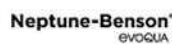


2019 Speedo Junior National Championships
Avery Aquatic Center Stanford, CA
Wednesday, August 7, 2019

		<u>No. of Heats</u>	<u>Est. Start Time</u>
Event #7	Women's 200 Meter Backstroke	13	9:00 AM
Event #8	Men's 200 Meter Backstroke	13	9:40 AM
Event #9	Women's 100 Meter Freestyle	13	10:18 AM
Event #10	Men's 100 Meter Freestyle	11	10:38 AM
Event #11	Women's 400 Meter Individual Medley	5	10:54 AM
Event #12	Men's 400 Meter Individual Medley	5	11:23 AM
	End of A Session		11:50 AM
Event #11	W/M 400IM B Flights		
		12	11:51 AM
	Swum fast to slow alternating W/M		
	End of B Flight Session		12:57 PM

Relays will be timed finals with all heats swum in the evening session.



2019 Speedo Junior National Championships - 8/6/2019 to 8/10/2019

Meet Program - Wednesday Heats

Event 7 Women 200 LC Meter Backstroke

Jr World: 2:03.35 7/21/2019 **Regan Smith**
Meet: 2:09.04 8/6/2013 **Kylie Stewart**
Trial Cut: 2:14.69

Lane	Name	Age	Team	Seed Time
Heat 1 of 13 Prelims				
3	Colleen Duffy	16	Carmel Swim Club	2:01.24 Y B
4	Mai McKenna	18	Osprey Aquatics	2:00.60 Y B
5	Berit Berglund	14	Carmel Swim Club	2:01.17 Y B
6	Annie Galvin	16	Ames Cyclone Aqu	2:01.24 Y B
Heat 2 of 13 Prelims				
1	Molly Blanchard	15	Poseidon Swimmin	2:00.54 Y B
2	Ellie Vannote	17	SwimMAC Carolina	1:59.45 Y B
3	Isabella Pantano	17	Greater Omaha Aq	1:58.52 Y B
4	Riley Hendrix	17	Dynamo Swim Club	2:20.53 L B
5	Samantha Nickell	17	Riverside Aquati	2:20.68 L B
6	Quinn Murphy	16	Phoenix Swim Clu	1:59.14 Y B
7	Madeline Meredith	15	Lakeside Swim Te	2:00.32 Y B
8	Kacey McKenna	15	North Baltimore	2:00.59 Y B
Heat 3 of 13 Prelims				
1	Julia Podkoscielny	14	Pine Crest Swimm	2:20.32 L B
2	Aurora Roghair	16	Iowa Flyers Swim	2:20.18 L B
3	Summer Stanfield	18	Loggerhead Aquat	2:19.87 L B
4	Tatum Wall	15	Nation's Capital	2:19.70 L B
5	Berit Quass	17	Greater Des Moin	2:19.86 L B
6	Sadie Runeman	16	Una Tsla/TXLA	2:20.10 L B
7	Sydney Silver	17	Univ of Denver H	2:20.31 L B
8	Lizzie Danforth	17	Nova of Virginia	2:20.46 L B
Heat 4 of 13 Prelims				
1	Rachel Butler	18	Cottonwood Heigh	2:19.47 L B
2	Grayson Payne	17	McCallie / Gps A	2:19.30 L B
3	Shannon Bagnol	16	Nitro Swimming	2:18.69 L B
4	Megan Deuel	16	Pack Swim Team o/PACK	2:18.67 L B
5	Grace Frericks	15	Black Hawk Area	2:18.67 L B
6	Jodi Ogle	18	Y-Spartaquatics	2:19.19 L B
7	Elle Caldwell	17	Tide Swimming	2:19.32 L B
8	Madeline Menkhaus	15	SwimMAC Carolina	2:19.55 L B
Heat 5 of 13 Prelims				
1	Kensley Merritt	17	SwimMAC Carolina	1:57.67 Y
2	Brynna Wolfe	18	Mason Manta Rays	1:57.62 Y
3	Isabella Korbly	16	Patriot Swim Clu	2:18.29
4	Mabel Koff	14	North Baltimore	2:18.22
5	Vicky Gong	18	Mission Viejo Na	2:18.27
6	Tristen Ulett	17	Dynamo Swim Club	1:54.46 Y
7	Katie Broderick	17	Dowling Catholic	1:57.66 Y
8	Emily Trieu	18	Brea Aquatics	2:18.64 L B

Heat 6 of 13 Prelims

1	Danielle Carter	18	Palo Alto Stanfo	2:18.17
2	Abby Reardon	16	Tide Swimming	2:18.11
3	Kirsti McEnroe	15	Y-Spartaquatics	2:18.04
4	Josephine Fuller	16	Nova of Virginia	2:17.95
5	Riley Trout	16	York YMCA	2:17.95
6	Anna Brooker	17	North Coast Aqua	2:18.09
7	Julia Heimstead	17	Waves Bloominto	2:18.13
8	Amaya Hanley	16	SwimMAC Carolina	2:18.19

Heat 7 of 13 Prelims

1	Abigail Ahrens	17	Blue Tide Aquati	2:17.91
2	Katie Phelps	16	Aquajets Swim Te	2:17.70
3	Molly Hamlin	16	Crimson Aquatics	2:17.63
4	Clara Williams	15	Clearwater Aquat	2:17.57
5	Sarah Barton	17	SwimMAC Carolina	2:17.60
6	Aislin Farris	14	Bluefish Swim Cl	2:17.68
7	Nicola Lane	16	Mason Manta Rays	2:17.74
8	Katey Lewicki	17	Elevation Athlet	2:17.94

Heat 8 of 13 Prelims

1	Casey Chung	17	Club Wolverine	2:17.49
2	Zephy Koh	17	Brea Aquatics	2:17.48
3	Anna Peplowski	16	Waves Bloominto	2:17.22
4	Zoe Summar	14	Excel Aquatics	2:17.17
5	Emma Lepisova	18	Burlingame Aquat	2:17.18
6	Audrey Richardson	17	Nasa Wildcat Aqu	2:17.29
7	Mackenzie Lanning	15	Lakeside Swim Te	2:17.49
8	Mackenzie McConagha	16	Nation's Capital	2:17.50

Heat 9 of 13 Prelims

1	Mary Kate Kelley	16	Episcopal AmberJ	2:17.07
2	Maggie McGuire	14	Socal Aquatics A	2:17.01
3	Samantha Pearson	17	Socal Aquatics A	2:16.94
4	Annabel Crush	16	Lakeside Swim Te	2:16.85
5	Morgan Razewski	15	SwimMAC Carolina	2:16.94
6	Lillie Nordmann	17	Magnolia Aquatic	2:16.99
7	Kyra Sommerstad	17	Three Village Sw	2:17.01
8	Skylar Dikeman	17	Tucson Ford Deal	2:17.17

