

24th Annual American Energy Elite Pro - Am Swim Meet

DECEMBER 17-20, 2015

Sanction # OK15-067
Time Trial Sanction # OK15-068

This event is held under the Sanction of United States Swimming and Oklahoma Swimming.

ENTRY DEADLINE: Entry into the meet is exclusively through the USA-Swimming Online Meet Entry process. The OME entry process will be active beginning October 15, 2015, through December 2, 2015. Entry via the OME will close at 11:59 pm CST Wednesday, December 2, 2015. No entries will be accepted through the OME after that date. The Online Meet entry system does not accept Hy-Tek Team Manager files. The entry system is connected to the USA Swimming times and membership database. It will provide entry times for you. American Energy Swim Club will provide a Team Manager Event file by which each team may establish the qualifying profile for their athletes prior to using OME. The TM Event File will be available on the American Energy Swim Club web site located at www.americanenergyswimclub.org

OME is not an eligibility report for your athletes. You must know what events you wish to enter your athletes in before starting your entry in OME. We will not accept additions if you forgot to enter an event because the time did not show up in OME.

Athletes who are competing as “PRO” athletes must **not** enter through the OME. All “pro” athlete entries must be directed to the Pro Athlete Liaison Josh Davis.

Entry in the 50 back is restricted to athletes who are competing in either the 100 Back or 200 Back. The 50 Back will be seeded based on your fastest proven 100 Back times. Short course yard time first priority seeding, long course meter time second priority. DO NOT submit a 50 Back yard or meter time for this event. Times for this event must be provable through SWIMS in order to be seeded properly. Only provable 100 Back times will be accepted. No “override” times for the 50 Back event will be accepted.

You may modify the entry time of an event within OME up to the normal entry deadline. You may NOT Delete an on line entry once it has been submitted. Once you check out of the OME you may not go back and modify any entry times.

Once you have completed your on – line entry, you will be sent confirmation via e-mail. Please keep all electronic correspondence and bring them with you to the meet (just in case).

Entry fees made through the OME need to be paid as outlined and sent to the Meet Director. Payment through the OME will not be permitted for this event.

If you have questions on how to use Online Meet Entry or have problems, please email or call:

Anthony Buhr at : abuhr@usaswimming.org (O) (719) 866 – 3581 (M) 719-330-4054

Online Meet Entry is the sole method of entry into the meet. Any club or individual needing special assistance must contact the Meet Director no later than Friday, November 28, 2014. Meet Director Rich Schimbeno rich.schimbeno@aescok.org.

CONTACTS:

Professional Athletes: All prospective pro athletes must contact the **Pro Athlete Liaison, Josh Davis** shanteljoshdavis@yahoo.com or (210) 889-7667, or **Head Coach Chris Van Slooten** at chris.vanslooten@aescok.org for assistance and entry information. *All Club swim teams and or amateur athletes attached or unattached are directed to contact the Meet Director, Rich Schimbeno rich.schimbeno@aescok.org for assistance in entering the meet.*

Any athlete intending to swim as a professional athlete must notify the Pro Athlete Liaison of this intent. Professional athletes must send their entry event selection information directly to Pro Athlete Liaison. Professional athletes must not enter via the OME process. Professional athletes must complete their entries by no later than the event deadline of Wednesday, December 2, 2015. Professional Athletes are directed to review the Pro Athlete Entry Information Packet located on the AESC website: www.americanenergyswimclub.org

HOST: AMERICAN ENERGY SWIM CLUB

LOCATION : MITCH PARK YMCA: EDMOND SCHOOLS AQUATIC CENTER
2901 Marilyn Williams Drive
Edmond, OK 73003

ADMISSIONS: Entrance to the facility will be at the north end of the pool, there will be admission charges for spectators:
Thursday night: Free of Charge
Friday-Sunday Prelims: \$3.00
Friday-Sunday Finals: \$5.00
All Session Pass: \$40.00 (includes all print media for all sessions, heat sheets and program guide)
Heat Sheets: \$3.00
Meet Program Guide: \$15.00

MEET DIRECTOR: Rich Schimbeno
PO Box 20338
Oklahoma City, OK 73156
rich.schimbeno@aescok.org

HOST HOTEL: Sleep Inn
3608 S. Broadway
Edmond, OK 73013
405-844-3086
Direct Sales Representative: rosemary.morgan@countryinns.com

Please mention the 24th Annual Elite Pro-Am Swim Meet when booking. Check the American Energy Swim Club website www.americanenergyswimclub.org for further updates.

