03.08

Heat 6 of 10 Prelims

0	Andrew Couchon	99	Indiana Universi	1:02.77
1	Gary Kostbade	98	Indiana Universi	1:02.74
2	Evan McFadden	99	Ohio State Unive	1:02.67
3	Forrest Frazier	02	Eastern Iowa Swi	1:02.63
4	Will Chan	99	Univ. Of Michiga	1:02.54
5	Keefer Barnum	99	Lakeside Swim Te/Virginia	1:02.59
6	Ben Dillard	01	Sierra Marlins S	1:02.64
7	Matt Wilcox	00	Walnut Creek Aqu	1:02.73
8	Michael Couet	99	Longhorn Aquatic/Texas	1:02.75
9	Michael Burris	99	Univ Alabama Swi	1:02.80

Heat 7 of 10 Prelims

0	Luke Massey	00	Tennessee Aquati	1:02.42
1	*Miguel Chavez	95	Team Elite	1:02.37
2	Hank Poppe	98	Alto Swim Club	1:02.26
3	Jason Mathews	99	Ohio State Unive	1:02.14
4	Wyatt Amdor	97	Kentucky Aquatic	1:02.12
5	Trent Pellini	98	Boilermaker Aqua	1:02.13
6	Jake Foster	00	Mason Manta Rays	1:02.22
7	Ethan Browne	96	Auburn Aquatics	1:02.26
8	Justin Winnett	96	Indiana Swim Clu	1:02.40
9	Danny Comforti	96	Brentwood Seawol	1:02.49

Heat 8 of 10 Prelims

0	Tommy Cope	97	Univ. Of Michiga/DR	1:02.02
1	Sam Iida	99	Tucson Ford Deal	1:01.75
2	Daniel Roy	00	Alto Swim Club	1:01.16
3	*Caspar Corbeau	01	Tualatin Hills S	1:00.77
4	*Craig Benson	94	U. of Stirling	59.50
5	*Theo Bussiere	95	France	1:00.18
6	*LOUIS TOWNSEND	98	Australia	1:00.99
7	Jeremy Babinet	97	Univ. Of Michiga/PASA	1:01.58
8	Jacob Montague	98	Univ. Of Michiga/GPG	1:01.90
9	Nick Zito	94	WEST Swim Club	1:02.11

Heat 9 of 10 Prelims

0	Charlie Scheinfeld	99	Longhorn Aquatic/Texas	1:01.98
1	Joseph Daniels	94	Longhorn Aquatic	1:01.75
2	Chuck Katis	93	Pinnacle Racing	1:01.09
3	Jonathan Tybur	96	Aggie Swim Club	1:00.76
4	Ian Finnerty	96	Una MVN	59.49
5	*Daniel Cave	99	Australia	1:00.18
6	*Nicholas Quinn	93	Edinburgh Univ.	1:00.98
7	Caleb Hicks	97	U. of Missouri	1:01.50
8	Kevin Houseman	01	Bainbridge Islan	1:01.87
9	Matthew Dunphy	97	Tennessee Aquati	1:02.06

Heat 10 of 10 Prelims

0	Benjamin Walker	97	Aggie Swim Club/Texas A&M	1:01.95
1	Ben Cono	96	Una GAME	1:01.59
2	Joshua Matheny	02	Team Pittsburgh	1:01.06
3	Reece Whitley	00	California Aquat	1:00.45
4	Devon Nowicki	97	Michigan Lakesho	59.48
5	Brandon Fischer	89	Livermore Aqua C	59.86
6	*Samuel Williamson	97	Vic-NSW	1:00.89
7	Zane Backes	98	Indiana Universi	1:01.30
8	Wyatt Hodges	89	Lobo Aquatic Clu	1:01.82
9	Josh Bottelberghe	99	Irish Aquatics	1:02.05

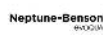
Event 24 Women 100 LC Meter Backstroke

World:	57.57	7/28/2019	Regan Smith
American:	57.57	7/28/2019	Regan Smith
U.S. Open:	58.00	7/28/2018	Kathleen Baker
Jr World:	57.57	7/28/2019	Regan Smith
LC Nationals:	58.00	7/28/2018	Kathleen Baker
Trial Cut:	1:02.69		

Lane Name Yr Team Seed Time

Heat 1 of 14 Prelims

3	Lexi Cuomo	01	Mason Makos Swim	54.20Y B
4	Miranda Heckman	01	Pleasanton Seaha	1:04.22L B
5	Renee Gillilan	03	Fort Collins Are	53.76Y B



