

2019 Phillips 66 National Championships

Wednesday, July 31 - Sunday, August 4

Avery Aquatic Center, Stanford, CA

Saturday Finals

Event	Start
Competition Pool Clears	4:45 PM
National Anthem	4:50 PM
18 & Under Awards	4:52 PM
20 Women 400 Freestyle	B Final 5:00 PM A Final 5:06 PM
21 Men 400 Freestyle	B Final 5:16 PM A Final 5:22 PM
400 Freestyle Awards	5:32 PM
22 Women 100 Breaststroke	B Final 5:38 PM A Final 5:42 PM
23 Men 100 Breaststroke	B Final 5:48 PM A Final 5:52 PM
100 Breaststroke Awards	5:58 PM
24 Women 100 Backstroke	B Final 6:04 PM A Final 6:08 PM
25 Men 100 Backstroke	B Final 6:14 PM A Final 6:18 PM
100 Backstroke Awards	6:24 PM
10 Minute Break	
26 Men 4x200 Freestyle Relay	Second Fastest Heat 6:40 PM Fastest Heat 6:49 PM One Remaining Heat 6:57 PM 4x200 Freestyle Relay Awards 7:06 PM
20 Women 400 Freestyle	C Final 7:09 PM D Final 7:14 PM
21 Men 400 Freestyle	C Final 7:19 PM D Final 7:24 PM
22 Women 100 Breaststroke	C Final 7:28 PM D Final 7:30 PM
23 Men 100 Breaststroke	C Final 7:32 PM D Final 7:34 PM
24 Women 100 Backstroke	C Final 7:35 PM D Final 7:37 PM
25 Men 100 Backstroke	C Final 7:39 PM D Final 7:41 PM
End of Session	7:43 PM

* Tonight's Relay Cards are due by 5:30 PM *

** Scratches for Sunday Prelims are due by 5:30 PM **



2019 Phillips 66 National Champs - 7/31/2019 to 8/4/2019

Meet Program - Saturday Finals

Event 20 Women 400 LC Meter Freestyle

World: 3:56.46 8/7/2016 Katie Ledecky
 American: 3:56.46 8/7/2016 Katie Ledecky
 U.S. Open: 3:57.94 5/17/2018 Katie Ledecky
 Jr World: 3:58.37 8/23/2014 Katie Ledecky
 LC Nationals: 3:58.44 6/30/2017 Katie Ledecky
 Trial Cut: 4:16.89

Lane Name Age Team Prelims

Heat 1 B - Final

1 Kendall Dawson	22	Sun Devil Swimmi	4:13.29
2 Emily Hetzer	19	War Eagle Swimmi	4:12.73
3 Rachel Stege	16	Fox Valley Swim	4:12.19
4 Ashley Twichell	30	TAC Titans	4:11.94
5 Emma Weyant	17	Sarasota Sharks	4:12.15
6 Paige Madden	20	City of Mobile/Virginia	4:12.54
7 Geena Freriks	22	Kentucky Aquatic	4:13.15
8 Madelyn Donohoe	17	The Fish	4:13.71

Heat 2 A - Final

1 Allison Schmitt	29	Sun Devil Swimmi	4:11.09
2 Lauren Pitzer	20	Alto Swim Club	4:10.58
3 Sierra Schmidt	21	Univ. Of Michiga	4:10.10
4 Ally McHugh	22	Wisconsin Aquati	4:09.85
5 Cierra Runge	23	Sun Devil Swimmi	4:09.94
6 Claire Tuggle	15	Clovis Swim Club	4:10.37
7 Haley Anderson	27	Trojan Swim Club	4:10.64
8 Kensey McMahon	19	Univ Alabama Swi	4:11.29

Event 21 Men 400 LC Meter Freestyle

World: 3:40.07 7/26/2009 Paul Biederman
 American: 3:42.78 8/10/2008 Larsen Jensen
 U.S. Open: 3:43.53 6/29/2008 Larsen Jensen
 Jr World: 3:44.60 4/1/2014 Mack Horton
 LC Nationals: 3:43.53 6/29/2008 Larson Jensen
 Trial Cut: 3:57.29