FACILITIES: Twenty-five (25) Short Course Yard venue. The competition pool is certified according to USA-S rule 104.2.2C (4). A copy of this certification is on file with USA-S. The depth of the competition pool when measured for a distance of 3 feet 3 1/2 inches (1.0 meter) to 16 feet 5 inches (5.) meters) at the start wall is 13 feet 6 inches and when measured for a distance of 3 feet 3 6 inches to 16 feet 5 inches (5.0 meters) at the turn/bulkhead is 7 feet 4 inches. Controlled temperatures. Eight lanes, with non-turbulent lane lines. Electronic timing system. Large spectator area. Warm-up pool available for continual use.

ELIGIBILITY: The meet is open to registered USA athletes who have met the qualifying times shown on the list of events. No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. Coaches or a team representative must certify that all swimmers entered on the team roster are members of USA Swimming, or have applied for membership by sending the appropriate application to the club's Registration Chair or the LSC Registration Chair before the 1st day of the meet. Deck Entries will be allowed at this meet, at the discretion of the Meet Referee and Meet Director. All swimmers must be under the direct supervision of a USA-Swimming registered coach. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. USA-S athlete members must be under the supervision of a USA-Swimming member coach during warm up, competition and warm down. The Meet Director, or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmers responsibility to make such arrangements prior to the start of the meet. Deck entries are accepted at this meet. On deck registration with USA Swimming will not be permitted at this meet.

Swimmers entering the meet must have at least one provable entry time in order to enter the meet. Bonus swims are offered based on the following:

- 1 proven time allows for 2 bonus events
- 2 proven times allows for 2 bonus events
- 3 proven times allows for 2 bonus events
- 4 proven times allows for 2 bonus events

e. 5 proven times allows for 1 bonus events

No bonus swims allowed in the 1000 or 1650 except if a swimmer has achieved the qualifying time in one of the distance events they may use that to enter the other distance event. All distance bonus swims will be seeded using the lowest non-conforming time for distance events which is SCY (the lowest non conforming time for all other events is SCY Bonus). Events will be seeded based on proven qualifying times from the SWIMS data base. Yard times first priority followed by LC meter times, SCY Bonus and LCM Bonus qualifying times.

FORMAT: This meet is a Prelims/Finals meet, deck-seeded with “championship” seeding.

POOL DECK ACCESS: Access to the pool/deck area will be limited to athletes, coaches, officials, OKS certified representatives and American Energy Swim Club volunteers working the meet. Swimmers failing to comply with the safety rules governing the conduct of the meet are subject to disqualification and/or expulsion from the meet at the discretion of the Meet Referee. Restricted access to the walkway at the pool deck area along the concrete block wall must be complied with. Spectators wishing to observe the meet must do so from the upstairs seating area. Non-Athlete Registration cards from USA-Swimming do not grant access to the pool deck at anytime. Coaches must wear current proof of compliance with USA-S certification regarding CPR, First Aid, Athlete Protection, Coaches Safety Certification and BGS while on deck. All non-athletes requesting to receive a deck pass should be prepared to show a current USA - Swimming membership card.

MEET REFEREES: Jack Dowling
(M) 901-462-4742
(E) j2dowling@gmail.com

MEET DIRECTOR: Rich Schimbeno
(M) 570-242-6004
(E) rich.schimbeno@aescok.org

ADMINISTRATIVE REFEREE: Gloria Schuldt
(M) 469-426-2850
(E) Gloria_schuldt@att.net

MEET TIMES:	DAY	WARMUP	SPRINTS	MEET STARTS
	Thursday finals	4:00-5:30	5:30-5:45	6:00 pm
	THURSDAY GENERAL MEETING	4:30-5:00	4:30-5:00	ALL COACHES
	Friday prelims	6:15-8:00	8:00-8:15	8:30 am
	Friday finals	3:30-4:30	4:30-4:45	5:00 pm
	Saturday prelims	6:15-8:00	8:00-8:15	8:30 am
	Saturday finals	3:30-4:30	4:30-4:45	5:00 pm
	Sunday prelims	6:15-8:00	8:00-8:15	8:30 am
	Sunday finals	3:00-4:00	4:00-4:15	4:30 pm