2019 Phillips 66 National Champs - 7/31/2019 to 8/4/2019

Meet Program - Saturday Heats

Heat 2 Prelims (#24 Women 100 LC Meter Backstroke)

2	Brooke Zettel	03	TAC Titans	1:03.90	L B
3	Carly Novelline	04	NASA Wildcat Aqu	1:03.42	L B
4	Kate Hazlett	00	Greenwich YWCA D	1:03.16	L B
5	Zoe Dixon	04	NOVA of Virginia	1:03.21	L B
6	Amy Tang	03	Unattached	1:03.60	L B
7	Portia Del Rio Brown	00	Athens Bulldog S/Georgia	1:03.99	L B

Heat 3 of 14 Prelims

1	Katie Mack	01	Nation's Capital	1:03.00	L B
2	Audrey Reimer	99	Unattached	53.20	Y
3	*Valerie Daigneault	97	Univ Pittsburgh/PEAQ	53.04	Y
4	Audrey Guyett	99	U. of Missouri	53.01	Y
5	Raena Eldridge	96	Aggie Swim Club/Texas A&M	53.02	Y
6	Madison Hart	98	Penn State Univ/BSC	53.19	Y
7	Olivia Carter	00	Enfinity Aquatic	53.28	Y
8	Zoe Cosgrove	01	DART Swimming	1:03.09	L B

Heat 4 of 14 Prelims

1	Sophia Kosturos	00	Crow Canyon Coun	52.92	Y
2	Laura Laderoute	98	Univ of Houston	52.84	Y
3	Carly Quast	99	Irish Aquatics	52.06	Y
4	*Rebekah Bradley	97	Ohio State Univ	51.96	Y
5	*Tereza Grusova	98	Scarlet Aquatics	52.03	Y
6	Sophie Krivokapic-Zhou	99	California Aquat	52.37	Y
7	Julia Menkhaus	99	SwimMAC Carolina/Virginia	52.84	Y
8	Meredith Rees	01	Pikes Peak Athle	52.94	Y

Heat 5 of 14 Prelims

1	Taylor Nations	97	Tucson Ford Deal	1:02.96	
2	Grace Haskett	98	Indiana Universi	1:02.94	
3	Greer Pattison	02	Scottsdale Aquat	1:02.90	
4	Bayley Stewart	99	Irish Aquatics	1:02.88	
5	*Molly Gowans	99	U. of Missouri	1:02.90	
6	Margaret Guanci	00	Wisconsin Aquati	1:02.91	
7	Emily Meilus	99	Una MACH	1:02.96	
8	*Vera Koprivova	95	Scarlet Aquatics	51.83	Y

Heat 6 of 14 Prelims

1	Kobie Melton	00	Univ Arkansas Sw/HSA	1:02.88	
2	Samantha Shelton	00	SOCAL Aquatics A	1:02.83	
3	Mia Chang	03	Bellevue Club Sw	1:02.81	
4	Lauren Poole	00	North Baltimore/KYA	1:02.78	
5	Talia Bates	01	Gator Swim Club	1:02.80	
6	*Jennifer King	98	Scotland	1:02.82	
7	Zephy Koh	01	Brea Aquatics	1:02.87	
8	Sofie Underdahl	98	Univ Louisville/Texas Ford	1:02.88	

Heat 7 of 14 Prelims

1	Emily Lenihan	02	Lakeside Swim Te	1:02.71	
2	Ashlyn Schoof	98	Univ Louisville	1:02.70	
3	Shayna Hollander	00	Una DUKE	1:02.68	
4	Payton Keiner	99	Liberty Aquatics/Liberty U	1:02.65	
5	Noelle Kaufmann	02	Badger Swim Club	1:02.66	
6	Kathryn Ackerman	02	Michigan Lakesho	1:02.68	
7	Marie Schobel	00	Penn State Univ/RBY	1:02.70	
8	Emma Carlton	00	Aggie Swim Club/TAMU	1:02.77	

Heat 8 of 14 Prelims

1	Felicia Anderson	98	Southern Methodi	1:02.60	
2	Morgan Liberto	00	Univ Alabama Swi	1:02.56	
3	Jessica Davis	02	Crow Canyon Coun	1:02.55	
4	Sophie Lindner	00	SwimMAC Carolina	1:02.50	
5	Aly Tetzloff	97	War Eagle Swimmi	1:02.54	
6	*Hannah Burvill	97	Univ of Iowa	1:02.56	
7	Linnea Mack	95	Osprey Aquatics	1:02.59	
8	Caroline Gmelich	99	Cavalier Swimmin/Virginia	1:02.61	