Heat 10 of 13 Prelims

1	Katie Rauch	16	Aquatic Team Of	2:16.77
2	Amber Myers	16	Sierra Marlins S	2:16.58
3	Sophie Brison	14	Dynamo Swim Club	2:16.54
4	Rosie Murphy	15	Sierra Marlins S	2:16.41
5	Abigail Harter	17	Southeastern Swi	2:16.42
6	Paige Hall	15	Machine Aquatics	2:16.55
7	Faith Hefner	18	SwimMAC Carolina	2:16.62
8	Lillianna Brooks	18	Univ of Denver H	2:16.80



2019 Speedo Junior National Championships - 8/6/2019 to 8/10/2019

Meet Program - Wednesday Heats

Heat 11 Prelims (#7 Women 200 LC Meter Backstroke)

1	Maddy Flickinger	17	SwimMAC Carolina	2:16.04
2	Jo Jo Ramey	14	Fishers Area Swi	2:15.58
3	Kennedy Noble	15	YMCA Westside Si	2:14.63
4	Cora Dupre	18	Mason Manta Rays	2:13.20
5	Jessica Davis	16	Crow Canyon Coun	2:14.38
6	Libby Gilbert	17	Socal Aquatics A	2:15.14
7	Natalie Whalen	18	Lakeside Aquatic	2:15.92
8	Addie Rose Bullock	18	Stingrays	2:16.36

Heat 12 of 13 Prelims

1	Liza Whitmire	17	Aquatic Team Of	2:16.00
2	Felicia Pasadyn	17	SwimStrongsville	2:15.51
3	Annie Behm	16	Jersey Wahoos	2:14.56
4	Summer Smith	16	Bluefish Swim Cl	2:12.63
5	Sophia Tuinman	16	Club Wolverine	2:14.01
6	Emily Lenihan	17	Lakeside Swim Te	2:14.67
7	Brynn Sproul	18	Team Rebel Aquat/BYU	2:15.85
8	Emma Karam	15	Reno Aquatic Clu	2:16.28

Heat 13 of 13 Prelims

1	Mia Chang	16	Bellevue Club Sw	2:15.98
2	Zoe Dixon	15	Nova of Virginia	2:15.16
3	Paige McCormick	17	Hudson Explorer	2:14.55
4	Alexandra Crisera	18	Beach Cities Swi	2:12.52
5	Noelle Kaufmann	17	Badger Swim Club	2:13.84
6	Madelyn Christman	16	Carmel Swim Club	2:14.65
7	Maggie Wanezek	13	Elmbrook Swim Cl	2:15.71
8	Emily Clements	17	Phoenix Swimming	2:16.20

Event 8 Men 200 LC Meter Backstroke

Jr World: 1:55.14 6/28/2017 **Kliment Kolesnikov**

Meet: 1:58.83 8/6/2013 **Alexander Katz**

Trial Cut: 2:02.99

Lane	Name	Age	Team	Seed Time
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Heat 1 of 13 Prelims

1	Andy Huang	17	Peak Swimming	1:50.38 Y B
2	Lance Godard	16	Empire KC Swim C	1:50.06 Y B
3	Zach Le-Nguyen	16	Orinda Aquatics	1:49.64 Y B
4	Sean Faikish	17	North Penn Aquat	1:48.87 Y B
5	Ross Pantano	18	Greater Omaha Aq	1:49.30 Y B
6	Joshua Cho	16	Irvine Novaquati	1:49.84 Y B
7	Owen Blazer	17	Seneca Valley Sw	1:50.36 Y B
8	Gabriel Orbe	17	Scarlet Aquatics	1:50.69 Y B

Heat 2 of 13 Prelims

1	Adam Haig	17	Aquatex Swim Tea	1:48.52 Y B
2	Nathan Griffin	17	Univ of Denver H	1:48.48 Y B
3	Jackson Davis	17	SwimMAC Carolina	2:09.40 L B
4	Tony Ponomarev	15	Evergreen Swim C	2:08.96 L B
5	Mateja Milovanovic	17	Phoenix Swim Clu	2:09.01 L B
6	Samuel Lucas	17	Lakeside Aquatic	2:09.48 L B
7	Max Kreidl	17	Elevation Athlet	1:48.51 Y B
8	Justin Heimes	17	Upper Perk YMCA	1:48.62 Y B

Heat 3 of 13 Prelims

1	Nick Williams	17	Mission Viejo Na	2:08.93 L B
2	Alexey Kolishchak	17	Gator Swim Club	2:08.66 L B
3	John Bossler	16	Irish Aquatics	2:08.62 L B
4	Christopher O'Connor	17	Canton City Scho	2:08.35 L B
5	Hunter Armstrong	18	Canton City Scho	2:08.49 L B
6	Payton Plumb	17	Southern Utah Sw	2:08.63 L B
7	Holden Smith	16	Race Pace Club -	2:08.79 L B
8	Kevin Kyi	16	Seattle Metropol	2:08.94 L B

Heat 4 of 13 Prelims

1	Jack Smith	18	Carmel Swim Club	2:08.04 L B
2	Nathan Lee	16	Bellevue Club Sw	2:07.90 L B
3	Jake Dimartile	17	Upper Dublin Aqu	2:07.60 L B
4	Matt Gibson	15	Ywca Flying Fish	2:07.30 L B
5	Ziyad Saleem	16	Schroeder YMCA S	2:07.43 L B
6	Austin Lane	16	Fresno Dolphins	2:07.73 L B
7	Daniel Pry	18	Redlands Swim Te	2:07.94 L B
8	Brian Uribe	16	Scarlet Aquatics	2:08.32 L B

Heat 5 of 13 Prelims

1	Collin Schuster	17	Dubuque Area Swi	2:07.05 L B
2	Kevin Childs	18	Canyons Aquatic	1:47.80 Y
3	Matthew Davidson	18	Lynchburg YMCA S	1:47.65 Y
4	Hayden Kwan	16	United Swim Club	1:47.32 Y
5	Alex Sun	18	York YMCA	1:47.39 Y
6	Tyler Hulet	16	The Woodlands Sw	1:47.79 Y
7	Mark McCrary	18	Rose Bowl Aquati	1:47.91 Y
8	Connor West	16	Denver Swim Acad	2:07.06 L B