Evening sessions, except for timed final events, will be swum as follows: Finals, Consolation, and Bonus. The first one hour & 30 minutes of each warm up session will be lap swim only in all lanes. There will be no dive entries. The last 15 minutes of each warm up session will be as follows:

One-way sprints in lanes 3, 4, 5 & 6
Pace swim in lanes 1, 2, 7 & 8

All amateur or club swimmers must be under the direct supervision of a USA Swimming registered coach. Any amateur or club swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or swimmer’s legal guardian to ensure compliance with this requirement. OKS warm up procedures will be enforced.

ENTRY LIMITS: Individuals: Prelims/Finals - Three (3) events per day with a maximum of 7 events for the meet, plus relays. Relays are limited to an A and B relay women and men per team. **Amateur athletes only** may enter as many events as desired, but must “**scratch down**” to a *maximum of 7 events for the meet. Professional athletes are limited to a maximum of 4 events. The “bonus” event (50 Back) counts toward the maximum number of events for the meet. THERE IS NO SCRATCH DOWN FOR PROFESSIONAL ATHLETES.*

Deck entries may be accepted at the discretion of the Meet Director based on the number of swimmers in a given event or the total meet. All "Deck Entry" events will be seeded at the LCM cut for the meet. The deadline for deck entries is the same as the scratch deadline for each day's events. Thursday's 1000 Free scratch deadline is 5:00pm. Friday, Saturday and Sunday events scratch down periods close at 6:00 pm the day before that next day's session.

Time Trials: *Time Trials will be accepted at the discretion of the Meet Director. Time Trials will be swam at the conclusion of the Friday, Saturday and Sunday prelim sessions as permitted. Time Trials count against the daily maximum number of events allowed. Swimmers are strongly encouraged to provide their own timers for these events. Time Trials at the conclusion of the Sunday evening finals session may be allowed with the agreement of the Meet Referee and the Meet Director. See "entry fees" for further information.*

Entries will be limited to the **first 600 swimmers (not counting professional athletes)**, except as provided for below under "ENTRIES". OME entry report data will be used to confirm entry submission time.

Teams will be limited to two (2) relays per relay event. ALL Relays will be swum in the finals sessions each evening except for relays on Sunday. Sunday's relays will all be swum in the prelim session prior to the start of the 1650 Freestyle. You may elect to swim relays in the finals session on Sunday evening if by 6:00 pm on Saturday evening you positive check in to swim Sunday evening during the finals session. Only those teams indicating this preference by the 6:00 pm deadline will be allowed to swim relays Sunday evening. Relays swimming in the Sunday morning session will all be seeded at the meet yard qualifying time.

Only the top 32 entries in the 1000 & 1650 will be accepted. Coaches will be notified by phone or email if an entry in the 1000 or 1650 is not accepted. These events will be seeded based on proven qualifying times from the SWIMS data base. Yard times first priority followed by LC meter times. Due to the limit of 32 entries for the 1000 and 1650, **swimmers who fail to scratch the event or fail to swim the qualifying time, will be required to provide proof of time, pay a \$25.00 fine, or be barred from the balance of the meet.** Anyone entered in the 1000 or the 1650 that does not make the 32 cut may elect to swim the event as a time trial, switch to another event or receive their entry fee as a refund provided the entry time was a provable time. The time trial 1000's will be swum after the relays on Thursday evening. The time trial 1650's will be swum after the 1650's scheduled for Sunday's prelims sessions.

ENTRIES:

If the total entries received on any given date causes the meet to exceed 600 amateur swimmers, all entries received that day will be accepted. Any entries received after that day will be returned to the submitting team(s). The OME entry confirmation report will determine exact date and time of entry. However, any swimmer who is a member of a USA National Team, or who was a member of a U.S. Olympic Team, or was a member of any FINA-recognized non-U.S. National or Olympic Team will be accepted regardless of the entry limit. All individual entry times must be made prior to the entry deadline.

ENTRY FEES:

\$20.00 swimmer facility surcharge for each athlete participating in the meet. The facility surcharge is required for all participants including relay only athletes.