Lane Name Age Team Prelims

Heat 1 B - Final

1 Dare Rose	16	Scarlet Aquatics	3:52.67
2 Mikey Calvillo	18	Indiana Universi	3:52.15
3 Jake Magahey	17	SwimAtlanta	3:51.62
4 Trey Freeman	19	Baylor Swim Club/UF	3:51.23
5 Walker Higgins	22	Tennessee Aquati	3:51.54
6 *Johannes Calloni	19	Alto Swim Club	3:51.84
7 *Stephen Milne	25	Scotland	3:52.24
8 Kevin Miller	21	Athens Bulldog S/Georgia	3:52.67

Heat 2 A - Final

1 Bobby Finke	19	Saint Petersburg	3:50.76
2 Patrick Callan	19	Unattached/Trident Aquatics	3:50.46
3 Mitch D'Arrigo	24	Gator Swim Club	3:49.67
4 Eric Knowles	20	Wolfpack Elite/NC State	3:49.41
5 *Elijah Winnington	19	Australia	3:49.63
6 Trenton Julian	20	Rose Bowl Aquati	3:50.43
7 Jake Mitchell	17	Carmel Swim Club	3:50.63
8 Zach Yeadon	20	Irish Aquatics	3:51.16

Event 22 Women 100 LC Meter Breaststroke

World: 1:04.13 7/25/2017 Lilly King
 American: 1:04.13 7/25/2017 Lilly King
 U.S. Open: 1:04.45 8/7/2009 Jessica Hardy
 Jr World: 1:05.39 8/20/2014 Ruta Meilutyte
 LC Nationals: 1:04.95 6/30/2017 Lilly King
 Trial Cut: 1:10.99

Lane Name Age Team Prelims

Heat 1 B - Final

1 *Jenna Strauch	22	Vic-NSW	1:09.46
2 Marie-claire Schillinger	22	Rice Aquatics	1:09.32
3 Abby Arens	17	Marlins of Raleigh	1:09.02
4 Kate Douglass	17	Chelsea Piers Aq	1:08.67
5 Sophie Angus	20	NASA Wildcat Aqu	1:09.01
6 Lindsey Kozelsky	21	Univ Minnesota	1:09.11
7 Morgan Friesen	20	Univ Louisville	1:09.37
8 Lydia Jacoby	15	Seward Tsunami S	1:09.62

Heat 2 A - Final

1 Madisyn Cox	24	Longhorn Aquatic	1:08.40
2 Emily Weiss	18	Indiana Universi	1:08.11
3 Miranda Tucker	22	Univ. Of Michiga	1:07.94
4 Breeja Larson	27	New York Athleti	1:07.04
5 Zoie Hartman	18	Crow Canyon Coun	1:07.67
6 Kaitlyn Dobler	17	The Dolphins Por	1:08.07
7 Ellie Andrews	16	Dublin Community	1:08.12
8 Nikol Popov	20	Tennessee Aquati	1:08.43



2019 Phillips 66 National Champs - 7/31/2019 to 8/4/2019

Meet Program - Saturday Finals

Event 23 Men 100 LC Meter Breaststroke

World: 56.88 7/21/2019 Adam Peaty
American: 58.64 7/23/2017 Kevin Cordes
U.S. Open: 58.74 6/30/2017 Kevin Cordes
Jr World: 59.01 8/23/2017 Nicolo Martinenghi
LC Nationals: 58.74 6/30/2017 Kevin Cordes
Trial Cut: 1:03.29

Lane Name	Age	Team	Prelims
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Heat 1 B - Final

1 Zane Backes	20	Indiana Universi	1:01.45
2 Jonathan Tybur	23	Aggie Swim Club	1:01.43
3 Brandon Fischer	30	Livermore Aqua C	1:01.11
4 Charlie Scheinfeld	19	Longhorn Aquatic/Texas	1:00.93
5 Ian Finnerty	22	Una MVN	1:00.96
6 Keefer Barnum	20	Lakeside Swim Te/Virginia	1:01.36
7 Joshua Matheny	16	Team Pittsburgh	1:01.44
8 Jeremy Babinet	22	Univ. Of Michiga/PASA	1:01.54