Heat 6 of 13 Prelims

1	Matthew Fenlon	16	Badger Swim Club	1:46.85 Y
2	Collin Fuchs	17	Premier Aquatics	1:46.63 Y
3	Trevor McGovern	18	Gator Swim Club	1:44.93 Y
4	Jack Trujillo	17	Irvine Novaquati	2:06.99
5	Andrew Simmons	16	Dynamo Swim Club	2:06.99
6	Matt Menke	18	Kentucky Aquatic	1:45.23 Y
7	Jon Bernard	18	Mason Manta Rays	1:46.83 Y
8	Jack Wadsworth	17	Upper Valley Aqu	1:47.14 Y

Heat 7 of 13 Prelims

1	David Rollins	18	Nitro Swimming	2:06.86
2	Parker Bragg	18	Dynamo Swim Club	2:06.81
3	John Michael Gordon	18	Lynchburg YMCA S	2:06.74
4	Thomas Shomper	17	Waterloo Swimmin	2:06.71
5	Preston Planells	18	Brea Aquatics	2:06.74
6	Gabe Machado	16	Boise YMCA Swim	2:06.78
7	Kyle Ponsler	15	Fishers Area Swi	2:06.83
8	Jay Baker	16	North Carolina A	2:06.98

2019 Speedo Junior National Championships - 8/6/2019 to 8/10/2019

Meet Program - Wednesday Heats

Heat 8 Prelims (#8 Men 200 LC Meter Backstroke)

1	Braden Beagle	15	Rose Bowl Aquati	2:06.67
2	Carlos Munoz Renteria	16	Rancho San Diegu	2:06.57
3	Alex Mays	18	Prime Aquatics	2:06.46
4	Lance Lesage	16	South Florida Aq	2:06.42
5	Brandon Miller	15	Una Ncac	2:06.45
6	Colton Smith	18	Texas Ford Aquat	2:06.55
7	Joseph Hurle	17	Nys Aquatics, In	2:06.59
8	Baylor Nelson	16	SwimMAC Carolina	2:06.71

Heat 9 of 13 Prelims

1	Gabriel Jett	16	Clovis Swim Club	2:06.21
2	Wylie Kruse	16	Fort Collins Are	2:06.08
3	Simon Davies	18	Fishers Area Swi	2:05.98
4	Jadan Nabor	17	YMCA Westside Si	2:05.90
5	Mateo Miceli	16	Sarpy County Swi	2:05.98
6	McKay Mickelson	17	Team Rebel Aquat	2:05.98
7	Nick Simons	15	Lake Oswego Swim	2:06.14
8	Allen Dempster	17	Crow Canyon Coun	2:06.33

Heat 10 of 13 Prelims

1	Jackson Mussler	16	Lakeside Swim Te	2:05.84
2	*Johan Pretorius	16	North Texas Nada	2:05.73
3	Griffin O'Leary	15	Barrington Swim	2:05.59
4	Billy Swartwout	17	Long Island Aqua	2:05.41
5	Abraham Apfel	18	Club Wolverine	2:05.51
6	Hunter Gubeno	17	South Lyon Aquat	2:05.68
7	Sawyer Kruse	18	Fort Collins Are	2:05.83
8	Carson Brockette	16	Dallas Mustangs	2:05.89

Heat 11 of 13 Prelims

1	Nathan Quarterman	16	Boise YMCA Swim	2:05.20
2	Ronald Dalmacio	15	Rose Bowl Aquati	2:04.39
3	Ryan Purdy	18	Glenbrook Swim C	2:03.72
4	Hugh Svendsen	17	SwimMAC Carolina	2:02.30
5	Jacob McDonald	17	Mason Manta Rays	2:03.11
6	Cade Oliver	16	Franklin Regiona	2:04.00
7	Greyson Alarcon	18	Nitro Swimming	2:04.75
8	Samuel Jennings	17	Houston Bridge B	2:05.38

Heat 12 of 13 Prelims

1	Aaron Sequeira	17	Cincinnati Marli	2:05.11
2	Carl Bloebaum	16	Mason Manta Rays	2:04.35
3	Jake Marcum	18	McCallie / Gps A	2:03.46
4	Nathan Hayes	17	Seattle Metropol	2:01.74
5	Taito Dacosta	18	Pleasanton Seaha	2:02.90
6	Brett Feyerick	16	Nation's Capital	2:03.86
7	Griffin Hadley	16	Carmel Swim Club	2:04.67
8	Kaden Smesko	17	Firestone Akron	2:05.32

Heat 13 of 13 Prelims

1	Matthew Driscoll	16	De Anza Cupertino	2:05.02
2	Tyler Lu	16	Seattle Metropol	2:04.28
3	Zach Hills	18	Lexington Dolphi	2:03.29
4	Ian Grum	18	Dynamo Swim Club	1:59.67
5	Elliott Jones	17	Premier Aquatics	2:02.88
6	Colby Mefford	18	Sierra Marlins S	2:03.77
7	Elijah Tarabocchia	17	Quest Swimming	2:04.47
8	Wes Barnett	16	SwimMAC Carolina	2:05.23

Event 9 Women 100 LC Meter Freestyle

Jr World: 52.70 8/11/2016 Penny Oleksiak

Meet: 54.03 8/11/2009 Missy Franklin

Trial Cut: 56.29

Lane Name Age Team Seed Time

Heat 1 of 13 Prelims

1	Hannah Hill	16	Mason Manta Rays	50.81 Y B
2	Lucy Bell	15	Fort Collins Are	50.55 Y B
3	Megan Hartlieb	16	Schroeder YMCA S	50.43 Y B
4	Kailyn Winter	16	Quicksilver Swim	50.40 Y B
5	Eboni McCarty	16	Madison Swimming	50.41 Y B
6	Jazlynn Pak	17	Bellevue Club Sw	50.45 Y B
7	Kyanh Truong	16	Western Hills At	50.66 Y B
8	Maddy Potter	18	Aquajets Swim Te	50.99 Y B

Heat 2 of 13 Prelims

0	Aubrey Chandler	17	Upper Palmetto Y	50.14 Y B
1	Abby Kapeller	16	Aquajets Swim Te	49.94 Y B
2	Ava Longi	17	Western Hills At	58.38 L B
3	Lexi Duchsherer	16	AquaStorm	58.31 L B
4	Megan Pulley	17	Nova of Virginia	58.30 L B
5	Kensley Merritt	17	SwimMAC Carolina	58.30 L B
6	Margaret Gholston	17	Lakeside Aquatic	58.37 L B
7	Eri Remington	18	Schroeder YMCA S	58.39 L B
8	Julia Filippova	18	Team Rebel Aquat/UNLV	50.10 Y B
9	Libby Gilbert	17	Socal Aquatics A	50.38 Y B