Individual Event Entry fee is \$10.00 (\$2.00 goes to the OKS Aquatic Fund)

Bonus Event Entry fee is \$15.00 (\$2.00 goes to OKS Aquatic Fund)

\$20.00 per relay entry (\$2.00 goes to the OKS Aquatic Fund).

Entry fees for deck entries, if accepted, will be:

\$15.00 for individual events (\$ 2.00 goes to the OKS Aquatic Fund)

\$25.00 for relay events (\$2.00 goes to the OKS Aquatic Fund)..

Time trial fees will be:

\$15.00 for individual event (\$2.00 going to the OKS Aquatic Fund)

\$ 25.00 for relay events (\$ 2.00 going to the OKS Aquatic Fund).

The deadline for deck entries is the same as the scratch deadline for each day's events, 6:00 pm. You must be entered in the meet to swim time trials. All electronic entry fees will be based upon the team entry summary established and date stamped no later than December 3, 2015.

The Online Meet Entry system is set to only allow payment by check directly to the host for entry fees. Upon check out from the OME system you will receive a confirmation report for your entries.

All clubs or unattached athletes must remit a check for entry in the meet directly to American

Energy Swim Club. Entry Fee payment is due to:
Rich Schimbeno
c/o American Energy Swim Club
PO BOX 20338
Oklahoma City, OK 73156

No later than Tuesday, December 16, 2015. Any unattached amateur entering the meet unaccompanied by a coach or team of record must pay all entry fees prior to their first individual event or be subject to removal from the meet.

An electronic publication of the meet psyche-sheet will be made available by Tuesday, December 16, 2015. No changes will be made to the psych-sheet once the document is posted on the American Energy Swim Club web site at www.americanenergyswimclub.org. All changes or corrections to the psych sheet must be made at the meet using the applicable computer change forms.

SCRATCH SCHEDULE:

Thursday Events: Scratches for the 1000 Freestyle must be made by 5:00 pm Thursday.
Friday, Saturday and Sunday Prelim Session Events: Scratches for the next day's events must be received no later than 6:00 pm on the evening prior to the scratched event.

RELAYS:

ALL RELAYS are swum in the evening sessions. The only exception is that on Sunday ALL RELAYS will be swam in the morning session UNLESS by 6:00 pm on Saturday evening there is positive confirmation indicating that you will be swimming Sunday evening during the finals session. This must be done at the Clerk of Course table by 6:00pm. Relays swam on Sunday Morning will take place before the start of the first heat of the 1650 Freestyle. Teams are limited to 2 Relays an A and B relay for both women and men. Relays are swum slowest to fastest.

SCRATCH RULE:

Failure to swim a prelim event will mean disqualification from the next event. Swimmers qualifying for a final in an individual event not wishing to swim finals must scratch within the announced "scratch time" and notify the administration referee at the Clerk's desk. Any swimmer qualifying for a final in an individual event, who fails to compete in said event without scratching as noted above, shall be barred from further competition for the remainder of the meet. It is the swimmer's responsibility to report to the assigned heat and lane. Alternate swimmers should be present for possible placement in an open lane during finals. The names of the alternate swimmers will be called should a vacancy occur. Please note that a medical scratch approved by the Meet Referee, counts as an event and is regarded as a DQ, with no penalty imposed. The Meet Program is not the final determinant of seeding. Late entries, corrections or scratches may impact actual heat and lane assignment.

No penalty shall apply for Failure to Compete in finals if:

- 1. The Meet Referee is notified in the event of injury or illness and accepts the proof.*
- 2. A swimmer qualifying for a final heat based on the results of preliminaries notifies the Clerk of Course within 30 minutes after the announcement of qualifiers that he/she may not intend to compete and confirms his/her final intentions within 30 minutes following his/her last individual preliminary event.*
- 3. The Meet Referee determines that failure to compete was caused by circumstances beyond the control of the swimmer.*

RULES:

Rules contained in the 2015 USA-S Rules and Regulations shall govern the meet. All rules and regulations of USA - Swimming and Oklahoma Swimming shall be complied with and enforced. All swimmers must be currently registered with USA Swimming. Finals will be the top eight (8) finishers from the prelims with places 9-16 from prelims swimming a consolation event, and places 17-24 swimming a bonus event. Bonus event will not be scored for "High Point" competition.