Heat 2 A - Final

1 *Caspar Corbeau	18	Tualatin Hills S	1:00.87
2 *Daniel Cave	20	Australia	1:00.70
3 *Theo Bussiere	24	France	1:00.40
4 *Craig Benson	25	U. of Stirling	1:00.18
5 Reece Whitley	19	California Aquat	1:00.25
6 Devon Nowicki	21	Michigan Lakesho	1:00.67
7 *Samuel Williamson	21	Vic-NSW	1:00.72
8 Trent Pellini	20	Boilermaker Aqua	1:00.88

Event 24 Women 100 LC Meter Backstroke

World: 57.57 7/28/2019 Regan Smith
American: 57.57 7/28/2019 Regan Smith
U.S. Open: 58.00 7/28/2018 Kathleen Baker
Jr World: 57.57 7/28/2019 Regan Smith
LC Nationals: 58.00 7/28/2018 Kathleen Baker
Trial Cut: 1:02.69

Lane Name	Age	Team	Prelims
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Heat 1 B - Final

1 Beata Nelson	20	Wisconsin Aquati	1:01.54
2 Tristen Ulett	17	Dynamo Swim Club	1:01.48
3 Catie DeLoof	22	Una TE/Team Elite	1:01.37
4 Alexandra Crisera	18	Beach Cities Swi	1:01.06
5 Asia Seidt	21	Kentucky Aquatic	1:01.16
6 Gretchen Walsh	16	Nashville Aquati	1:01.38
7 Sophie Sorenson	19	Kentucky Aquatic	1:01.54
8 Janelle Rudolph	17	PRO Swimming	1:01.65

Heat 2 A - Final

1 Caitlin Brooks	18	Gator Swim Club/KYA	1:00.96
2 Annabel Crush	16	Lakeside Swim Te	1:00.74
3 Erika Brown	20	Tennessee Aquati	1:00.64
4 Amy Bilquist	21	Scottsdale Aquat	1:00.13
5 Claire Curzan	15	TAC Titans	1:00.44
6 Lucie Nordmann	19	Alto Swim Club	1:00.67
7 Isabel Ivey	18	California Aquat	1:00.87
8 Kylee Alons	19	Wolfpack Elite/NC State	1:01.03

Event 25 Men 100 LC Meter Backstroke

World: 51.85 8/13/2016 Ryan Murphy
American: 51.85 8/13/2016 Ryan Murphy
U.S. Open: 51.94 7/8/2009 Aaron Peirsol
Jr World: 52.53 8/6/2018 Kliment Kolesnikov
LC Nationals: 51.94 7/8/2009 Aaron Peirsol
Trial Cut: 56.59

Lane Name	Age	Team	Prelims
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Heat 1 B - Final

1 Chris Staka	21	Aptos Cabrillo S	55.19
2 *Brodie Williams	20	Millfield	55.03
3 Adam Chaney	17	Mason Manta Rays	54.96
4 Will Grant	18	Heart of Texas A	54.94
5 Zachary Poti	20	Sun Devil Swimmi	54.94
6 Dean Farris	21	Harvard Swimming	55.00
7 Joey Reilman	22	Tennessee Aquati	55.08
8 *Stanislas Huille	20	France	55.29

Heat 2 A - Final

1 Bryce Mefford	20	California Aquat	54.84
2 Matthew Klotz	23	Tiger Aquatics/LSU	54.79
3 Clark Beach	20	Quest Swimming/UF	54.69
4 Shaine Casas	19	Aggie Swim Club/Texas A&M	54.72
5 *Yohann Ndoye Brouard	18	France	54.62
6 Wyatt Davis	17	Carmel Swim Club	54.73
7 Nicolas Albiero	20	Univ Louisville/CARD	54.82
8 *Craig McNally	26	Scotland	54.86



2019 Phillips 66 National Champs - 7/31/2019 to 8/4/2019

Meet Program - Saturday Finals

Event 26 Men 4x200 LC Meter Freestyle Relay

World: 6:58.55 7/31/2009 USA World Championship Team

M Phelps, R Berens, D Walters, R Lochte

American: 6:58.55 7/31/2009 USA World Championship Team

M Phelps, R Berens, D Walters, R Lochte

U.S. Open: 7:03.84 8/20/2010 USA Pan Pacific Team

M Phelps, P Vanderkaay, R Berens, R Lochte

Jr World: 7:10.95 8/26/2017 Hungary

R Marton, K Milak, B Hollo, N Nemeth

LC Nationals: 7:12.35 8/5/2005 Club Wolverine

J Olsen, P Robinson, A Werth, D Gjertsen

Lane	Team	Relay	Seed Time
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Heat 1 of 3 Finals