Heat 3 of 13 Prelims

0	Berit Berglund	14	Carmel Swim Club	58.24 L B
1	Aurora Roghair	16	Iowa Flyers Swim	58.18 L B
2	Sydney Winters	18	Bluefish Swim Cl	58.14 L B
3	Abby Pilkenton	17	Dynamo Swim Club	58.09 L B
4	Janie Smith	18	SwimMAC Carolina	58.02 L B
5	Eva Carlson	16	The Dolphins Por	58.03 L B
6	Abbey Ketslakh	16	Club Wolverine	58.09 L B
7	Joanie Cash	16	Long Island Aqua	58.14 L B
8	Meredith Smithbaker	16	Team Vortex	58.19 L B
9	Anna Shaw	16	Univ of Denver H	58.29 L B



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Heat 4 Prelims (#9 Women 100 LC Meter Freestyle)

0	Peyton D'Emanuele	16	Aquajets Swim Te	58.01 L B
1	Trinity Hoang	14	Nitro Swimming	58.01 L B
2	Katrina Mortenson	16	Alpha Aquatics	57.99 L B
3	Colette Berkenfield	18	North Bay Aquati	57.97 L B
4	*Mara Allen	17	Sierra Marlins S	57.93 L B
5	Ella Jo Piersma	15	Cincinnati Marli	57.95 L B
6	Lily Christianson	13	Irish Aquatics	57.99 L B
7	Maggie Belbot	14	North Baltimore	57.99 L B
8	Fiona Schere	15	North Baltimore	58.01 L B
9	Renee Gillilan	15	Fort Collins Are	58.01 L B

Heat 5 of 13 Prelims

0	Elizabeth Broshears	17	Boonville Aquati	57.93 L B
1	Ashlyn Underhill	18	Carmel Swim Club	57.91 L B
2	Maggie Wanezek	13	Elmbrook Swim Cl	57.88 L B
3	Emily Lenihan	17	Lakeside Swim Te	57.87 L B
4	Quinn Murphy	16	Phoenix Swim Clu	57.85 L B
5	Riley Parker	17	Team Greenville	57.86 L B
6	Riley Huddleston	15	Upper Arlington	57.88 L B
7	Kayla Wilson	15	Tide Swimming	57.90 L B
8	Jenna Smith	16	Univ of Denver H	57.91 L B
9	Emma Lepisova	18	Burlingame Aquat	57.93 L B

Heat 6 of 13 Prelims

0	Hannah Weissman	15	Seattle Metropol	57.83 L B
1	Sarah Mundy	18	South Carolina S	57.75 L B
2	Gigi Johnson	15	SwimAtlanta	57.71 L B
3	Lexie Mulvihill	16	Tampa Elite Aqua	57.63 L B
4	Maddy Flickinger	17	SwimMAC Carolina	57.61 L B
5	Michaela Chokureva	14	Phoenix Swimming	57.62 L B
6	Audrey Orange	18	Asphalt Green Un	57.68 L B
7	Mckenna Smith	16	Florida Elite Sw	57.74 L B
8	Casaundra Moses	15	Springfield Aqua	57.79 L B
9	Rachel Klinker	18	Lexington Dolphi	57.85 L B

Heat 7 of 13 Prelims

0	Gretchen Lueking	16	Carmel Swim Club	57.59
1	Megan Glass	18	Blue Ash YMCA Sw	57.57
2	Gabby Dang	18	Bellevue Club Sw	57.55
3	Chloe Grimme	17	Berkeley Aquatic	57.53
4	Charlotte Krevitt	17	Asphalt Green Un	57.51
5	Meghan Christman	14	Carmel Swim Club	57.53
6	Lindsay Ervin	15	Irvine Novaquati	57.55
7	Abby Samansky	17	Clovis Swim Club	57.56
8	Nikki Venema	18	Tide Swimming	57.59
9	Adair Sand	17	Una MACH	49.68 Y

Heat 8 of 13 Prelims

0	Lindsay Flynn	16	Aquatic Team Of	57.47
1	Jada Surrell-Norwood	17	Denver Swim Acad	57.44
2	Morgan Razewski	15	SwimMAC Carolina	57.41
3	Sloane Reinstein	18	Palo Alto Stanfo	57.39
4	Amy Feddersen	18	Ames Cyclone Aqu	57.37
5	Sara Stotler	16	Planet Swim Aqua	57.38
6	Sierra Smith	17	Life Time Swim T	57.39
7	Mia Kragh	16	Rancho San Diego	57.43
8	Ana Fleming	16	Western Hills At	57.46
9	Parker Timken	18	Canton City Scho	57.48

Heat 9 of 13 Prelims

0	Lauryn Johnson	18	Long Island Aqua	57.34
1	Sydney Kang	14	Solo Aquatics	57.31
2	Sophie Fiske	16	Madison Aquatic	57.29
3	Annabel Crush	16	Lakeside Swim Te	57.26
4	Zephy Koh	17	Brea Aquatics	57.23
5	Elle Caldwell	17	Tide Swimming	57.24
6	*Bobbi Kennett	18	Sienna Plantatio	57.27
7	Marly Lough	16	Brea Aquatics	57.31
8	Emma Alexander	18	SwimAtlanta	57.34
9	Brynn Wright	15	Bluefish Swim Cl	57.36

Heat 10 of 13 Prelims

0	Tess Howley	14	Long Island Aqua	57.20
1	Sydney Stricklin	16	Club Wolverine	57.17
2	Ellie Marquardt	18	Aquatic Team Of	57.11
3	Christina Bradley	18	Bellevue Club Sw	57.09
4	Mandy Brenner	17	Socal Aquatics A	57.00
5	Anna Peplowski	16	Waves Bloominto	57.07
6	Ella Mazurek	15	Quicksilver Swim	57.11
7	Casslyn Treydte	18	Fusion Aquatics	57.12
8	Riley Francis	15	Lakeside Aquatic	57.18
9	Evelyn Bruner	17	Alamo Area Aquat	57.21

Heat 11 of 13 Prelims

0	Erin Milligan	17	Memphis Thunder	56.98
1	Emma Wheel	17	Western Hills At	56.83
2	Megan Drumm	17	North Baltimore	56.72
3	Alexandra Crisera	18	Beach Cities Swi	56.54
4	Gracie Felner	17	Bellevue Club Sw	55.88
5	Ella Ristic	17	Irvine Novaquati	56.19
6	Chloe Stepanek	17	Long Island Aqua	56.64
7	Kira Crage	18	Rancho San Diego	56.78
8	Elizabeth Sowards	15	SwimMAC Carolina	56.92
9	Margot Kaczorowski	18	Jersey Wahoos	56.99