Attire for the judges and referees will be as follows:

- Thursday Finals:** white polo, navy blue pants, and white shoes
- Friday-Sunday Prelims:** white polo, navy blue shorts, and white shoes
- Friday-Sunday Finals:** white polo, navy blue pants, and white shoes

INDIVIDUAL AWARDS:

Awards for the meet will be given in two categories: PROFESSIONAL AND AMATEUR ATHLETES. For this meet, an AMATEUR ATHLETE will be defined as an athlete who either 1) has not completed their NCAA eligibility, or 2) has not given up their eligibility to compete as an amateur athlete at the NCAA level. For this meet, a PROFESSIONAL ATHLETE will be defined as an athlete who has either 1) completed their NCAA

eligibility, or 2) has relinquished their eligibility to compete at the NCAA level. Award ceremonies will occur during the finals sessions and will be included in the complete timeline for the meet.

PROFESSIONAL ATHLETES will compete for CASH prizes. The top three (3) Professional Athletes in Championship Finals will receive a cash prize BASED ON THEIR ABSOLUTE FINISH as follows.

Individual Events: Women and Men

First Place \$600.00

Second Place \$300.00

Third Place \$100.00

1650 Freestyle Women and Men

1st Place \$1200.00

2nd Place \$300.00

3rd Place \$ 100.00

50 Free style shootout Women and Men:

1st Place \$1200.00

2nd Place \$600.00

3rd Place \$200.00

Prize money for the **top swimmer** in any of the individual event that sets a meet record will be awarded a \$200 Record Breaker Bonus. Prize money for each Pro Swimmers will be capped at \$1500 for the meet.

Bonus Event: In order to be seeded in the 50 back you must compete in either the 100 back or 200 Back. The 50 back will be seeded according to the entered 100 back entry time. SCY seeded first followed by LCM second seeding priority. **Applies to both Pro and Amateur athletes.** No exceptions. 100 back entry times must be provable through Swims. No “override” times will be accepted for this event.

Professional Athletes will be limited to (4) individual event entries for the meet! No scratches from entered events will be allowed.

AMATEUR ATHLETES will compete for prize credits for merchandise as follows:

First Place Amateur Division 60 Credits

Second Place Amateur Division 40 Credits

Third Place Amateur Division 20 Credits

Credits will have no “CASH” value. Credits not used by the recipient will be lost. Credits will only be redeemable for merchandise. Credits may be accumulated to a maximum of 300 credits, and no merchandise provided by AMERICAN ENERGY SWIM CLUB will be valued in excess of \$300, in accordance with NCAA rules.

Important Notification to Amateur Athletes: The amateur athlete is responsible for complying with all necessary requirements from their specific governing body in order to not be in violation of any rule regarding the acceptance of any “award” at this meet. American Energy Swim Club, the Meet Director, Meet Referee, All Officials, and its Board of Directors shall not be responsible for any possible conflict regarding “amateur athlete status” with any governing body other than USA-S.

TEAM AWARDS:

High Point Team Trophies (1st, 2nd and 3rd) will be awarded in the following categories: male team, female team and combined team. Points for individual and relay events will be awarded on a 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1 basis. Individual high point awards will be awarded in the amateur division (1st place male and female).

FINAL RESULTS:

In accordance with OKS guidelines, final results will be posted on the OKS website (www.oks.org) and the American Energy Swim Club web site. Each attending team will receive complete results for Team Manager from the Meet Director within 24 hours of completion of the meet. Complete Team Manager Results and PDF files will also be available from the American Energy Swim Club website www.americanenergyswimclub.org any team or individual wanting a hard copy of the meet results must pay \$15.00 to the Clerk of Course.

SAFETY:

Activities in the pool area which may result in injury are prohibited. Event Safety Marshals will be appointed to monitor the activities of swimmers and spectators during warm-ups and the meet, and are empowered by the safety rules of OKS to enforce the safety procedures. Repeated violations or activities that are considered to be sufficiently dangerous may result in ejection from the meet. No running or horseplay will be allowed. Access to the pool/deck area will be limited as previously described. Parents will not be allowed on the deck. The use of camera phones for photographic purposes on the pool deck, rest rooms, changing areas and in the locker rooms is strictly prohibited. USA-S Rule 202.4.9H. Swimmers failing to comply with the above safety rules are subject to disqualification and/or expulsion from the meet at the discretion of the Meet Referee.