1	Elevation Athlet	A	7:38.63
2	Univ of Denver H	A	7:37.31
3	Irish Aquatics	A	7:34.91
4	Pleasanton Seaha	A	7:32.25
5	Indiana Universi	A	7:32.83
6	Clovis Swim Club	A	7:37.09
7	Vic-NSW	B	7:38.40
8	Michigan Lakesho	A	7:38.97

Heat 2 of 3 Finals

1	Tennessee Aquati	A	7:31.29
2	Wisconsin Aquati	A	7:28.49
3	Ohio State Unive	A	7:19.82
4	Australia	A	7:07.39
5	Alto Swim Club	A	7:16.31
6	Aggie Swim Club	A	7:22.35
7	Vic-NSW	A	7:31.13
8	SwimAtlanta	A	7:31.79

Heat 3 of 3 Finals

3	Bluefish Swim Cl	A	7:39.61
4	Pleasanton Seaha	B	7:39.87
5	Ravenswood	A	7:42.32

Event 20 Women 400 LC Meter Freestyle

World: 3:56.46 8/7/2016 Katie Ledecky

American: 3:56.46 8/7/2016 Katie Ledecky

U.S. Open: 3:57.94 5/17/2018 Katie Ledecky

Jr World: 3:58.37 8/23/2014 Katie Ledecky

LC Nationals: 3:58.44 6/30/2017 Katie Ledecky

Trial Cut: 4:16.89

Lane Name	Age	Team	Prelims
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Heat 3 C - Final

1	Miranda Heckman	18	Pleasanton Seaha	4:15.23
2	Paige McKenna	16	Nation's Capital	4:15.01
3	Erica Laning	20	Sun Devil Swimmi	4:14.44
4	Chase Travis	17	Nation's Capital	4:13.88
5	Taylor Ault	20	La Mirada Armada	4:14.18
6	Cassy Jernberg	21	Schroeder YMCA S	4:14.86
7	Morgan Tankersley	20	Alto Swim Club	4:15.13
8	Kathleen Golding	18	South Florida Aq/FLORIDA	4:15.31

Alternates

1	Olivia McMurray	16	Swim Florida	4:16.31
2	*Sophie Cattermole	22	Univ Louisville	4:16.39

Heat 4 D - Final

1	Katie Crom	15	Mission Viejo Na	4:20.34
2	Abigail McCulloh	16	SwimAtlanta	4:17.66
3	Isabel Gormley	17	Asphalt Green Un	4:17.16
4	Olivia McMurray	16	Swim Florida	4:16.31
5	Ashley Strouse	16	Scottsdale Aquat	4:16.86
6	Kaitlynn Sims	18	Magnolia Aquatic	4:17.55
7	Michaela Mattes	14	Sarasota Sharks	4:19.84
8	Mia Abruzzo	16	Plymouth Whitema	4:20.53

Alternates

1	Ryley Ober	18	Sarasota Tsunami	4:20.82
2	Lauryn Johnson	18	Long Island Aqua	4:21.11



2019 Phillips 66 National Champs - 7/31/2019 to 8/4/2019

Meet Program - Saturday Finals

Event 21 Men 400 LC Meter Freestyle

World: 3:40.07 7/26/2009 Paul Biederman
 American: 3:42.78 8/10/2008 Larsen Jensen
 U.S. Open: 3:43.53 6/29/2008 Larsen Jensen
 Jr World: 3:44.60 4/1/2014 Mack Horton
 LC Nationals: 3:43.53 6/29/2008 Larson Jensen
 Trial Cut: 3:57.29