2019 Speedo Junior National Championships - 8/6/2019 to 8/10/2019

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Heat 12 Prelims (#9 Women 100 LC Meter Freestyle)

0	Summer Cardwell	14	Tampa Bay Aquati	56.97
1	Elizabeth Cook	17	Tualatin Hills S	56.81
2	Sydney Whiting	17	Nova of Virginia	56.70
3	Tristen Ulett	17	Dynamo Swim Club	56.51
4	Miranda Heckman	18	Pleasanton Seaha	55.82
5	Cora Dupre	18	Mason Manta Rays	56.12
6	Ella Bathurst	15	Una Team	56.63
7	Reilly Tiltmann	16	Elmbrook Swim Cl	56.76
8	Alexandra Bumpas	18	Texas Ford Aquat	56.89
9	Sarah Snyder	17	Palo Alto Stanfo	56.99

Heat 13 of 13 Prelims

0	Claire Suen	17	Pleasanton Seaha	56.94
1	Zoe Skirboll	14	Racer X Aquatics	56.80
2	Kendra Bowen	18	Carmel Swim Club	56.69
3	Rachel Rhee	18	Rancho San Diegu	56.46
4	Samantha Pearson	17	Socal Aquatics A	55.65
5	Quinn Schaedler	17	Una Whac/Western Hills	56.05
6	Lillie Nordmann	17	Magnolia Aquatic	56.59
7	Amelia Liu	18	Lakeside Aquatic	56.75
8	Lainy Kruger	14	Northern KY Clip	56.86
9	Molly Moore	18	Springfield Aqua	56.99

Event 10 Men 100 LC Meter Freestyle

Jr World:	47.58	8/10/2016	Kyle Chalmers
Meet:	49.06	8/10/2010	Vladimir Morozov/Andrew Minako
Trial Cut:	50.49		

Lane	Name	Age	Team	Seed Time
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Heat 1 of 11 Prelims

1	Will Jackson	17	McCallie / Gps A	45.79 Y B
2	Daniel Gyenis	18	Machine Aquatics	45.72 Y B
3	Mark McCrary	18	Rose Bowl Aquati	45.68 Y B
4	Zach Dietz	18	Osprey Aquatics	45.56 Y B
5	Brett Feyerick	16	Nation's Capital	45.64 Y B
6	Kevin Sichak	17	Quicksilver Swim	45.71 Y B
7	Joseph Jordan	18	Excel Aquatics	45.75 Y B

Heat 2 of 11 Prelims

0	Braden Rollins	17	Newburgh Sea Cre	45.50 Y B
1	Riley Scruggs	18	SwimAtlanta	45.35 Y B
2	Lance Freiman	18	Dexter Community	45.30 Y B
3	Trent Frandson	16	Central Iowa Aqu	45.14 Y B
4	August Lamb	18	Cavalier Swimmin	45.00 Y B
5	Collin Fuchs	17	Premier Aquatics	45.12 Y B
6	Ben Dillard	17	Sierra Marlins S	45.15 Y B
7	Victor Tremblay	18	Blue Tide Aquati	45.35 Y B
8	Mario McDonald	17	Drop Aquatics	45.40 Y B
9	Tyler Mansheim	17	Clovis Swim Club	45.54 Y B

Heat 3 of 11 Prelims

0	Matthew Davidson	18	Lynchburg YMCA S	44.96 Y B
1	Matt Menke	18	Kentucky Aquatic	44.81 Y B
2	Michael Bonson	17	Hurricane Swim C	52.89 L B
3	Charlie Kaye	18	SwimAtlanta	52.86 L B
4	Tj Pittenger	16	SwimAtlanta	52.85 L B
5	Ryan Linnihan	18	Elmbrook Swim Cl	52.85 L B
6	Ryan Perham	17	North Texas Nada	52.87 L B
7	Luke Barr	16	Sarpy County Swi	44.72 Y B
8	Will Blake	18	Rose Bowl Aquati	44.89 Y B
9	Luke Hobson	16	Lakeridge Swim T	44.98 Y B

Heat 4 of 11 Prelims

0	Sage Sungail	15	Patriot Aquatics	52.83 L B
1	Micah Chambers	17	Aquatic Club of	52.81 L B
2	Aiden Hayes	16	Sooner Swim Club	52.79 L B
3	Gabriel Jett	16	Clovis Swim Club	52.77 L B
4	Landon Armstrong	18	North Texas Nada	52.75 L B
5	Christian Frank	17	Schroeder YMCA S	52.75 L B
6	Ronald Dalmacio	15	Rose Bowl Aquati	52.78 L B
7	Brooks Taner	18	Palo Alto Stanfo	52.80 L B
8	Stephan Lukashev	18	Rancho San Diegu	52.82 L B
9	Ben Meulemans	16	Schroeder YMCA S	52.84 L B

Heat 5 of 11 Prelims

0	Evan Petty	16	Nashville Aquati	52.72 L B
1	Andrew Matejka	18	Gator Swim Club	52.70 L B
2	Ryan Kirton	16	De Anza Cupertino	52.68 L B
3	Gerald O'Mara	16	Berkeley Aquatic	52.62 L B
4	Gabriel Giacoppo	18	North Bay Aquati	52.57 L B
5	Kj Losee	17	Rapids Area Y Sw	52.62 L B
6	Christian Martinez	18	Socal Aquatics A	52.64 L B
7	Niklas Eberly	18	Club Wolverine	52.68 L B
8	Will Hoogenboom	17	North Baltimore	52.72 L B
9	Christopher Mykkanen	18	Irvine Novaquati	52.72 L B

Heat 6 of 11 Prelims

0	Arnold Su	17	Irvine Novaquati	52.55 L B
1	Dominic Margarino	18	Blast Sharks	52.53 L B
2	Emilio Perez	16	Elmbrook Swim Cl	52.52 L B
3	Brian Lou	16	Irvine Novaquati	52.51 L B
4	George Glover	16	American Energy	52.45 L B
5	Liam Smith	17	Upper Dublin Aqu	52.51 L B
6	Boyd Poelke	17	SwimMAC Carolina	52.52 L B
7	Jake Newmark	17	Long Island Expr	52.52 L B
8	Christian Bathurst	18	Beach Cities Swi	52.53 L B
9	Trevor McGovern	18	Gator Swim Club	52.55 L B



2019 Speedo Junior National Championships - 8/6/2019 to 8/10/2019

Meet Program - Wednesday Heats

Heat 7 Prelims (#10 Men 100 LC Meter Freestyle)