Heat 9 of 14 Prelims

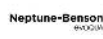
1	Alyssa Marsh	97	Una TE/Duke	1:02.48	
2	Ayla Spitz	01	Irvine Novaquati	1:02.44	
3	Hannah Gouger	97	Eagle Swim Team/Univ.Richn	1:02.39	
4	Emma Seiberlich	98	Cavalier Swimmin/Virginia	1:02.27	
5	Mara Newman	00	Lake Oswego Swim	1:02.32	
6	Sinclair Larson	99	Tennessee Aquati	1:02.44	
7	Abi Wilder	99	War Eagle Swimmi	1:02.45	
8	Tea Laughlin	02	Buenaventura Swi	1:02.49	

Heat 10 of 14 Prelims

1	*Lucy Hope	97	Scotland	1:02.18	
2	Sarah Thompson	98	U. of Missouri	1:02.12	
3	Rye Ulett	04	Dynamo Swim Club	1:02.11	
4	Marcie Maguire	99	Cavalier Swimmin/Virginia	1:02.08	
5	Bailey Grinter	99	Tennessee Aquati	1:02.10	
6	Charlotte Hook	04	TAC Titans	1:02.12	
7	Ellie Waldrep	02	Baylor Swim Club	1:02.14	
8	Sophie Sorenson	00	Kentucky Aquatic	1:02.19	

Heat 11 of 14 Prelims

1	Sherridon Dressel	98	Gator Swim Club/FLORIDA	1:02.07	
2	Caroline Bentz	02	Nation's Capital	1:02.04	
3	Kaitlin Harty	97	Una TNAQ	1:01.98	
4	Natalie Mannion	04	Commonwealth Swi	1:01.87	
5	Autumn Haebig	98	Club Husker/U of Nebraska	1:01.91	
6	*Calypto Sheridan	99	NASA Wildcat Aqu	1:02.00	
7	Tristen Ulett	02	Dynamo Swim Club	1:02.06	
8	Megan Moroney	97	Cavalier Swimmin/Virginia	1:02.07	



2019 Phillips 66 National Champs - 7/31/2019 to 8/4/2019

Meet Program - Saturday Heats

Heat 12 Prelims (#24 Women 100 LC Meter Backstroke)

1	Catie DeLoof	97	Una TE/Team Elite	1:01.60
2	Isabel Ivey	00	California Aquat	1:01.19
3	Annabel Crush	02	Lakeside Swim Te	1:00.90
4	Lucie Nordmann	00	Alto Swim Club	1:00.30
5	Rhyan White	00	Univ Alabama Swi	1:00.60
6	*Cassie Wild	00	Scotland	1:01.01
7	Gretchen Walsh	03	Nashville Aquati	1:01.46
8	Emma Muzzy	00	Wolfpack Elite/NC State	1:01.82

Heat 13 of 14 Prelims

1	Caitlin Brooks	00	Gator Swim Club/KYA	1:01.51
2	Bridgette Alexander	96	Kentucky Aquatic	1:01.10
3	Alexandra Crisera	01	Beach Cities Swi	1:00.89
4	Amy Bilquist	97	Scottsdale Aquat	1:00.26
5	Asia Seidt	97	Kentucky Aquatic	1:00.57
6	Kylee Alons	99	Wolfpack Elite/NC State	1:00.96
7	Emma Atkinson	01	Germantown Acade	1:01.37
8	Janelle Rudolph	02	PRO Swimming	1:01.77

Heat 14 of 14 Prelims

1	Erin Voss	98	Alto Swim Club	1:01.47
2	Claire Curzan	04	TAC Titans	1:01.03
3	Erika Brown	98	Tennessee Aquati	1:00.64
4	*Kathleen Dawson	97	Scotland	1:00.17
5	Claire Adams	98	Carmel Swim Club/Texas	1:00.43
6	Beata Nelson	98	Wisconsin Aquati	1:00.92
7	Julia Cook	00	Longhorn Aquatic/Texas	1:01.34
8	Abby Kapeller	03	Aquajets Swim Te	1:01.68

Event 25 Men 100 LC Meter Backstroke

World:	51.85	8/13/2016	Ryan Murphy
American:	51.85	8/13/2016	Ryan Murphy
U.S. Open:	51.94	7/8/2009	Aaron Peirsol
Jr World:	52.53	8/6/2018	Kliment Kolesnikov
LC Nationals:	51.94	7/8/2009	Aaron Peirsol
Trial Cut:	56.59		

Lane	Name	Yr	Team	Seed Time
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Heat 1 of 13 Prelims