Lane Name	Age	Team	Prelims
Heat 3 C - Final			
1 Ross Dant	18	Hickory Foundati	3:53.91
2 Brooks Fail	20	Tucson Ford Deal	3:53.60
3 Hank Siefert	20	Kentucky Aquatic	3:53.25
4 Will Roberts	20	Univ. Of Michiga	3:53.00
5 *Joris Bouchaut	24	France	3:53.14
6 Reed Malone	24	NASA Wildcat Aqu	3:53.28
7 Michael Brinegar	19	Mission Viejo Na	3:53.74
8 Kevin Litherland	23	Dynamo Swim Club	3:54.30

Alternates

1 Liam Bresette	20	Sun Devil Swimmi	3:54.42
2 Jeff Newkirk	22	Longhorn Aquatic	3:54.73

Heat 4 D - Final

1 Michael Petrides	18	Kamehameha Swim	3:56.95
2 Colton Paulson	18	Univ Louisville/RedBird	3:56.40
3 Ivan Puskovitch	18	Episcopal Academ	3:55.67
4 Coby Carrozza	18	Longhorn Aquatic	3:54.91
5 Julian Hill	18	Gator Swim Club	3:55.04
6 Will Gallant	18	West Hartford Aq	3:56.06
7 Calvin David	18	Pleasanton Seaha	3:56.70
8 Jack Wright	18	Allegheny North	3:56.97

Alternates

1 Zach Kohm	17	Una PWAC	3:57.59
2 Jacob McDonald	17	Mason Manta Rays	3:57.75

Event 22 Women 100 LC Meter Breaststroke

World: 1:04.13 7/25/2017 Lilly King
 American: 1:04.13 7/25/2017 Lilly King
 U.S. Open: 1:04.45 8/7/2009 Jessica Hardy
 Jr World: 1:05.39 8/20/2014 Ruta Meilutyte
 LC Nationals: 1:04.95 6/30/2017 Lilly King
 Trial Cut: 1:10.99

Lane Name	Age	Team	Prelims
Heat 3 C - Final (#22 Women 100 LC Meter Breaststroke)			
1 Vanessa Pearl	19	Metroplex Aquati	1:09.89
2 Danielle Herrmann	32	Clovis Swim Club	1:09.87
3 Kaylee Wheeler	18	Univ Louisville/Cardinal	1:09.81
4 Jacki Schoening	21	Towson Universit/YOTA	1:09.71
5 Rachel Bernhardt	24	Gamecock Aquatic	1:09.80
6 Olivia Anderson	22	Longhorn Aquatic/Texas	1:09.82
7 Mallory Korenwinder	21	Tucson Ford Deal	1:09.89
8 Isabelle Odgers	18	Irvine Novaquati	1:09.90

Alternates

1 Cecilia Porter	17	Baylor Swim Club	1:09.94
2 Anna Keating	16	Machine Aquatics	1:09.94

Heat 4 D - Final

1 Ella Nelson	18	Nashville Aquati	1:11.07
2 Janessa Mathews	18	Ohio State Swim	1:10.61
3 Sophia Zhang	17	Asphalt Green Un	1:10.17
4 Anna Keating	16	Machine Aquatics	1:09.94
5 Cecilia Porter	17	Baylor Swim Club	1:09.94
6 Kylie Powers	18	Aggie Swim Club/TAMU	1:10.47
7 Ashley McCauley	18	Marlins of Raleigh	1:11.03
8 Gillian Davey	17	Central Iowa Aqu/KYA	1:11.15

Alternates

1 Hannah Bach	18	Cleveland Swim I	1:11.19
2 Claire Donan	17	Lakeside Swim Te	1:11.92



2019 Phillips 66 National Champs - 7/31/2019 to 8/4/2019

Meet Program - Saturday Finals

Event 23 Men 100 LC Meter Breaststroke

World: 56.88 7/21/2019 Adam Peaty
 American: 58.64 7/23/2017 Kevin Cordes
 U.S. Open: 58.74 6/30/2017 Kevin Cordes
 Jr World: 59.01 8/23/2017 Nicolo Martinenghi
 LC Nationals: 58.74 6/30/2017 Kevin Cordes
 Trial Cut: 1:03.29