0	Cam Auerbach	18	Dynamo Swim Club	52.42 L B
1	Michael Ivy	18	Raleigh Swimming	52.35 L B
2	Colby Mefford	18	Sierra Marlins S	52.34 L B
3	Kevin Repice	17	North Texas Nada	52.31 L B
4	Cole Parnell	17	Patriot Aquatics	52.24 L B
5	Ryan Peterson	18	Univ of Denver H	52.28 L B
6	Billy Swartwout	17	Long Island Aqua	52.33 L B
7	Keegan Streett	17	Southeastern Swi	52.35 L B
8	Ryan Branon	15	North Baltimore	52.36 L B
9	Hugh Svendsen	17	SwimMAC Carolina	52.43 L B

Heat 8 of 11 Prelims

0	Ansel Froass	17	Mason Manta Rays	52.12 L B
1	Ben Forbes	18	Clovis Swim Club	52.10 L B
2	Coleman Kredich	18	Tennessee Aquati	44.36 Y
3	Andrew Zhang	18	Nasa Wildcat Aqu	43.96 Y
4	Zachary McIntyre	17	Marin Pirates	51.88
5	Donald Scott	17	Lakeside Aquatic	51.98
6	Tim Connery	16	SwimMAC Carolina	44.31 Y
7	Rush Clark	17	Greater Omaha Aq	52.03 L B
8	Matthew Driscoll	16	De Anza Cupertin	52.11 L B
9	Danny Syrkin	17	Rose Bowl Aquati	52.23 L B

Heat 9 of 11 Prelims

0	Jackson Mason	18	North Bay Aquati	51.78
1	Corby Furrer	16	Nitro Swimming	51.55
2	Luke Maurer	18	Nasa Wildcat Aqu	51.40
3	Matthew Jensen	17	Upper Dublin Aqu	51.24
4	Andrew Benson	17	Solo Aquatics	50.47
5	Will Rose	17	Canton City Scho	50.82
6	*Rafael Gu	15	Rose Bowl Aquati	51.30
7	Grant Allison	18	Spartan Aquatic	51.47
8	Jacob Destrampe	18	Franklin Regiona	51.69
9	Steven Butler	18	Occoquan Swimmin	51.87

Heat 10 of 11 Prelims

0	Dalton Lowe	17	Spring Swim Team	51.78
1	Brooks Curry	18	Dynamo Swim Club	51.52
2	*Lucas Hess	18	Cottonwood Heigh	51.39
3	Zach Hils	18	Lexington Dolphi	51.02
4	Jack Walker	18	SwimMAC Carolina	50.44
5	Arsenio Bustos	16	Woodbridge Aquat	50.79
6	Finn O'Haimhirgin	18	Sierra Marlins S	51.29
7	Liam Bell	18	Us-Aquatics Club	51.43
8	Alec Delong	18	Carmel Swim Club	51.68
9	Daniel Wilson	17	Sooner Swim Club	51.82

Heat 11 of 11 Prelims

0	Jadan Nabor	17	YMCA Westside Si	51.71
1	Hunter Ingram	18	Irvine Novaquati	51.50
2	Sam Hoover	15	North Carolina A	51.38
3	Hunter Armstrong	18	Canton City Scho	50.84
4	Matt King	17	Bellevue Club Sw	50.36
5	Dare Rose	16	Scarlet Aquatics	50.61
6	Michael Linnihan	17	Elmbrook Swim Cl	51.27
7	Garrett Boone	16	Aquatic Team Of	51.40
8	Gavin Wight	17	Diablo Aquatics	51.62
9	William Cole	17	Lakeside Swim Te	51.82

Event 11 / 12 Women / Men 400 IM

W Jr World: 4:39.01 8/25/2015 Rosie Rudin

W Meet: 4:38.97 8/6/2013 Ella Eastin

W Trial Cut: 4:51.79

M Jr World: 4:13.39 8/2/2019 Carson Foster

M Meet: 4:14.51 8/6/2013 Joseph Bentz

M Trial Cut: 4:25.99

Lane	Name	Age	Team	Seed Time
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Heat 1 (Heat 1 Women Prelims)

1	Mary Cate Pruitt	16	Irish Aquatics	4:57.90 L B
2	Ella Smith	15	Bluefish Swim Cl	4:57.75 L B
3	Grace Yoon	17	Jersey Wahoos	4:57.57 L B
4	Aislin Farris	14	Bluefish Swim Cl	4:57.21
5	Meaghan Harnish	15	York YMCA	4:57.25
6	Callahan Dunn	17	Hinsdale Swim Cl	4:57.73 L B
7	Eliza Brown	15	Commonwealth Swi	4:57.82 L B
8	Erin Cavanagh	16	Jersey Wahoos	4:57.91 L B

Heat 2 (Heat 2 Women Prelims)

1	Sarah Bender	17	Nova of Virginia	4:57.09
2	Margaret Gholston	17	Lakeside Aquatic	4:56.99
3	Averee Preble	18	Clovis Swim Club	4:56.57
4	*Jade Foelske	17	Dynamo Swim Club	4:56.30
5	Ella Flowers	15	Rice Aquatics	4:56.34
6	Rachel Butler	18	Cottonwood Heigh	4:56.96
7	Grace Rainey	14	SwimMAC Carolina	4:57.09
8	Ellen Holmquist	17	Wilton Y Wahoos	4:57.19

Heat 3 (Heat 3 Women Prelims)

1	Caroline Sheble	16	Nova of Virginia	4:55.78
2	Rachel Sabotin	17	Club Olympia Swi	4:55.72
3	Hana Shimizu-Bowers	14	Long Island Aqua	4:55.37
4	Sam Baron	17	Bellevue Club Sw	4:55.18
5	Lizzie Danforth	17	Nova of Virginia	4:55.34
6	Junseo Kim	16	Scarlet Aquatics	4:55.59
7	Charity Pittard	18	Boise YMCA Swim	4:55.75
8	Annika McEnroe	16	Y-Spartaquatics	4:55.86

2019 Speedo Junior National Championships - 8/6/2019 to 8/10/2019

Meet Program - Wednesday Heats

Heat 4 (Heat 4 Women Prelims) (#11 / 12)

1	Rachel Klinker	18	Lexington Dolphi	4:54.17
2	Lucy Bell	15	Fort Collins Are	4:52.21
3	Leah Hayes	13	Fox Valley Park	4:50.99
4	Zoe Dixon	15	Nova of Virginia	4:46.94
5	Kaitlynn Sims	18	Magnolia Aquatic	4:48.27
6	Paige McCormick	17	Hudson Explorer	4:51.80
7	Kate McCarville	16	Springfield Aqua	4:53.36
8	Allison Henry	17	Nrg Swimming	4:55.10