3	David Curtiss	02	Hamilton Y Aquat	49.41 Y B
4	Noah Henderson	01	Star Aquatics	58.24 L B
5	Sean Faikish	01	North Penn Aquat	58.71 L B

Heat 2 of 13 Prelims

2	Jacob McDonald	02	Mason Manta Rays	57.90 L B
3	Sean Conway	00	Nation's Capital	57.04 L B
4	Brendan Burns	01	Upper Main Line	46.78 Y
5	Tyler Lu	03	Seattle Metropol	57.01 L B
6	Nathan Hayes	02	Seattle Metropol	57.40 L B
7	Paige Dacosta	01	Pleasanton Seaha	58.00 L B

Heat 3 of 13 Prelims

1	David Fitch	98	Bluefish Swim Cl/Kenyon	46.66 Y
2	Ethan Young	98	California Aquat	46.12 Y
3	Alec Connolly	98	Tennessee Aquati	56.78
4	Ian Thompson	97	Tribe Aquatics	56.76
5	Noah Hensley	96	Wolfpack Elite/NC State	56.77
6	Thomas Anderson	98	Tucson Ford Deal	45.84 Y
7	Alvin Jiang	98	Lakeside Aquatic	46.49 Y
8	Caleb Tosh	96	Gamecock Aquatic	46.75 Y

Heat 4 of 13 Prelims

1	Joey Puglessi	98	Bearcat Aquatics	56.73
2	Anthony Grimm	02	Mason Makos Swim	56.70
3	Jack Alexy	03	Somerset Hills Y	56.65
4	Alex King	98	Univ. Of Michiga	56.62
5	Seth Bailey	00	Tennessee Aquati	56.62
6	Jack Dahlgren	00	U. of Missouri	56.65
7	Sadler McKeen	99	Irish Aquatics	56.70
8	Christopher Thames	98	Metro Atlanta Aq	56.74

Heat 5 of 13 Prelims

1	*Juan Rocha De Murga	95	Aggie Swim Club	56.62
2	Nathan Murray	97	Tennessee Aquati	56.61
3	Jake Gibbons	97	Aggie Swim Club/Texas A&M	56.58
4	Hunter Armstrong	01	Canton City Scho	56.57
5	Jack Dolan	00	Rockwood Swim Cl	56.58
6	James Wells	92	Long Reach Swim	56.59
7	Patrick Conaton	96	Badger Swim Club/STAN	56.61
8	Josh Zuchowski	04	Flood Aquatics S/King's Ac	56.62

Heat 6 of 13 Prelims

1	Ethan Harder	00	Billings Aquatic	56.53
2	David Crossland	98	War Eagle Swimmi	56.50
3	Bradley Dunham	00	SwimAtlanta/UGA	56.48
4	Ethan Beach	99	Quest Swimming/UF	56.48
5	Hayden Cornellison	99	Team Rebel Aquat/UNLV	56.48
6	Dakota Mahaffey	98	Bolles School Sh/UF	56.48
7	*Colin McDermott	98	Ohio State Unive	56.51
8	Tim Gallagher	01	Poulsbo Piranha	56.53

Heat 7 of 13 Prelims

1	Glen Cowand	98	Katy Aquatic Tea	56.43
2	Kyle Robrock	93	Univ of Denver H	56.30
3	Keegan Walsh	00	SwimAtlanta/UGA	56.28
4	Coley Sullivan	97	Colorado Stars/Brown Unive	56.21
5	Ian Grum	01	Dynamo Swim Club	56.22
6	*Meguru Hotta	97	Phoenix Swim Clu	56.30
7	Christian Ginieccki	98	War Eagle Swimmi	56.36
8	Harrison Lierz	02	Elevation Athlet	56.47



2019 Phillips 66 National Champs - 7/31/2019 to 8/4/2019

Meet Program - Saturday Heats

Heat 8 Prelims (#25 Men 100 LC Meter Backstroke)

1	Mitchell Whyte	00	Univ Louisville	56.17
2	Connor Blandford	98	Kentucky Aquatic/MOR	56.13
3	Rob Zofchak	97	Univ. Of Michiga/Club Wolv	56.05
4	Thomas Hamlet	01	Enfinity Aquatic	55.96
5	*Perry Gardner	97	U. of Stirling	56.04
6	*JACK CARR	01	Vic-NSW	56.11
7	Hunter Tapp	01	Lakeside Swim Te	56.14
8	*SHAYE BOOTH	00	Vic-NSW	56.17