Any one requesting access to the competition deck area for the purposes of team or individual photography must notify the Meet Director in advance in order to receive clearance. Non Athlete Membership status is required for consideration for access for photographic purposes. Access will be restricted so as to not allow for any interruption of the successful conduct of the meet. All other photographic opportunities must be conducted from the spectator seating area. It is the responsibility of the coach and athlete to acquaint themselves with all of the information contained in the Meet Letter document.

DECK ACCESS: Access to the pool / deck area will be limited to athletes, coaches, and officials, timers, and OKS representative working the meet. Coaches and officials must wear their current USA Swimming registration cards in order to receive deck privileges. Parents and other non-swimmers not involved in the running of this meet are requested to remain in designated spectator areas. Non – Athlete Registration cards do NOT grant parents access to the pool deck at any time. **The Meet Director and Meet Referee reserve the right to limit deck access in the event of overcrowding, inappropriate behavior or for any reason concerning the safety or the efficient operation of the meet.** USA-S Rules of Conduct will be strictly enforced.

CODE OF CONDUCT: Any individual who exhibits behavior of a threatening, abusive or derogatory manner toward an official or member of the meet operations committee is subject to immediate removal and further expulsion from the meet. Coaches will be notified of the actions of their respective team’s parents.

Anyone found to be misrepresenting themselves as a certified coach will be removed from the deck. The Code of Conduct for USA Swimming as outlined in Article 304.2 and 304.3 will be enforced at the meet.

HEAT SHEETS: An official daily program listing of all entrants with their times by event for each prelim session will be on sale. A daily program for Championship Finals will be available for purchase during each evening session. A Meet Program with the meet psych will be available.

MERCHANDISE: A “swim shop” of swim merchandise will be on site for this event.

CONCESSIONS: A concessions area will be available to swimmers and spectators downstairs by the entrance to the facility. Athletes are permitted to drink while sitting on deck.

HOSPITALITY: There will be a hospitality area available for officials and coaches working the meet.
THERE WILL BE A SEPARATE PRO-ATHLETE HOSPITALITY/REST AREA.

RELEASE: In granting this sanction, it is understood and agreed that USA Swimming Inc., Oklahoma Swimming Inc., all Officials, American Energy Partners, LP, the American Energy Swim Club and Mitch Park YMCA: Edmond Public Schools Aquatic Center shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet. Damage to the facility, when proven, will cause the offending swimmer or swimmers, if unattached, or the offending swimmer’s club if attached, to be accountable for repairs.

BROADCAST STATEMENT: Any photographs, videotape or other audio and/or visual recordings of the event created by a spectator may be used solely for each spectator’s personal non-commercial use and may not be broadcast, published or disseminated or used for any commercial purposes, without the prior written consent of American Energy Swim Club, Inc. American Energy Swim Club shall retain all rights to any electronic, video or audio production of this event.

DECK CHANGING: Oklahoma Swimming supports all facility policies that prohibit “deck changes” at this meet. Failure to comply with facility policy may result in the removal of the athlete(s) from the meet. The Meet Referee, Meet Director and facility representative shall work together should a violation occur. Changing into or out of swimsuits other than in locker rooms or other designated areas prohibited. (202.4.9I)

LODGING: Sleep Inn
3608 S. Broadway
Edmond, OK 73013
405-844-3086
Direct Sales Representative: rosemary.morgan@countryinns.com
Please mention the 23rd Annual Elite Pro-Am Swim Meet when booking. Check the American Energy Swim Club website www.americanenergyswimclub.org for further updates.

The 24th Annual American Energy Elite Pro-Am Swim Meet

Order of Events/Qualifying Times Thursday December 17, 2015

Bonus Event Qualifying times are in red

Women						Men
Event #	Long Course (M)	Short Course (Y)		Short Course (Y)	Long Course (M)	Event #
1	*****	*****	200 Med Relay	*****	*****	2
3*	10:16.59 11:19.89	11:06.59 12:09.89	1000 Freestyle	10:36.29 11:05.49	9:49.29 10:18.49	4*
5	*****	*****	800 Free Relay	*****	*****	6

(* - The 1000 Free is a TIMED FINALS event, swum fastest to slowest alternating women and men.)
 All times should be entered in Short Course Yards. All Short Course Yard times will be seeded first.
 All Long Course Meter times will be seeded second according to their time.