Heat 5 (Heat 5 Women Prelims)

1	Natalie Whalen	18	Lakeside Aquatic	4:53.96
2	Felicia Pasadyn	17	SwimStrongsville	4:52.11
3	Samantha Tadder	16	Tide Swimming	4:50.33
4	Summer Smith	16	Bluefish Swim Cl	4:45.33
5	Colby Hurt	17	757 Swim	4:47.80
6	Michelle Morgan	14	Pipeline Swimmin	4:51.42
7	Martina Peroni	15	Ohio State Swim	4:53.11
8	Laci Black	15	Rockwall Aquatic	4:54.44

Heat 6 (Heat 1 Men Prelims)

1	Hunter Locher	17	Nova of Virginia	3:52.59Y
2	Tona Zinn	15	Socal Aquatics A	3:52.08Y
3	Ansel Froass	17	Mason Manta Rays	4:32.99
4	Matt Bonnell	17	Plymouth Whitema	4:32.75
5	John Bossler	16	Irish Aquatics	4:32.88
6	Ryan Abdollahi	17	Irvine Novaquati	4:33.00
7	Jonathan Affeld	17	Alto Swim Club	3:52.29Y
8	Logan Zucker	16	SwimMAC Carolina	4:33.27L B

Heat 7 (Heat 2 Men Prelims)

1	Matthew Steele	16	SwimAtlanta	4:32.49
2	Lucas Piunti	17	Duneland Swim Cl	4:32.33
3	William Christenson	17	Evergreen Swim C	4:31.96
4	Scooter Iida	16	Glenbrook Swim C	4:31.72
5	Kevin Keil	17	Multnomah Athlet	4:31.89
6	Jace Crawford	17	Episcopal AmberJ	4:32.06
7	Cade Oliver	16	Franklin Regiona	4:32.48
8	Matthew Styczen	16	Nys Aquatics, In	4:32.67

Heat 8 (Heat 3 Men Prelims)

1	Conall Monahan	17	SwimMAC Carolina	4:31.56
2	Ryan King	18	Montrose Marlins	4:31.37
3	Cameron Linder	17	Central Iowa Aqu	4:31.32
4	Luke Davis	18	American Energy	4:31.25
5	Gus Rothrock	17	Carmel Swim Club	4:31.30
6	Josh Parent	14	Bluefish Swim Cl	4:31.35
7	Ryan Hogan	16	Solo Aquatics	4:31.50
8	Jay Baker	16	North Carolina A	4:31.71

Heat 9 (Heat 4 Men Prelims)

1	Maxwell Reich	17	Phoenix Swimming	4:30.79
2	Will Goodwin	18	Univ of Denver H	4:29.46
3	Hunter Kim	16	Badger Swim Club	4:27.63
4	Sean Faikish	17	North Penn Aquat	4:26.86
5	Jack Vandeuken	17	Bolles School Sh	4:27.19
6	Jacques Rathle	16	Crawfish Aquatic	4:29.38
7	Collin Klingman	15	Crawfish Aquatic	4:29.78
8	Nick Williams	17	Mission Viejo Na	4:31.12

Heat 10 (Heat 5 Men Prelims)

1	*Jorge Cardenas Reyes	18	Streamline Aquat	4:30.30
2	Peter Bretzmann	16	North Carolina A	4:29.38
3	Max Seidel	18	Gator Swim Club	4:27.25
4	Ian Grum	18	Dynamo Swim Club	4:23.18
5	Dominic Falcon	18	Irvine Novaquati	4:27.01
6	Owen Lloyd	18	North Carolina A	4:29.12
7	Dylan Rhee	17	Asphalt Green Un	4:29.61
8	David Johnston	17	Rockwall Aquatic	4:30.83

Heat 11 (Heat 6 Women Prelims)

1	Anna Hein	17	Bluefish Swim Cl	4:59.09L B
2	Claire Donan	17	Lakeside Swim Te	4:58.86L B
3	Audrey J-Cheng	14	Palo Alto Stanfo	4:58.66L B
4	Emma Inch	17	Drop Aquatics	4:57.97L B
5	Katie McClintock	16	Egg Harbor Twp S	4:58.22L B
6	Yulia Groysman	18	Seattle Metropol	4:58.86L B
7	Ana Jih-Schiff	16	Crow Canyon Coun	4:59.04L B
8	Sylvia Stewart-Bates	17	Lake Erie Silver	4:59.09L B

Heat 12 (Heat 6 Men Prelims)

1	Graham Miotke	18	Wisconsin Aquati	4:33.61L B
2	Daniel Gallagher	17	Dynamo Swim Club	4:33.52L B
3	Connor Hunt	16	Ridgefield Aquat	4:33.35L B
4	Ian Van Gorp	17	Mason Manta Rays	4:33.28L B
5	Dc Hellams	17	Nova of Virginia	4:33.33L B
6	Brandon Stride	18	West Coast Aquat	4:33.41L B
7	Ben Dillard	17	Sierra Marlins S	4:33.55L B
8	Ben Miller	18	Tigard Tualatin	4:33.73L B

Heat 13 (Heat 7 Women Prelims)

1	Kaitlyn Porter	17	Newburgh Sea Cre	5:00.81L B
2	Chase Davison	15	Univ of Denver H	5:00.55L B
3	Morgan Rinn	17	Long Island Expr	4:59.82L B
4	Hannah Ownbey	17	Y-Spartaquatics	4:59.22L B
5	Mary Codevilla	15	Elevation Athlet	4:59.62L B
6	Selina Reil	17	Northern KY Clip	5:00.47L B
7	Cara Bogнар	17	Team Greenville	5:00.80L B
8	Abigail Ahrens	17	Blue Tide Aquati	5:01.08L B



2019 Speedo Junior National Championships - 8/6/2019 to 8/10/2019

Meet Program - Wednesday Heats

Heat 14 (Heat 7 Men Prelims) (#11 / 12)

1	Micah McRea	18	Catawba Valley A	4:34.68	L B
2	Kyle Ponsler	15	Fishers Area Swi	4:34.48	L B
3	Brandon Miller	15	Una Ncac	4:34.05	L B
4	Spencer Aurnou-Rhees	15	Ohio State Swim	4:33.89	L B
5	Cameron Luarde	16	Swac Swim Team	4:33.89	L B
6	Baylor Nelson	16	SwimMAC Carolina	4:34.44	L B
7	Jami Rzepecki	18	SwimMAC Carolina	4:34.51	L B
8	Chase Allison	18	SwimMAC Carolina	4:34.72	L B

Heat 15 (Heat 8 Women Prelims)