Heat 9 of 13 Prelims

1	Jack Wever	99	Univ Louisville	55.95
2	Cooper Wozencraft	98	Cavalier Swimmin/Virginia	55.86
3	Matthew Klotz	96	Tiger Aquatics/LSU	55.78
4	*Johannes Calloni	00	Alto Swim Club	55.77
5	*Keanan Dols	98	Gator Swim Club	55.78
6	*Lewis Blackburn	00	Vic-NSW	55.86
7	Adam Chaney	02	Mason Manta Rays	55.89
8	Daniel Hein	98	U. of Missouri	55.96

Heat 10 of 13 Prelims

1	Matthew Novinski	99	Wisconsin Aquati	55.66
2	Peter Larson	01	Edina Swim Club	55.55
3	Max St. George	97	Fox Valley Swim	55.45
4	Carson Foster	01	Mason Manta Rays	55.37
5	John Shebat	97	New York Athleti	55.41
6	Destin Lasco	01	Salvation Army K	55.52
7	*Andrew Rice	98	Vic-NSW	55.61
8	Alex Boratto	99	Alto Swim Club	55.68

Heat 11 of 13 Prelims

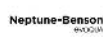
1	Douglas Nogueira	97	Gaucho Aquatics/ROSE-CA	55.22
2	Will Grant	01	Heart of Texas A	55.02
3	*Cam Tysoe	96	Wisconsin Aquati	54.68
4	Austin Katz	99	Longhorn Aquatic/Texas	54.06
5	Nicolas Albiero	99	Univ Louisville/CARD	54.43
6	Ryan Lochte	84	Gator Swim Club	54.75
7	Bryce Bohman	90	Pulling Water, L	55.06
8	Jacob Steele	99	Indiana Universi	55.27

Heat 12 of 13 Prelims

1	Josh Artmann	98	Austin Swim Club/UT	55.22
2	Hennessey Stuart	95	Wolfpack Elite/NC State	54.99
3	*Stanislas Huille	99	France	54.62
4	Bryce Mefford	98	California Aquat	53.84
5	*Brodie Williams	99	Millfield	54.23
6	Chris Staka	98	Aptos Cabrillo S	54.73
7	Clark Beach	99	Quest Swimming/UF	55.04
8	Zachary Poti	98	Sun Devil Swimmi	55.26

Heat 13 of 13 Prelims

1	Ryan Gridley	99	NASA Wildcat Aqu	55.17
2	Matthew Garcia	98	Tennessee Aquati	54.93
3	Shaine Casas	99	Aggie Swim Club/Texas A&M	54.51
4	*Yohann Ndoeye Brouard	00	France	53.80
5	Dean Farris	97	Harvard Swimming	54.21
6	Joey Reilman	97	Tennessee Aquati	54.68
7	*Craig McNally	92	Scotland	55.04
8	Wyatt Davis	01	Carmel Swim Club	55.25



2019 Phillips 66 National Championships

Wednesday, July 31 - Sunday, August 4

Avery Aquatic Center, Stanford, CA

Saturday Finals

Event	Start
Competition Pool Clears	4:45 PM
National Anthem	4:50 PM
18 & Under Awards	4:52 PM
20 Women 400 Freestyle	B Final 5:00 PM A Final 5:06 PM
21 Men 400 Freestyle	B Final 5:16 PM A Final 5:22 PM
400 Freestyle Awards	5:32 PM
22 Women 100 Breaststroke	B Final 5:38 PM A Final 5:42 PM
23 Men 100 Breaststroke	B Final 5:48 PM A Final 5:52 PM
100 Breaststroke Awards	5:58 PM
24 Women 100 Backstroke	B Final 6:04 PM A Final 6:08 PM
25 Men 100 Backstroke	B Final 6:14 PM A Final 6:18 PM
100 Backstroke Awards	6:24 PM
10 Minute Break	
26 Men 4x200 Freestyle Relay	Second Fastest Heat 6:40 PM Fastest Heat 6:49 PM One Remaining Heat 6:57 PM 4x200 Freestyle Relay Awards 7:06 PM
20 Women 400 Freestyle	C Final 7:09 PM D Final 7:14 PM
21 Men 400 Freestyle	C Final 7:19 PM D Final 7:24 PM
22 Women 100 Breaststroke	C Final 7:28 PM D Final 7:30 PM
23 Men 100 Breaststroke	C Final 7:32 PM D Final 7:34 PM
24 Women 100 Backstroke	C Final 7:35 PM D Final 7:37 PM
25 Men 100 Backstroke	C Final 7:39 PM D Final 7:41 PM
End of Session	7:43 PM

* Tonight's Relay Cards are due by 5:30 PM *

** Scratches for Sunday Prelims are due by 5:30 PM **