Lane Name	Age	Team	Prelims
Heat 3 C - Final			
1 Derek Maas	18	Michigan Lakesho/Rooki	1:01.99
2 Kevin Houseman	18	Bainbridge Islan	1:01.73
3 Ben Cono	22	Una GAME	1:01.61
4 Tommy Cope	21	Univ. Of Michiga/DR	1:01.54
5 Evan McFadden	20	Ohio State Unive	1:01.59
6 Daniel Roy	19	Alto Swim Club	1:01.61
7 *Nicholas Quinn	26	Edinburgh Univ.	1:01.77
8 *LOUIS TOWNSEND	21	Australia	1:02.07

Alternates

1 Jason Mathews 20 Ohio State Unive 1:02.20
 2 Hank Poppe 20 Alto Swim Club 1:02.22

Heat 4 D - Final

1 Dylan Rhee 17 Asphalt Green Un 1:03.47
 2 Jason Louser 18 Long Island Aqua 1:03.31
 3 Tyler Babinec 18 Mason Manta Rays 1:02.83
 4 Jake Foster 18 Mason Manta Rays 1:02.55
 5 Maxwell Reich 17 Phoenix Swimming 1:02.80
 6 Dillon Hillis 18 Bolles School Sh/UF 1:03.29
 7 Forrest Frazier 17 Eastern Iowa Swi 1:03.39
 8 Ben Dillard 17 Sierra Marlins S 1:03.50

Alternates

1 Paul Degrado 17 Episcopal Amberj 1:03.68
 2 David Abrahams 18 Radnor Aquatic C 1:03.76

Event 24 Women 100 LC Meter Backstroke

World: 57.57 7/28/2019 Regan Smith
 American: 57.57 7/28/2019 Regan Smith
 U.S. Open: 58.00 7/28/2018 Kathleen Baker
 Jr World: 57.57 7/28/2019 Regan Smith
 LC Nationals: 58.00 7/28/2018 Kathleen Baker
 Trial Cut: 1:02.69

Lane Name	Age	Team	Prelims
Heat 3 C - Final			
1 Sherridon Dressel	21	Gator Swim Club/FLORIDA	1:01.99
2 Bridgette Alexander	23	Kentucky Aquatic	1:01.95
3 Alyssa Marsh	21	Una TE/Duke	1:01.91
4 Rye Ulett	14	Dynamo Swim Club	1:01.81
5 Amy Tang	16	Unattached	1:01.84
6 Claire Adams	21	Carmel Swim Club/Texas	1:01.92
7 Rhyan White	19	Univ Alabama Swi	1:01.95
8 Linnea Mack	23	Osprey Aquatics	1:02.06

Alternates

1 Kaitlin Harty 21 Una TNAQ 1:02.12
 2 Mara Newman 19 Lake Oswego Swim 1:02.12

Heat 4 D - Final

1 Talia Bates 18 Gator Swim Club 1:03.00
 2 Emma Atkinson 17 Germantown Acade 1:02.55
 3 Julia Cook 18 Longhorn Aquatic/Texas 1:02.29
 4 Caroline Bentz 16 Nation's Capital 1:02.16
 5 Ellie Waldrep 16 Baylor Swim Club 1:02.26
 6 Natalie Mannion 15 Commonwealth Swi 1:02.43
 7 Tea Laughlin 17 Buenaventura Swi 1:02.97
 8 Mia Chang 16 Bellevue Club Sw 1:03.02

Alternates

1 Noelle Kaufmann 17 Badger Swim Club 1:03.10
 2 Kobie Melton 18 Univ Arkansas Sw 1:03.13



2019 Phillips 66 National Champs - 7/31/2019 to 8/4/2019**Meet Program - Saturday Finals****Event 25 Men 100 LC Meter Backstroke**

World:	51.85	8/13/2016	Ryan Murphy
American:	51.85	8/13/2016	Ryan Murphy
U.S. Open:	51.94	7/8/2009	Aaron Peirsol
Jr World:	52.53	8/6/2018	Kliment Kolesnikov
LC Nationals:	51.94	7/8/2009	Aaron Peirsol
Trial Cut:	56.59		