Friday December 18, 2015

Women						Men
Event #	Long Course (M)	Short Course (Y)		Short Course (Y)	Long Course (M)	Event #
7	2:19.99 2:27.89	2:01.99 2:09.89	200 Freestyle	1:54.59 2:02.49	2:11.09 2:18.99	8
9	1:25.29 1:32.79	1:14.69 1:22.19	100 Breaststroke	1:10.39 1:17.19	1:19.99 1:26.79	10
11	1:12.69 1:17.89	1:03.69 1:08.89	100 Butterfly	59.59 1:05.09	1:07.79 1:13.29	12
13**	5:28.19 5:51.49	4:47.89 5:11.19	400 Ind. Medley**	4:29.19 4:51.99	5:06.59 5:29.39	14**
15	*****	*****	400 Free Relay	*****	*****	16

(** The top 32 swimmers will be seeded in the 1st four heats slowest to fastest: Top 4 Heats of Women, Top 4 Heats of Men. Remainder of the heats alternating Women and Men. Championship seeding will be used. The remaining heats will be swum fastest to slowest. All times should be entered in Short Course Yards. All Short Course Yard times will be seeded first. All Long Course Meter times will be seeded second according to their time.

Saturday December 19, 2015

Women						Men
Event #	Long Course (M)	Short Course (Y)		Short Course (Y)	Long Course (M)	Event #
17	2:39.69 2:50.89	2:19.19 2:30.39	200 Ind Medley	2:09.69 2:19.59	2:28.49 2:38.39	18
19*	30.49 32.29	26.89 28.69	50 Freestyle*	24.89 26.69	27.99 29.79	20*
21	3:04.89 3:20.29	2:41.09 2:56.49	200 Breaststroke	2:33.29 2:48.39	2:55.29 3:10.39	22
23	1:14.09 1:18.29	1:04.89 1:09.09	100 Backstroke	59.79 1:04.49	1:09.19 1:13.89	24
25**	4:44.19 5:13.79	5:18.59 5:48.19	500 Freestyle**	4:57.19 5:26.29	4:26.49 4:55.49	26**
27	*****	*****	400 Medley Relay	*****	*****	28

*The top 8 swimmers from prelims will compete in the 50 freestyle shootout in finals.
PLEASE SEE ATTACHED SHOOTOUT BRACKET

** The top 32 swimmers will be seeded in the 1st four heats slowest to fastest: Top 4 Heats of Women, Top 4 Heats of Men. Remainder of the heats alternating Women and Men. Championship seeding will be used. The remaining heats will be swum fastest to slowest.) All times should be entered in Short Course Yards. All Short Course Yard times will be seeded first. All Long Course Meter times will be seeded second according to their time.

Sunday December 20, 2015

Women						Men
Event #	Long Course (M)	Short Course (Y)		Short Course (Y)	Long Course (M)	Event #
29***	19:07.39 20:49.39	18:44.69 20:06.69	1650 Freestyle***	17:39.99 19:05.89	18:01.59 19:37.49	30***
31	2:41.29 2:50.69	2:20.79 2:30.19	200 Backstroke	2:14.49 2:24.19	2:33.59 2:43.29	32
33	1:05.09 1:08.89	56.49 1:00.29	100 Freestyle	52.99 56.79	1:00.39 1:04.19	34
35	2:45.29 2:57.99	2:24.19 2:36.89	200 Butterfly	2:14.89 2:28.89	2:34.09 2:48.09	36
37****	1:14.09	1:04.89	50 Back	59.79	1:09.19	38****
39	*****	*****	200 Free Relay	*****	*****	40

*** The 1650 free will be TIMED FINALS. The fastest heat of both women and men will swim with finals. The remainder of the heats will be swum immediately after preliminaries, fastest to slowest, Alternating women and men.

**** **For the 50 back the event is open to registered USA Swimming athletes who have entered and are participating in the 100 back or 200 back. No entries in the 50 back will be accepted unless this requirement is met. No exceptions.** *The 50 back events will be seeded according to the athlete's best 100 back yard time. Short Course Yards seeded first priority followed by Long Course Meters.* All times should be entered in Short Course Yards. All Short Course Yard times will be seeded first.
 All Long Course Meter times will be seeded second according to their time

24th Annual American Energy Elite Pro-Am 50 Free Shoot Out Bracket