1	Diana Bates	17	Asphalt Green Un	4:20.48	Y B
2	Anna Havens Rice	17	Team Greenville	4:17.23	Y B
3	Emily Clements	17	Phoenix Swimming	5:01.71	L B
4	*Isabella Abraján	15	Mission Viejo Na	5:01.23	L B
5	Paige Maceachern	16	Pine Crest Swimm	5:01.62	L B
6	Clare Vetkoetter	16	Texas Ford Aquat	5:01.87	L B
7	Hayley Kimmel	14	Linn-Mar Swim Te	4:19.68	Y B
8	Emme Nelson	18	SwimMAC Carolina	4:20.57	Y B

Heat 16 (Heat 8 Men Prelims)

1	Aidan Simpson	16	Inland Coastal A	4:36.01	L B
2	Mason Kelber	18	North Texas Nada	4:35.27	L B
3	Wes Barnett	16	SwimMAC Carolina	4:35.14	L B
4	Adam Kapusta	18	Long Island Aqua	4:34.90	L B
5	Ethan Shaw	17	Dublin Community	4:34.97	L B
6	Cooper Lucas	14	Lakeside Aquatic	4:35.19	L B
7	Garrett McGovern	17	Nova of Virginia	4:35.95	L B
8	Daniel Pry	18	Redlands Swim Te	4:36.02	L B

Heat 17 (Heat 9 Women Prelims)

1	Taylor Kabacy	17	Seattle Metropol	4:22.71	Y B
2	Juli Arzave	17	South Bay Aquati	4:22.54	Y B
3	Catherine Yu	15	Pro Swimming	4:22.42	Y B
4	Grace Wey	17	Unattached	4:21.69	Y B
5	Reese Lugbill	16	Mason Manta Rays	4:22.31	Y B
6	Renee Gillilan	15	Fort Collins Are	4:22.42	Y B
7	Danielle Prekop	18	Scarlet Aquatics	4:22.68	Y B

Heat 18 (Heat 9 Men Prelims)

1	Vincent Cheng	16	Brea Aquatics	4:37.63	L B
2	Aaron Frollo	17	Fishers Area Swi	4:37.20	L B
3	Sebastian Wolff	16	Univ of Denver H	4:36.51	L B
4	Nathan Lee	16	Bellevue Club Sw	4:36.47	L B
5	Zhier Fan	15	Metroplex Aquati	4:36.49	L B
6	*Vincent Ribeiro	16	Nitro Swimming	4:37.18	L B
7	Ethan Schneider	18	SwimMAC Carolina	4:37.48	L B
8	Justin Hussong	17	Anaheim Aquatics	4:37.64	L B

Heat 19 (Heat 10 Women Prelims)

3	Anna Brooker	17	North Coast Aqua	4:23.41	Y B
4	Clarissa Sabin	16	Berkeley Aquatic	4:22.72	Y B
5	Emma Karam	15	Reno Aquatic Clu	4:22.76	Y B

Heat 20 (Heat 10 Men Prelims)

1	Quinn Harron	17	Dynamo Swim Club	3:55.34	Y B
2	Thomas Horne	17	Tennessee Aquati	3:54.68	Y B
3	Lucas Walker	18	Palo Alto Stanfo	4:38.27	L B
4	Aidan Duffy	17	Nova of Virginia	4:38.11	L B
5	Ike Shirakata	18	Beach Cities Swi	4:38.19	L B
6	Matt Murphy	17	Greater Philadel	4:38.29	L B
7	Daniel Worth	16	Empire KC Swim C	3:54.93	Y B
8	Mason Laur	16	T2 Aquatics	3:55.62	Y B

Heat 21 (Heat 11 Men Prelims)

1	Max Kreidl	17	Elevation Athlet	3:58.50	Y B
2	Zach Bartel	16	Fort Collins Are	3:57.46	Y B
3	Jack Wadsworth	17	Upper Valley Aqu	3:56.99	Y B
4	Matthew Street	18	Kentucky Aquatic	3:56.64	Y B
5	Nathan Borges	17	Somerset Valley	3:56.94	Y B
6	Peter Thompson	16	Billings Aquatic	3:57.42	Y B
7	Jack Anderson	15	Lakeside Swim Te	3:57.81	Y B
8	Andy Dorsel	16	SwimMAC Carolina	3:58.51	Y B

Heat 22 (Heat 12 Men Prelims)

2	Markus Wennborg	18	SwimMAC Carolina	4:00.04	Y B
3	James Plage	16	Aquabears	3:58.80	Y B
4	Elijah Tarabocchia	17	Quest Swimming	3:58.70	Y B
5	Rafael Rodriguez	17	South Florida Aq	3:58.75	Y B
6	Alex Mays	18	Prime Aquatics	3:59.75	Y B



2019 Speedo Junior National Championships

Avery Aquatic Center Stanford, CA

Wednesday, August 7, 2019

Finals Timeline

National Anthem			4:56 PM
Event #7	Women's 200 Meter Backstroke	Bonus	5:00 PM
		Consols	5:03 PM
		Finals	5:07 PM
Awards	Event #7 Women's 200 Meter Backstroke		5:11 PM
Event #8	Men's 200 Meter Backstroke	Bonus	5:15 PM
		Consols	5:19 PM
		Finals	5:23 PM
Awards	Event #8 Men's 200 Meter Backstroke		5:27 PM
Event #9	Women's 100 Meter Freestyle	Bonus	5:31 PM
		Consols	5:33 PM
		Finals	5:36 PM
Awards	Event #9 Women's 100 Meter Freestyle		5:39 PM
Event #10	Men's 100 Meter Freestyle	Bonus	5:43 PM
		Consols	5:45 PM
		Finals	5:47 PM
Awards	Event #10 Men's 100 Meter Freestyle		5:50 PM
Event #11	Women's 400 Meter Individual Medley	Bonus	5:54 PM
		Consols	6:01 PM
		Finals	6:07 PM
Awards	Event #11 Women's 400 Meter Individual Medley		6:14 PM
Event #12	Men's 400 Meter Individual Medley	Bonus	6:18 PM
		Consols	6:24 PM
		Finals	6:30 PM
Awards	Event #12 Men's 400 Meter Individual Medley		6:37 PM
Event #13/14	Women's / Men's 400 Free Relay	11	6:41 PM
	End of Session		7:29 PM

Order for the relays will be second fastest W's heat, fastest W's heat, second fastest M's heat, fastest M's heat; remaining heats alternate W/M fastest to slowest.

Relay cards due by 5:40PM at the Clerk of Course.

REMINDER -- Scratch box for tomorrow's events close at 5:30PM