Lane Name Age Team Prelims**Heat 3 C - Final (#25 Men 100 LC Meter Backstroke)**

1	Brendan Burns	18	Upper Main Line	55.51
2	Mitchell Whyte	19	Univ Louisville	55.44
3	*Cam Tysoe	23	Wisconsin Aquati	55.35
4	Josh Artmann	20	Austin Swim Club/UT	55.29
5	Hunter Armstrong	18	Canton City Scho	55.33
6	Ian Grum	18	Dynamo Swim Club	55.38
7	Patrick Conaton	23	Badger Swim Club/STAN	55.50
8	Jacob Steele	20	Indiana Universi	55.52

Alternates

1	Hennessey Stuart	24	Wolfpack Elite	55.56
2	David Crossland	21	War Eagle Swimmi	55.60

Heat 4 D - Final

1	Hunter Tapp	18	Lakeside Swim Te	56.51
2	Sean Conway	18	Nation's Capital	56.18
3	Harrison Lierz	17	Elevation Athlet	56.08
4	Peter Larson	18	Edina Swim Club	56.61
5	Destin Lasco	17	Salvation Army K	56.01
6	Jack Dolan	18	Rockwood Swim Cl	56.13
7	Josh Zuchowski	15	Flood Aquatics S/King's A	56.48
8	Thomas Hamlet	18	Enfinity Aquatic	56.60

Alternates

1	Anthony Grimm	16	Mason Makos Swim	56.62
2	Jack Alexy	16	Somerset Hills Y	56.78



2019 Phillips 66 National Championships

Wednesday, July 31 - Sunday, August 4

Avery Aquatic Center, Stanford, CA

Estimated Pre-Scratch Prelims Timeline And Finals Summary

Wednesday, July 31

Event		Heats	Start
1	W 200 Fly	9	9:00 AM
2	M 200 Fly	9	9:26 AM
3	W 100 Free	11	9:50 AM
4	M 100 Free	11	10:08 AM
End of Session			10:24 AM

Distance Heats

5	W 800 Free	4	2:17 PM
6	M 1500 Free	4	2:26 PM
End of Session			4:00 PM

Thursday, August 1

Event		Heats	Start
8	W 200 Free	10	9:00 AM
9	M 200 Free	14	9:27 AM
10	W 200 Breast	8	10:04 AM
11	M 200 Breast	9	10:31 AM
12	W 200 Back	11	10:58 AM
13	M 200 Back	11	11:34 AM
End of Session			12:07 PM

Friday, August 2

Event		Heats	Start
15	W 400 IM	10	9:00 AM
16	M 400 IM	9	9:56 AM
17	W 100 Fly	14	10:43 AM
18	M 100 Fly	11	11:07 AM
End of Session			11:24 AM

Saturday, August 3

Event		Heats	Start
20	W 400 Free	8	9:00 AM
21	M 400 Free	10	9:40 AM
22	W 100 Breast	10	10:27 AM
23	M 100 Breast	10	10:47 AM
24	W 100 Back	14	11:05 AM
25	M 100 Back	13	11:34 AM
End of Session			11:58 AM

Sunday, August 4

Event		Heats	Start
28	W 200 IM	15	9:00 AM
29	M 200 IM	13	9:45 AM
31	W 50 Free	10	10:22 AM
32	M 50 Free	13	10:34 AM
End of Session			10:47 AM

Distance Heats

30	M 800 Free	6	1:54 PM
27	W 1500 Free	4	2:03 PM
End of Session			4:00 PM

Finals Summary

Event		Start
1-6	Wednesday B/A Finals	5:00 PM
7	M 4x100 Free Relay	6:48 PM
1-4	Wednesday C/D Finals	7:04 PM
End of Session		7:21 PM
8-13	Thursday B/A Finals	5:00 PM
14	W 4x100 Free Relay	6:41 PM
8-13	Thursday C/D Finals	6:59 PM
End of Session		7:33 PM
15-18	Friday B/A Finals	5:00 PM
19	W 4x200 Free Relay	6:16 PM
15-18	Friday C/D Finals	6:38 PM
End of Session		7:06 PM
20-25	Saturday B/A Finals	5:00 PM
26	M 4x200 Free Relay	6:40 PM
20-25	Saturday C/D Finals	7:09 PM
End of Session		7:43 PM
27-32	Sunday B/A Finals	4:50 PM
33-34	W/M 400 Medley Relay	6:45 PM
28-32	Sunday C/D Finals	7:28 PM
End of Session		8:00 PM

